

MOORE RIVER

FREE

NEWS

November
2024

Send news, photos and classifieds to: moorerivernews@gmail.com

Deadline 20th of each month

Advertising enquiries to: advertising.mrnews@gmail.com

See this issue **IN COLOUR** www.moorerivernews.com.au

SUMMER IS COMING



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Letters to the Editor

Letters to the Moore River News should have writer's name at the bottom. Name will be withheld if requested. We reserve the right to edit or refuse publications for reasons of legality or space. Preference will be given to letters under 250 words.
Please email your letters to:
moorerivernews@gmail.com

Disclaimer

Any views, opinions and comments that may be read in the Moore River News are the express opinions and/or property of their individual authors. **They do not necessarily represent those of the 'Moore River News' volunteer team.**

Upcoming events
within the Gingin Shire

<https://www.gingin.wa.gov.au/events/>

Red Robin Playgroup Woodridge had a busy fundraising day with the sausages sizzle at the Guilderton Craft Market and then a stall at the Neergabby fireworks that were both held on the 22nd September. We would like to thank everyone that came down and helped us raise some well deserving funds that will make a difference towards our wonderful playgroup.

We would also love to shout out to IGA Two Rocks for their generosity in donating everything we needed for our sausage sizzle once again, you are incredible.

We could not have done it without the playgroup families or the community support, for those who purchased a sizzle, a lucky dip or even some slime.

We hope to host another Car Boot Sale early March but will let you know a date when we book it in.

Lastly, We would like to express our most heartfelt thank you to two wonderful organisations, the Sovereign Hill Craft Witches who donated \$200 and also to WCS Concrete who also donated \$250. Both of your generous donations will go towards improving the outdoor play area.

Thank you all, so much!

From everyone at Red Robin Playgroup
Kind regards, Jemma Hartzer Red Robin - President



Santa's Lolly Run ~ Woodridge
Sat 21st December ~ 4pm

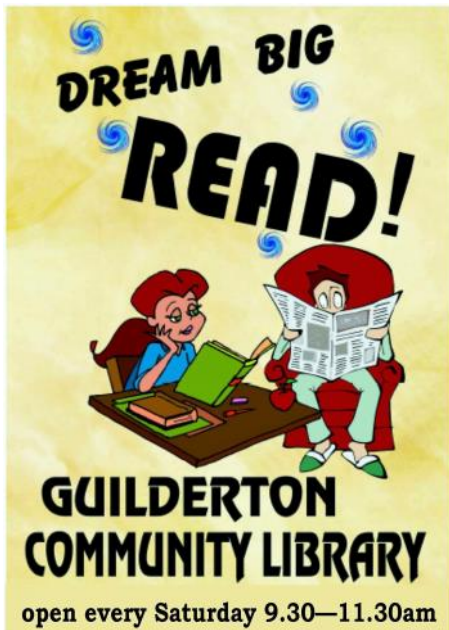
What's On...
Mark your calendar or phone NOW!
Don't miss out on all the great entertainment/activities in our local area!

Date	Time	Event	Place
1st Nov	5pm	BBQ night	Sovereign Hill
3rd	9am	Woodridge Spring Fair	Woodridge
6th	7pm	Neighbourhood Watch	Neergabby Hall
8th		Bush Tucker event	Guilderton
13th	9am - 2pm	Shire Seniors Expo	Gingin
15th	6pm	Community AGM	Neergabby
16th	9am-2pm	Moore River Men's Shed Open Day	Guilderton
16th	9am - 2pm	Annual Book Stall	Guilderton
23rd		Gingin Music Festival	Gingin
29th		Bus Run to Toodyay	
30th	5pm	Wine and Cheese Night	Sovereign Hill
1st Dec		Woodridge Christmas Lights	Woodridge
8th	4.30	Community Christmas Party	Redfield Park
11th	7pm	Neighbourhood Watch	Ledge Point Country Club
15th		Christmas Party	Guilderton
15th		Art Craft Market	Guilderton
21st	4pm	Fire Brigade Santa Lolly Run WCA Gate decoration judging	Woodridge
12th Jan 2025		Art Craft Market	Guilderton

As everyone should know its permits only for burning. Thankyou for those that are doing the right thing and getting permits and informing DFES about your burns. We have performed some mitigation burns but will not be doing too many more if any, due to the change in weather. Even with the rain we have had, the bush and ground are still pretty dry.

Gingin West Bush Fire Brigade

IF YOU SEE SMOKE OR FLAMES
RING 000



**DREAM BIG
READ!**

**GUILDERTON
COMMUNITY LIBRARY**

open every Saturday 9.30—11.30am

**Guilderton
Community
Library**

will be holding their

**Annual
Book Stall**

at the Moore Men's
Shed Open Day on

**Saturday 16th
November.**

Come along and
pick up a book,
puzzle or game all
priced at \$1 each.

There is always a
bargain for
everyone.

Madeline



**ADAM SHIELDS
REALTY** PRESENTS **The Gingin**

**SATURDAY
23 NOVEMBER
1 PM - 10 PM**

**FREE
EVENT** **HOMEGROWN
MUSIC FESTIVAL**

A showcase of Gingin's very own

SAVANAH SOLOMON : SOULLESS CITY
THE TREBLE HOOKS : HIPDADDYS
BAXTER : THE ROADSIDE CROWS
MIKE BROUSE : MONKEYZ UNCLE

CU@PARK CAFE FROM 1:00PM **GRANVILLE SOUND SHELL - FROM 4PM** **GRANVILLE COMMUNITY HALL - FROM 6PM**

Community Bank
Gingin and Lancelin
Bendigo Bank
Sunset Coast
ADAM SHIELDS
REALTY
CU@PARK CAFE
SHIRE OF
GINGIN

The Gingin Homegrown Music Festival at Granville Park on Saturday 23 November, will showcase musicians and acts from within the Gingin Shire.

Over three venues from 1pm, the headline acts include Savannah Solomon, and Soulless City. Both acts are rising stars in Gingin. Starting at the CU@Park cafe from 1pm, is Mike Brouse and BaXter, and then the Granville sound shell will showcase The Roadside crows, HipDaddys and Soulless City. Thereafter in the Granville Community centre will kick off with The Treble Hooks and Savannah Solomon. Food and drinks vans available. BYO is allowed.

Wil Cuperus



**MOORE RIVER MUSIC
FESTIVAL 2025**

Feb 28 to March 2

Any alterations needed?

Mending etc done locally and a very quick turn around.

Call Anne on 0429 952 927.




Lower Coastal **2024**

**NEIGHBOURHOOD
WATCH**

6th November

please make a note of the date **7pm**

Neergabby Hall

Gingin Brook Rd

Our local Police will report on all the current news and updates on what has been happening in our area

for further information contact:

Dot Branch 0429969889

supper provided after meeting



GOT TIME ON YOUR HANDS?

