

MOORE RIVER

FREE

NEWS

October 2024

Send news, photos and classifieds to: moorerivernews@gmail.com

Deadline 20th of each month

Advertising enquiries to: advertising.mrnews@gmail.com

See this issue **IN COLOUR** www.moorerivernews.com.au

WOODRIDGE SPRING FAIR

Sunday 3rd November 2024

9am - 4pm

Come down to the community grounds at King Dr, Woodridge 6041 and celebrate our community with even Moore to see & do.

A fantastic day out for the whole family!



- Markets
- Kids Rides
- Live Music
- Food Trucks

- Show Bags
- Pop-up Bar
- Farm animals
- New Market Stalls
- High Tea in the Hall!



Brought to you by... Woodridge Community Association Inc and;



Community Bank
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B Bendigo Bank



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What's On...

Mark your calendar or phone NOW!

**Don't miss out on all the great
entertainment/activities in our local area!**

Date	Time	Event	Place
6th Oct		Bowling Club Open Day	Guilderton
7th		Gingin Shire Kerbside waste pick up	
10th	7.30	Stable Fly Action Group AGM	Gingin
13th	10am	Moore Clothes Fashion Parade	Redfield Park
16th	7pm	Lower Coastal Residents meeting	Woodridge
16th	2pm	Carers High Tea	Gingin CRC
20th		Guilderton Golf Club AGM Winter season presentation luncheon	Guilderton
20th	9am	Playgroup Car Boot Sale	Woodridge
25th		Costco Community Bus trip	
26th	7pm	Music Quiz Funding for Bus	Guilderton
31st	9am	Device Advice	Seabird Hall
1st Nov		BBQ night	Sovereign Hill
3rd	9am	Woodridge Spring Fair	Woodridge
6th	7pm	Neighbourhood Watch	Neergabby Hall
16th	9am-2pm	Moore River Men's Shed Open Day	Guilderton
23rd		Gingin Music Festival	Gingin
30th		Wine and Cheese Night	Sovereign Hill

1st Dec		Woodridge Christmas Lights	Woodridge
8th	4.30	Community Christmas Party	Redfield Park
11th	7pm	Neighbourhood Watch	Ledge Point Country Club
21st	4pm	Santa Lolly Run	Woodridge

Upcoming events

within the Gingin Shire

<https://www.gingin.wa.gov.au/events/>

Letters to the Editor

Letters to the Moore River News should have writer's name at the bottom. Name will be withheld if requested. We reserve the right to edit or refuse publications for reasons of legality or space. Preference will be given to letters under 250 words.

Please email your letters to:

moorerivernews@gmail.com

Disclaimer

Any views, opinions and comments that may be read in the Moore River News are the express opinions and/or property of their individual authors. **They do not necessarily represent those of the 'Moore River News' volunteer team.**

To the Editor

I would like to write to you about the new community bus outings, if you are not aware several people are