Must be over 18

LIKE TO MIX WITH OTHER MEN JUST TO WHILE
AWAY THE HOURS?

Men's Shed is for You!!

Drop into Guilderton, have a cuppa, relax.

We meet Tuesdays and Thursdays

9.00 am to 2.00 pm

Full Membership - \$50 per year

Plus a Gold Coin Donation on entry



If you would like to have the
Moore River News
issue sent to you each month in colour.
Please google Moore River News
and press the **Register Button**.

DEVICE ADVICE Seabird Hall

Last Thursday every month 9am - 11am

Another Successful Device Advice Gathering

On September 26th, we welcomed a lively group of community members, despite the school holidays keeping some busy with grandchild-minding duties. Our gathering started with 13 participants, though a few left early to help prepare for the upcoming Moore Clothes Fashion Parade on Sunday.

We were fortunate to receive a visit from Shane Love, who was touring the Lower Coastal Area.

Shane participated in our session followed by a brief photo shoot and even learned something new from our group.



We also want to thank our Shire and Seabird Progress Association for providing Seabird Hall free of charge, making it possible for us to start up and continue these meetings.

For this session, we tried something new. I gave a visual overview of events where the Lower Coastal Community Bus could be used, as we've noticed that our current advertising efforts via Facebook and the Moore River News haven't been reaching everyone. The new Community Development team at Gingin Shire is eager to make their events regular fixtures, and with the CRC and Red Cross now including our communities in their programs, there's plenty to look forward to. You can stay updated by following the Gingin Shire Facebook page, Lower Coastal Community Association Community Bus Facebook page, Moore River News, or by emailing Caron at coastalcruiserbus@gmail.com.

After the overview, we returned to our usual "round table" format, where members shared their questions, ideas, and sought help with various tech topics. Here's what we covered this time:

- How to choose and set up a new mobile phone, including transferring data.
- The importance of keeping passwords updated, especially when transitioning to a new device, as banks, Centrelink, and apps may require re-verification.
- The benefits of purchasing phones from secondary Telstra providers like JB Hi-Fi or The Good Guys, which often offer better value and service.
- Using the Telecommunications Ombudsman when dealing with faulty phone purchases.
- Tips on using the correct terminology when addressing product issues (e.g., "not fit for purpose" vs. "not working correctly").

Managing digital legacies for devices, social media accounts, cloud storage, and apps, especially those involving financial transactions (e.g., Lottery West or online shopping).

If any expert in the community has knowledge on managing digital legacies, we'd love to hear from you!

- A fun "show & tell" of three portable charging devices, including one that can jump-start a car, a handbag-sized

SHANE LOVE MLA

LEADER OF THE NATIONALS WA

MEMBER FOR MOORE



(08) 9927 2333

MooreElectorate@mp.wa.gov.au

ShaneLoveMLA

www.shanelove.com

charger, and a solar-powered version for camping.

- Formatting USB sticks for use with TVs and other devices.
- Smartwatches for kids and the elderly that can make phone calls and offer peace of mind with safety features.
- Device chargers that automatically shut off once fully charged to prevent overheating.
- How to stop Facebook notifications from cluttering your email inbox.

Tips for mass deleting messages or blocking unwanted senders.

Our goal remains the same: everyone leaves with new knowledge!

Next Gathering:

Thursday, October 31st, 9 AM at Seabird Hall (\$2 entry)
Mark your calendars – our final gathering for 2024 will be on November 28th.

Caron Melvin Device Advice Co-ordinator



Red Robin Playgroup



Find out more about the magic of playgroup and connect with families in your community. Come along to discover the benefits and join in.

WHEN: Wednesday

TIME: 9:00am-11:00am

WHERE: Woodridge Community Hall

CONTACT: woodridgeplaygroup@hotmail.com



BIG NEWS

The Community Bus has a stand at the **Woodridge Spring Fair**, so come and chat to us if you would like to know more.

Phone Anne on 0428 188 011 if you would like to be picked up in Woodridge and taken to the Spring Fair. The Bus will collect you. The return to your house will be available to book every hour at the fair. This will alleviate parking congestion on the day. It is hoped to extend this to other big events and a larger pick up area next year. Gold coin donation.

Weekly Bus Run to Clarkson Starting Thursday 21st November

9am Pick up Redfield Park
9.10 Pick Up Sovereign Hill
9.15 Pick Up Woodridge

Phone 0428 188 011 to book a seat.

Cost \$10 per person

Drop offs discussed on the bus.
An opportunity for shopping, banks, post office,
Doctors, scans etc. and of course Bunnings.
Return Journey at 2pm.

Enquiries or Bookings email Caron @
coastalcruiserbus@gmail.com

*Toodyay Christmas Shop &
lunch Friday 29th November*

Jump on board the LCCA Community bus and join in the festivities of a great group outing. Stopping for a cuppa at Bindoon Bakery, then onto the Toodyay Christmas 360 Store afterwards enjoying a group lunch before heading back home.

\$25* not including food or drinks

The bus was sponsored or supported by the businesses and community groups below. If you get a chance please thank them.

Crafty Patch
Guilderton Community Library
Guilderton Country Club
Guilderton Visitor Centre
Moore Clothes Shed
Moore Men's Shed
Moore River News
Smile Moore
Sovereign Hill Craft Witches
Residents who made a donation.
All six Community Associations as in the LCCA logo.



Thank you!

Proud supporters of Lower Coastal Community Bus

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And when you belong to one of Australia's biggest banks, good things happen with your banking too.

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"The Shire of Gingin is a proud supporter of the Lower Coastal Community Bus."



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Email adminfsa@icloud.com





Usual golf days are:
Saturday: Names in by 11.45am
Wednesday 9 holes Scroungers: Name by 1.45pm

JENNY AND PHIL OUR 2024 CHAMPIONS

Our Championship Finals were held on the 5th October and as expected they proved very exciting and interesting.

The Ladies teed off first, all hitting the middle of the fairway on number 1. At the halfway mark, my spies told me that, by their own omission, all three were struggling with Lynn Malone playing slightly the best of the group. The ladies put their heads down and fought it out with Jenny Schaeffer getting on top to take out the event with a gross 92. Well done Jenny on taking out her first Guilderton Golf Club Championship! Irene Street and Lynn Malone had a ding dong battle and went down to the last hole for the runner up title with Irene getting there by 1 stroke from Lynn.



left to right: Lynn Malone, Irene Street and Jenny Schaeffer.

I took the opportunity to follow the Men's final and it was a ripper. Defending champ, Andrew McKean held a one shot lead at the halfway mark from Phil Flavell. Abe Wright was fighting hard a few shots back but not out of it. Andrew went to three up on the 10th and then the boys faced the crucial, monster on the 11th hole. Here, Phil fought back to go level with Andrew and then steadily built a 3 shot lead. Two excellent birdies on the 6th hole by Phil and then Andrew signalled it wasn't all over. Andrew fought back but Phil continued to play consistent and high level golf to win by 2 shots with an excellent gross 78 (two 39s) to take out yet another championship. Andrew had a gross 80 and Abe a few shots further back. Great golf boys.

GUILDERTON & DISTRICTS' VOLUNTEER BUSH FIRE BRIGADE



Firebreaks must be installed by the 1st November. Permits required for burns until 30th November unless advised to stop by the Shire. No burning from 1st December to 31st March 2025. See info folder sent with your rates.



left to right: Andrew McKean, Phil Flavell and Abe Wright

Well done to our Champions, Jenny and Phil, Runners up in Irene and Andrew and also Lynn and Abe for your podium finish.

Ian Hastings

BUSH TUCKER TALK & TASTINGS

ABORIGINAL CULTURAL WORKSHOPS with Dale Tilbrook

Join Moore Catchment Council and Dale Tilbrook to celebrate and learn about bush tucker

There is a great big supermarket out there if you know where to look

Explore Aboriginal agricultural practices, walk across the land according to our six seasons and sharing big food resources, learning about different native food and medicine plants. Sample different bush tucker fruits, nuts, seeds, herbs and leaves. Then try some savoury and sweet bush tucker dishes.

RSVP: <https://events.humanitix.com/bush-tucker-talk-and-tastings>

Free to attend but places are limited
Enquiries: contact Rachel 0409 296 264
office@moorecatchment.org.au

Event Date
8th Nov 2024
10am-12:30pm

Location
Guilderton community hall

This event has been funded by natural resource management program This event is supported by GCA www.moorecatchment.com.au



S.M.I.L.E
Moore

Smile is a small group of people that meet every 1st and 3rd Tuesday at 3.30pm at Sovereign House. We Smile, Mime, Inspire, Laugh and Entertain. Please contact Sue 0417 978 281.

Our motto is No talent Required just have some fun



peter@plr.net.au



0412 912 612



9561 2728



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**SOLD
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**180 King Drive,
Woodridge**



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Two Rocks, WA 6037



GUILDERTON VISITOR CENTRE

On Friday 20th September, most of our current volunteers came on a wonderful trip in our new Community Bus to visit the Pinnacles and have lunch at the Lobstershack in Cervantes.

It was a beautiful spring day and the countryside was at it's best as we drove this popular tourist route for a great day out to say thank you to our volunteers for the thousands of hours donated over recent years.



Our Visitor Centre gives great value to our visitors and community as the dedicated volunteers that run the Centre open it from 9.30-12.30 on weekends, school and public holidays.



We stock local and State tourist brochures and information from the Dept of Transport and Fisheries which is free for everyone.

It's amazing how many people think that the Moore River Native Settlement and National Park are right here, so we redirect enquiring people too!

We sell locally made jams, pickles, honey and olive oil as well as products from local artists, Moore Men's Shed (especially their great sandboards) and beachy souvenirs too.



We have a subcommittee of 5 who spend occasional grants and the proceeds of our sales to make the brochure about our town, another about the Shipwrecks, 2 Walking Quizzes and our fabulous Kids Nature Activity booklet, all given out free.

Over the years there have been dozens of volunteers and we always welcome more.

I thank and congratulate everyone who has helped get us this far!

Linda Johnson Co-ordinator GVC Mobile: 0414 631 273



Sovereign Hill Crafty Witches Group

Happy Birthday month (October) to Wendy, Patricia, Shirley and Karen.

A very warm welcome to Cynthia and Paula (who celebrates her birthday on 'Guy Fawkes' Day) These ladies are bringing different skills to our small group.

We are busy preparing for the Moore Men's Shed Open Day on November 16th. This Open Day is not just for the Men, ladies as well are most welcome as the Sovereign Hill Craft Group will be there with their many crafts for sale. Every last cent in sales goes towards either cancer research or to our local community groups. This year we have donated to the Ovarian Cancer Research Program, Red Robin Playgroup, Moore Clothes for gift vouchers and the Community Bus.

The Men's Shed has many items for sale and the Guilderton Library always has a HUGE selection of books for just \$1 each too. Do come along, have a "sausage in a bun" and morning tea.

Put this date in your diary :

**Saturday November 16th
from 9.00.**

Have you ventured up to our craft group in Sovereign Hill? Each Monday morning from 9.30am until noon at Sovereign House, near the top of the hill in Sovereign Hill. We enjoy quietly chatting over a cup of tea or coffee (with a Tim-Tam) while we craft away, knitting, crochet, origami, diamond point, quilting, etc as well, of course, solving all the world's problems.

Do you want to learn how to knit? Or crochet? Or just enjoy meeting with local ladies along with a chat over with cuppa? Do come along, we'd love to see you.

"Nothing is impossible, the word itself says 'I'm possible.'" —Audrey Hepburn

Wendy and Dianne
0429-938-232 0414-469-297
Co-ordinators



GUILDERTON COUNTRY CLUB

We are now fast approaching Christmas and our summer holidays. Our kids Christmas party is locked in for Sunday 15th December and don't forget to get booked in for NYE!

Janine



**Free Libraries in the
Community**



WA SENIORS WEEK 2024

Connecting Seniors EXPO



To celebrate WA Seniors Week this November, the Shire of Gingin invites community members and their families/carers to our Connecting Seniors Expo!

Hear from Energy Ahead FWC, Independent Living Australia, Carers WA, Injury Matters, NBN Community Engagement, Services Australia, Silverchain, Grand Carers WA, Gingin CRC and more...



Wednesday 13 November 2024



9:00am to 2:00pm



Granville Civic Centre, Gingin



Free event with light lunch included

Please RSVP to
community@gingin.wa.gov.au /
9575 5100.





Australia Day Breakfast Catering

EXPRESSIONS OF INTEREST

The Shire of Gingin is seeking expressions of interest from local community groups to cater the Australia Day Breakfast at the Neergabby Community Grounds on Australia Day 26 January 2025.

The successful group will be randomly selected from the pool of submissions.

The catering brief is as follows:

- Ability to cater for up to 300 people with breakfast burgers.
- All cooking supplies and set up needs to be facilitated by the group.
- The group will be reimbursed for food supplies.
- The Shire will donate \$500 to the successful group.
- We will be calling for a gold coin donation towards the breakfast on the day - proceeds will also go to the successful community group.

This is a great opportunity for community groups to fundraise!

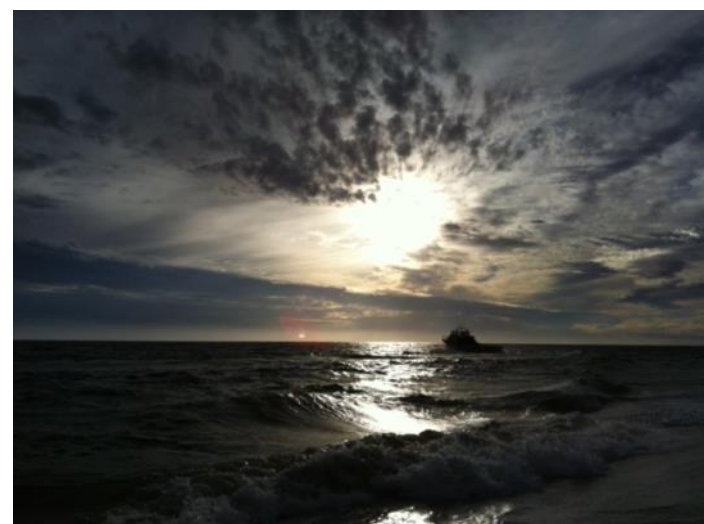
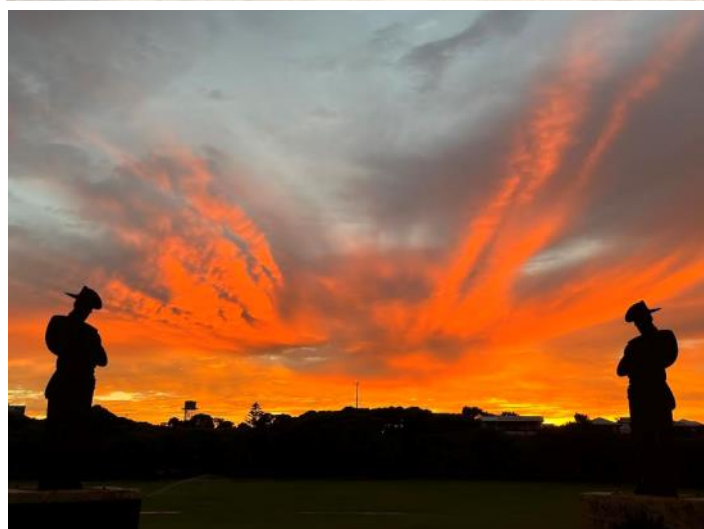
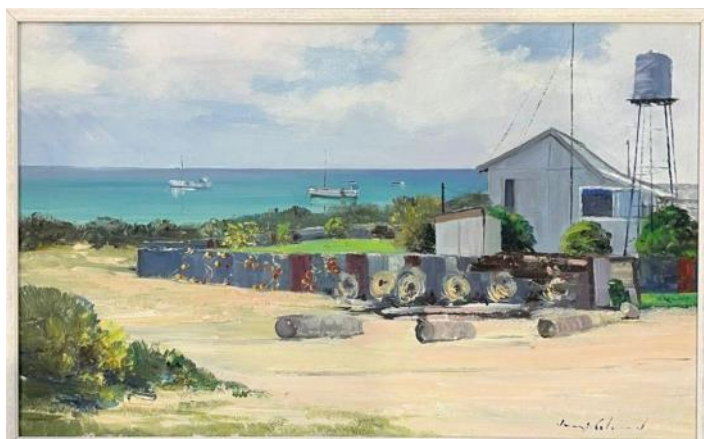
Submissions close 4:00pm Friday 15 November 2024.

Please submit your application to community@gingin.wa.gov.au.





NOTES FROM SEABIRD



FREE Jigsaw puzzle library

Moore Clothes Redfield Park

We have a puzzle library/ exchange, free use for locals. It works best if you bring one to exchange. Donations of puzzles gladly accepted. Puzzles can be collected or swapped during Moore Clothes open hours. See separate advert.

Seabird Progress Association Photo Competition

We had a great response to the photo competition. Over 80 entries were received, judging was by public vote on the King's Birthday weekend.

The winning photo, was actually a photograph of a historical painting of Seabird, submitted by Peter & Denise Douglas. Second place was for a beautiful sunrise on ANZAC day (Skye Turner) and third was a great photo of a crayfishing boat going to its mooring in the evening. (Claire Bentley).

The 10 most popular photos have been put onto canvas and will be displayed permanently in the Seabird Hall. Thanks to all who entered, voted and bought cakes from the cake stall.

Editor Note: Look on MRN website to see these photos in colour.

Seabird Golf Club

Members of the Seabird Golf Club are currently playing in the championship round. After the initial rounds, there were four players in the finals. Phil Anderson and Bruce Bentley played off and Scott Whyte and Colin Harley also played off.

The final battle is between last years champion, Bruce and Colin.

Final results will be in next month's MRNews!

Seabird Footy Tipping

The end of the rounds this year saw Mick Holmes as our winner, Gayle Elgin second and Bruce Bentley in third place. We look forward to another nail-biting competition next season.

Yoga for Health and Wellbeing

Our Spring Summer sessions have started on 29 October at the Seabird Community Hall. We have moved the classes to Tuesdays, still between 5:00 and 6:30pm as before. Bring a yoga mat/cushion and wear loose, comfortable clothes. Cost is \$15 per session and casual attendance is welcome. Contact Raelene on 043 790 7904.

Seabird Crafty Ladies

Our Monday morning Natter Sessions continue with fluctuating attendance as people go away on Holidays and take care of life's other demands, but there are always enough ladies in town and available to get the coffee machine out and have a lovely, relaxed morning together. Recently, we have taught the new-to-some skill of crocheting and our trainees are doing well, with access to continued coaching. Come along and join the fun at the Seabird Community Hall on Monday mornings from 10am to Noon. Bring along anything to keep your hands busy and it's a great way to get to know the members of your community. \$2 donation towards coffee and nibbles, please.

Boos at the Bird

This *should* have read Books at the Bird but it turns out the Freudian Slip was more than accurate! We have read three books so far and are now on our fourth. While we haven't all enjoyed each book so far, the discussions at the Club meetings are stimulating, insightful and expand all our outlooks on life. Our "wine" lubricates discussions hilariously. At present we are at capacity (the sets of books provided by the Wanneroo Library – thanks Sharon) are fully subscribed, however, if the concept appeals, contact Claire (0402 843468) or Pauline (0433 55 84 33) and we'll see how we can fit you in.

Geoff Lobb

Country & Coast

Shire of Gingin News & Information

Council Decisions

The following matters were considered by Council at the Shire's **October** Ordinary Council Meeting:

- Development Application - Proposed Shop (Post-Office) - Lot 4021 (708) Ocean Farm Drive, Nilgen.
- Ledge Point Off Road Vehicle Area Viewing Shelter.
- Gingin South Volunteer Bushfire Brigade Support Trailer.
- Corporate Business Plan 2024-2028.

In addition, 8 other items were resolved by Council.

More information on the decisions from this Council meeting can be found in the Meeting Minutes which are available for viewing at gingin.wa.gov.au/councilmeetings, or in person upon request at either the Gingin Administration Centre or Lancelin Office.

Waste Reform Mailout 2024 - Coming Soon!

All ratepayers in the Shire of Gingin will soon be receiving a Waste Reform Package containing your Waste Facility Pass, Waste Recycling Calendar 2024/2025 and Waste Reform Infosheet.

When you receive your package, you will notice your Tip Pass has changed - it is now a credit card sized reusable plastic pass and is set to last you for years to come, taking away the

need to mail out card tip passes every year.

In the meantime, you may continue to use your 2023/2024 Tip Pass which will remain valid until your new plastic pass arrives.

The Waste Reform Infosheet will provide an overview of how we are planning to improve waste management in the Shire.

If you have any queries, please give us a call on **9575 5100**.

Dob in a Dumper

Taking pride in our beautiful Shire involves saying something when people litter or illegally dump their waste. This behaviour is unacceptable, and we will be actively promoting our 'Dob in a Dumper' campaign over the warmer months as we

expect more visitors to our Shire.

Clean-up costs of dumped rubbish on Shire roads/land impacts ratepayers, as these clean-up costs come out of rates collected, this is why it is important to work together to reduce dumping.



Notice of Intent to Make Local Laws

Members of the public are invited to make written submissions in relation to the following proposed local laws:

- Control of Vehicles (Off-Road Areas) Amendment Local Law 2025
- Parking and Parking Facilities Amendment Local Law 2025
- Repeal Local Law 2025
- Dogs Local Law 2025
- Extractive Industries Local Law 2025
- Fencing Local Law 2025
- Cats Local Law 2025
- Public Places and Local Government Property Local Law 2025

All local laws are available via: <https://www.gingin.wa.gov.au/news/notice-of-intent-to-make-local-laws/734>

Alternatively, hard copies can be obtained upon request from the Shire's Administration Centre (7 Brockman Street, Gingin) or Lancelin Office (Vins Way, Lancelin).

Submissions will be accepted up until 4.30pm, Friday 22 November 2024. All submissions must be addressed to the CEO and can be emailed to mail@gingin.wa.gov.au or posted to the Shire of Gingin, PO Box 510, Gingin WA 6503.

All enquiries should be directed via email to the CEO at mail@gingin.wa.gov.au.

Got 15 Minutes to Burn?

In the Shire of Gingin, we are no strangers to bushfires. During the warmer months, we are all on high alert, but have you actually thought about your bushfire plan? Will you stay and defend or leave early? These are important decisions that

need to be made prior to the threat of a bushfire. The DFES 'My Bushfire Plan' website can help you create your bushfire plan. It only takes 15 minutes, visit <https://mybushfireplan.wa.gov.au/> to get started.

Firebreak Inspections Commence

Owners and/or occupiers of land within the Shire of Gingin have a legal requirement under the *Bush Fires Act 1954* to install and maintain their firebreaks from **1 November** to **15 May** every year. Our Rangers will be commencing their routine firebreak inspections as of **1 November**. For more

information on firebreak requirements, refer to your Firebreak Order & Bush Fire Information booklet that you would have received in your annual rates envelope. Alternatively, you can view the Firebreak Order & Bush Fire Information online via gingin.wa.gov.au/fire-information.



Ralph H. Hill Sugar Gum Planting Ceremony

On Friday, 11 October, our Community Services team members Olivia and Andi were delighted to host a tree planting ceremony for the historic Ralph H. Hill Sugar Gum sapling. The sapling is a descendant of a Sugar Gum tree planted in the Shire gardens on Brockman Street by local pioneer Ralph H. Hill to celebrate Arbor Day back in 1898.

Approximately 30 people joined us for the official planting and unveiling of a commemorative plaque which included the original from 1898, kindly restored by the Gingin Men's Shed Inc.

Deputy Shire President Linda Balcombe and Executive Manager Corporate and Community Services Les Crichton officiated the unveiling and soil turning with Hill family

descendants Dot Glanz and Vi Howell.

The sapling and plaque were carefully installed by the Shire's Operations crew and its new home also features fire proof fencing while it matures. To read more about this historic tree planting, visit: <https://www.facebook.com/share/p/UDRckUykv4rutLyx/>



Shire Careers - Meet the Team!

Meet our Final Trim Grader Operator, Haydon. **What is your career background/journey to where you are now?** Back in late 1987, I was fresh out of school and interested in roadworks and machinery, I asked Mr. Wallace if he had any work available, he told me 'If you get your truck licence, you can work for the Shire'. I got my truck licence in December and started working at the Shire at the end of January in 1988. I started out as a part time roller operator on road construction. Back then, there was only twenty or so in the whole Operations and Assets crew working as one team. I was made full time in March the same year. For the next two years, I worked on road patching, verge slashing, tractor and roller operating, parks, gardens, ovals and townscape maintenance and the Gingin town rubbish run every Monday. In 1996, I became the Final Trim Grader Operator and have developed my skills in this position ever since. **What do you like most about your job?** I love a challenge,



when jobs are difficult I like problem solving and getting it done. I also like sharing my knowledge with others, I find it very rewarding when I can pass down knowledge and skills I've gained from those before me. **What are some challenges you face with the community/environment whilst working in our Shire?** Jobs don't stop coming in, so it can be difficult when staff are spread thin and can't be everywhere at once. The more hands on deck the better, I think it is great that the Shire employ young staff and support them while they are developing their skills and knowledge.

What's on

In the Shire of Gingin?

Woodridge Spring Fair

Sunday 3 November, 9am-4pm, Woodridge Community Grounds, King Drive, Woodridge.

Corporate Bowls

Wednesday 6 November - Wednesday 4 December, 6pm-8:30pm, Gingin Bowling Club, 4 Robinson Street, Gingin.

Connecting Seniors Expo

Wednesday 13 November, 9am-2pm, Granville Civic Centre, Gingin.

Homegrown Music Festival

Saturday 23 November, 1pm-10:00pm, Granville Park, Gingin.

Annual Garden Party

Thursday 5 December, 3:40pm-6:30pm, Government House Gardens, Perth.

For more information on events in the Shire, please go to the Events Calendar at gingin.wa.gov.au.

Burning Permits

During the Restricted Burning Period (1 October - midnight 30 November), you may apply for a Permit to Burn (subject to conditions). Visit gingin.wa.gov.au or contact your local Fire Control Officer to apply for a permit.

Register your Burn

Please remember to register **ANY** burn you plan to undertake at **ANY** time of the year with DFES on **9395 9209**. By notifying DFES, you will assist in preventing unnecessary call-outs of our local fire brigades when members of the public call 000.

Early Rates Incentive Scheme Sponsor Acknowledgement

Thank you to Sean & Amber from Moore Demo & Civil for your generous sponsorship of the Early Rates Incentive Scheme 2024.



Moore Demo & Civil

Woodridge Community Association



Spring Fair Volunteer Working Group:

Well, the Spring Fair is basically here and we would still love if we could have a working group of volunteers to help us out on the day and/or the day before! If you can help out in any capacity either on the day or the day before to help with set up, please contact the Spring Fair email

springfair@woodridgecommunityassociation.com.au

It doesn't matter if you can only help out for an hour on the day, any/all help is greatly appreciated!!

Thankyou!

The WCA would like to extend a huge thankyou to all the volunteers who helped at the recent Bunnings Sausage Sizzle fundraiser in Mindarie on 12th October 2024! It was a massive effort from everyone involved and it was another great success in our fundraising efforts!

It wouldn't have been made possible without the following people on the day:

- Alan Stoker
- Ali Hilson
- Elspeth Finlay
- Kirstie Blyth
- Diane and Elton Garnham
- Kate and Ritchie Markin
- Kim Young

The WCA would also like to again extend a massive thank you to Chris Young and his team at Two Rocks IGA for their ongoing and continuous support for the WCA.

Thanks Chris and team!

Thanks everyone! ☐

Courtney Nelson Secretary Woodridge Community Association



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ACA Registered Counsellor
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As the year starts to draw to a close, the Christmas decorations have appeared in the shops and the "silly season" as it is so aptly named rapidly approaches, many of us find that our calendars are starting to fill up with social events, family gatherings, and year-end deadlines. This time of year, can be full of joy but it also can be a time of stress for many people. Its crucial that we prioritise our self-care so we can fully enjoy this period and are able to emerge relatively unscathed on the other side of the festive season!

So how do we do this? Firstly, by recognising the signs of stress which may include irritability, tiredness, or feeling overwhelmed. We can also set boundaries. It's easy to overcommit and say yes to everything that comes our way but by prioritising and setting boundaries around how much we do at this time of year can help to prevent us feeling like we are going to collapse in a heap once Christmas is over!

And don't forget to carve out some 'you' time. Whether it's taking a walk, getting out into the garden, reading a book, or doing something just for you, self-care is essential for recharging your batteries and helping you navigate the silly season with more ease and joy.

Until next month

Catherine



GUILDERTON BOWLING CLUB

Since the last newsletter, the bowling club has had their opening day. It was a beautiful sunny day, and really good to see all the players in their uniforms. We were back on the green, it was just the best afternoon, finishing off with the best BBQ and trophy.

Welcome to new members. Sam Smeeton, Michelle Greene, Mick Sutherland and Allan Diver.

Now we have a full team.

Our first day of pennants away to Gingin, just could not get the points, BUT THIS WEEK HAVE WON THE GAME AGAINST LANCELIN WELL DONE TO THE TEAM Good luck for the season.

Till next month Take care everyone stay safe.

Dot Branch

Lower Coastal Community Association

If you would like to be added to our local lower coastal email database (emailing local events and news from the shire and other local information) please email

lowercoastalgroup@gmail.com

and be kept up to date

Julie

Games Day

Join us for our monthly Games day
Last Friday of the month

starting 10AM

Guilderton Café

Lunch and Coffees available
Everyone welcome to join us
even if it's just for coffee



2 of 3

MOORE CLOTHES Inc.

106 PAPERBARK AVENUE REDFIELD PARK
Near the Playground and Mini Golf

Moore Clothes I

Is a registered charity whose mission is to provide clothing to those in need.

If needed Care Packages can be supplied.

All enquires can be made to Julie on 0410 582 871.

C10363650

Clothing donations in the Blue Bins at:

- Redfield Park
- Guilderton Country Club
- +Woodridge Hall

Come in for Cuppa and Chat

Eftpos Credit
facilities now available

Shop Opening Hours

Tuesday 10 – 12noon	Thursday 2 - 4.30pm
Friday 2.30 – 4.30pm	Saturday 10 - 12noon



Another amazing month at Moore Clothes, we held our successful fashion parade on October 13th- so much fun, so many prizes and very entertaining. The Smile ladies also performed for us to top it off. The kitchen ladies did another amazing job this year and kept us well fed.

A big thank you to our volunteers, community members and partners with setup, pack down and collection of the gazebos too. Thanks also to our sponsors Bogdanich Farms, IGA Two Rocks and Moore River Hair Designs.

We raised close to \$2000 which will be great and help us increase the amount of food gift cards issued this year.

A big thank you also to the Sovereign Hill Crafty Witches who have donated an extra \$500 towards our food gift card program this year. Thank You.

We do have a pillow slip sale on - fill a pillowslip for \$5- great value and change up your wardrobes on a budget

Thanks Julie Polette
0410 582 817





Monthly Scripture

"When we all come to that place when we have to give an account to the Lord for our lives and how we have lived,

He will say to us like He said to the prophet Samuel when he was searching for a new King for Israel . 'Do not look on his appearance or on the height of his stature, because I have rejected him. For the Lord sees not as man sees: man looks on the outward appearance, but the Lord looks on the heart.' (1 Samuel 16:7). 'Every way of a man is right in his own eyes, but the Lord weighs the heart. (Proverbs 21:2). 'If you say, "behold, we did not know this," does not he who weighs the heart perceive it?' (Proverbs 24:12). 'But.....The word is near you, in your mouth and in your heart (that is the word of faith that we proclaim); because if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For with the heart one believes and is justified, and with the mouth one confesses and is saved. (Romans 10:8-10). '....for we know that a person is not justified by works of the law but through faith in Jesus Christ.....because by works of the law no one will be justified.' (Galatians 2:16).

'So faith comes from hearing, and hearing through the word of Christ.' (Romans 10:17). All scripture is from the English Standard Version. Bibles are free!

MOORE PRAYER: *We are a small group of local Christians who all attend different churches but pray together on a regular basis, because we know that God does not look on denominational walls but on the hearts of his people.*

For more info please phone:

Sue - 0419 035 777 or Judy - 0429 108 892

Redfield Park Volunteer

1st Aid Post

Call 0488 221 881

Address

106 Paperbark Ave
gabbadah WA

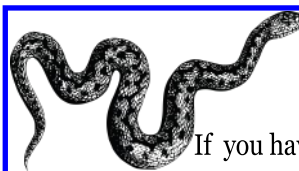


Foodies Group Redfield Park

Wanting to try something different or meet new people?
On the third Thursday monthly we meet and enjoy good food , laughs and share recipes.



We cook on rotating rosters. If you would like extra info please call Julie 0410582817



Snake Season

If you have one needing to be relocated....call

Tammy : 0424-715-117

Weekdays after 5pm/

Weekends all day

Redfield Park &
surrounding areas

OR

'Snakeman' Gary

0412-914-537

All areas

Both Registered with DPAW Regulation 17(1)

Crafty Patch

meet each
Tuesday

At Woodridge
hall 9am-12pm



Hi to all the readers of this wonderful Newspaper.

Crafty Patch is a group of ladies who meet every Tuesday at the Woodridge Hall from 9am until noon. We all have varied skills and like to pass on our knowledge to anyone interested in joining us.

We have welcomed 5 new members this year which is fabulous. I am sure they will be able to enhance our capabilities with new projects they may be doing. This week we also had Lyn join us for the first time. We hope to see her returning in the near future.

This week we had our second luncheon of the year and had morning tea, then sandwiches and sweets. The food was delicious. Thank you ladies.

We also celebrated another big O birthday with a beautiful Black Forest Cake. Happy birthday Bev. Many more to come. Enjoy your holiday.

Christmas is zooming up very quickly and we are going to do a workshop making some decorations, thanks to Mary.

Also plans are afoot for arranging our breakup lunch in December. Always something happening.



Patricia, Bev &
Gloria

So pop in on a Tuesday morning, say hello and have a cuppa.

Love to see new faces.



Red Hats -

Our planned trip to Kings Park In October was cancelled due the weather on the day. It was the day we were told to stay indoors, etc, etc so we have postponed the trip until December when the weather will be more predictably warmer!

Mid-month we ventured on the Community Bus down to Fremantle for a private tour of the Prison. It was an excellent and most enjoyable tour but quite horrific to see what the prisoners right up to the time it closed were forced to endure for often what were minor indiscretions, as well as the murderers. Extremely hot or extremely cold. We then ventured across to the Fremantle Markets where most had not been for many years. We all found them a disappointment to what they used to be. Lunch at "Emily Taylor's" – what an excellent choice of venue, it was ever so delicious.

November sees us at the last Morning Melodies concert for the year which is "Don't Shoot Me I'm Only the Piano Player" which has been a runaway success in London's West End. Next we have a "Black and Bling" High Morning Tea catered by Tiffany.

Final outing for November is to Optus Stadium which many have not been to. The ladies who have will try their skill at the mini golf course which is under the Matagarup Bridge at Optus. I don't think any of us are game to do the Zip Line ride though.

December will be a lunch at Kings Park before we all enjoy our month break over the Seasonal Break as it has been a very busy year, but already we have several outings lined up for 2025! These include a boat trip up Moore River, Botanic Golf, a couple of days in York, Little Ferry up the Swan, a trip to Mandurah for a "Dolphin" Cruise, learning how to play croquet day, etc, etc. We meet fortnightly on a Wednesday and always have such fun.

Why not join us ladies?

"Life is really simple, but we insist on making it complicated." —Confucius

Dianne Millar Karon Sorensen
0414-469-297 0456-678-479



Please Remember that the Moore River News Volunteer Team do not work in December.

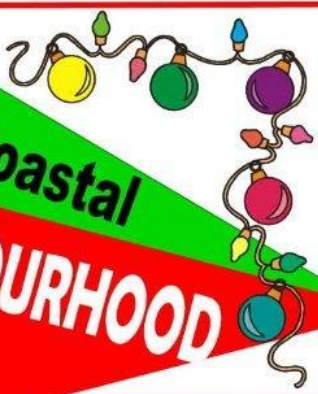


Therefore the December issue What's On will have dates for December and January 2025.

Please make sure your contribution for the December issue of the Moore River News 2024 is sent in early and reflects Christmas and the New Year.

Thank you MRN Team





Lower Coastal

NEIGHBOURHOOD WATCH

December 11th 2024

please make a note of the date **7pm**

LEDGE POINT Country Club

Our local Police will report on all the current news and updates on what has been happening over the holiday season

for further information contact:

Dot Branch
0429969889



special Christmas supper provided after meeting





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Email:
contact@mindandmotionexercisetherapy.com.au

My name is Ruth Coolican. I am an Exercise Physiologist and experienced Mental Health Nurse working out of the Gingin Medical Centre.

I attended the recent Women's health afternoon in Redfield Park. It was great to meet so many ladies and explain what I do in Gingin. Lots of people ask me if I am a physiotherapist. We are both recognised health professionals with similar roles.

How is an Exercise Physiologist different to a Physiotherapist?

A physiotherapist will assess, diagnose and treat acute and chronic musculoskeletal injuries, disability and pain using treatments such as exercise, electrotherapy, therapeutic ultrasound and dry needling.

An Exercise Physiologist treats patients using clinical exercise interventions to manage a range of health issues. There is also a strong focus on behavioural change and self-management concepts

Some of the medical conditions an EP can treat.

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 Diabetes
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 Injury recovery
 Mental health
 Neuromuscular disease
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 Osteoporosis
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 Dementia
 Lung conditions
 Falls prevention
 Musculoskeletal Disorders
 Spinal injury

Patients can claim rebates through their private health. Workers' compensation. NDIS. and GP management plans.

Exercise can be so pivotal to our health. Did you know that exercise can reduce the amount of fatal heart attacks by 50%. It can reduce the risk of Type 2 diabetes by almost 60% and can help combat depression and the effects of medication.

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Ruth



SOVEREIGN HILL GARDEN CLUB

In October members of the Garden Club spent a lovely Saturday afternoon at Selina's in Woodridge wandering through her well planned and very productive garden.



Selina's permaculture ideas can be seen in all areas from the lush herb garden to the fantastic array of teas to choose from for afternoon tea. Lavender, peppermint, dandelion leaf and lemon balm to name a few and all originating from the garden. All gardens are mulched thickly which improves the soil, retains the water and suppresses the weeds.

They have also created a large undercover vegetable patch with raised gardens which provides the majority of the vegetables the family consumes.

Future projects include an enclosed orchard and a special designed apiary area. We eventually returned to the veranda for a lovely afternoon tea and round table discussion.



Most members have been busy weeding, burning and cutting back trees ready for the kerb side collection. Other topics discussed were

Eremophila's, hydroponics, the wide range of wildflowers growing in our own backyards and the amount of fruit starting to set on fruit trees.

We were also advised to watch a Netflix documentary called "Follow the Rain". This is about a unique

expedition into the wilderness of Australia, where the symbiotic dance between fungi, plants and animals unlocks nature's greatest secrets.



Our next event will be a trip to Guildford to an Open Gardens event and Garden Market.

If you want any further details on our Club phone Wendy on

0429 938 232.



**St John's Ambulance
Lancelin & Coastal
District
(Woodridge sub branch)**



On 1st October St John Ambulance Woodridge became a sub centre in its own right. We have been part of a sub branch of Lancelin and Coastal SJA for over 25 Years and its now believed that Woodridge is now in a position to stand alone. We are very well equipped with 2 state of the art ambulances and up to date equipment.

Our new crew quarters have now been completed next to the sub centre which has 2 ensuite bedrooms and a living area, this has been built to provide decent accommodation for volunteers who do not live in the area, who freely give up their time to serve this community.

Please come and visit our stall at Woodridge Spring Fair. We will have a raffle, first aid kit sales and some show special offers.

If you are interested in finding out more about volunteering at Woodridge, please email Mel Lockett at Woodridge.subcentre@stjohnwa.com.au or call 0475 953 914 and we can arrange a visit. We are a friendly bunch and meet once a fortnight for training on a Wednesday evening. All uniform and training is provided free of cost.

*Colin Gofton
Chairperson Woodridge Subcentre*

**IF YOU REQUIRE AN AMBULANCE
RING 0 0 0**

**CRAFT IN THE PARK
(Redfield Park)**



Drop in for a coffee and a chat at your local craft group, especially if you are new to our area.

Currently we are quilting, crocheting, knitting & cross stitch, but whatever craft you are interested in or working on bring it along, or we can help you learn a new skill.



We are a Happy and Friendly group that meet on the **1st & 3rd Friday** of the month from **10-2pm** BYO lunch.

106 Paperbark Ave., Redfield Park
(behind Moore Clothes)

**For more info, please call
Maureen on 9577 1669**

Join in the fun, meet new friends, join your local

**MOORE RIVER
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Affiliated with WW Federation WA (Inc.)

**Wednesday morning 8.30am for Weigh In
9.30am start for the meeting
Sovereign Hill House**

Annual fee \$5.00 Weekly fee \$3.00

For more information phone 0413-818-955



Inga looking great after winning the club competition which was held over 8 weeks.

Looking great Inga.

Come along and shed those kilos off before the summer gets here.

**Our next social day is
Melbourne cup watch next
month for some great
photos of more winners
even it is picking the
winner on the cup sweeps.**

Come and join. Every Wednesday morning 9am enjoy a cuppa at Sovereign Hill hall.

cheers for now take care dot 0429 969 889.

SCRAMBLED EGG WITH ASPARAGUS

- 170g asparagus, trimmed
- Cooking oil or spray
- 2 eggs
- 2 egg whites
- 2 tablespoons skim milk
- 1 small (90g) tomato, finely chopped
- 2 tablespoons coarsely chopped fresh flat-leaf parsley

Boil, steam or microwave asparagus until tender, drain.

Meanwhile, spray medium frying pan with cooking oil.

Whisk eggs, egg whites and milk in a medium jug.

Cook egg mixture in pan over low heat.

Serve asparagus and scrambled eggs sprinkle tomato and parsley on top

Scrambled eggs need to be cooked and stirred gently until they are creamy and barely cooked.

Over-cooking will toughen them.

Eat them straight away or they'll become watery.

Madeline Henshaw

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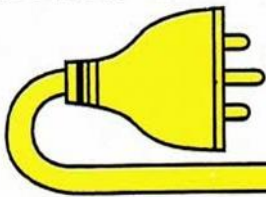
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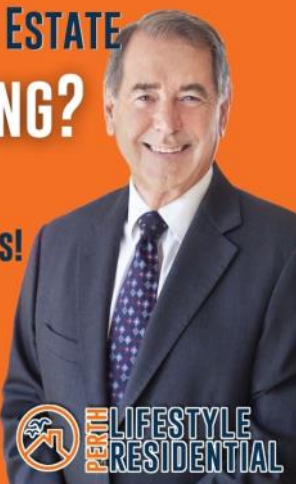
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Garden Column from Nathan

Vegetables to plant – **Seeds** – Bean, beetroot, broccoli, cabbage, capsicum, carrot, celery, cucumber, lettuce, marrow, melon, white onion, parsnip, pea, pumpkin, radish, silver beet, spinach, sweetcorn, tomato, zucchini – **Seedlings** – cabbage, capsicum, celery, eggplant, leek, silver beet, spinach, tomato

Jobs – Mulch, mulch, mulch... and don't forget to mulch. 3 to 4 inches deep to suppress weeds and keep the moisture in. Mulch to within a couple of inches of trunks and stalks, but no right up to them to prevent collar rot.

I find a lot of people ask what they need to put in the soil to feed the plants. Look to change the mindset a bit, and ask what you need to feed the soil. Look after your soil, and the plants look after themselves. Add compost, composted manures, and things that promote microbial growth.

If you are looking to buy some plants for your garden, consider buying from local fairs, **Mens Shed stalls**, nurseries, and people in your area. The plants you buy locally are more likely to be used to the local conditions, Buying a plant from a nursery in Margaret River is not necessarily going to do well here. They have very different soil and conditions to us. Talking to local garden club members also helps you with knowing what does well here.

Lawns - If you haven't already, apply a wetting agent and fertilise. For keen lawnies, apply fish or seaweed emulsion as well as iron and manganese. Pre-emergent if you haven't already as well. November is getting late for a lawn renovation but it can be done. Lawn renovation tasks include dethatching, vertimowing, scalping, coring/aerating and top dressing. Smaller Prill size fertilisers will help get the nutrients down to where they're needed too. Bigger prill can mean the fertilisers sit on the leaf, potentially burning the turf, or just not being able to get down through the thatch to the roots where it's needed.

Prune shrubs as they finish flowering. This helps keep the compact and can lead to more flowers next flowering season.

Submerge pots and hanging baskets in a bucket of water and remove when bubbling stops.

Techheads and Book lovers - The book "Soil is not a dirty word", by Craig Castree is a very informative book for those looking to do the right thing by the earth. It delves deeply into soil health, microbiomes and how much damage we cause by using synthetic substances in gardens.

The Podcast I'd recommend this month is "The Australian Lawn and Garden Podcast", by Luke Smith. Every episode is different and talks to amateurs and professionals about anything and everything to do with gardens and lawns. From the best way to hedge, what you should or shouldn't do to your lawn, comparing lawn turf types, to comparing various tools and equipment to use around the garden, soil health, etc... *Nathan*



Local Activities

Monday 10.30am	Golf	Ledge Point	Last Thur/monthly 9	Device Advice	Seabird Hall
Mon	Craft Group	Sovereign Hill	Each Thurs 2-4.30	Moore Clothes	Redfield Park
Mon10-12noon	Coffee and Craft	Seabird	Every Thurs 5pm	Yoga	Seabird
Tues	Crafty Patch	Woodridge	Each Thurs	Moore Men's shed	Guilderton
Tues 10-12	Moore Clothes	Redfield Park	Each Fri 2.30-4.30	Moore Clothes	Redfield Park
Tues	Moore Men's Shed	Guilderton	1st & 3rd Fri/mthly	Craft in the Park	Redfield Park
Tuesdays	SMILE Moore	Sovereign Hill	Last Fri/mthly 10am	Games Group	Guilderton cafe
Wed	Red Robin Playgroup	Woodridge	Each Sat and Sun	Bowling	Guilderton
Each Wed	Golf Scroungers	Guilderton	Each Sat	Golf Competition	Guilderton
Each Wed 6.30pm	Pool Competition	Guilderton	Each Sat	Recycling	Woodridge
Each Wed 8.30am	Weight Watchers	Sovereign Hill	Each Sat 9.30-11.30	Library	Guilderton
Every other Wed	Demure Damsels (Red Hatters)	Various Outings	Each Sat 10-12	Moore Clothes	Redfield Park
			2nd Sat/mthly	Garden Club	Sovereign Hill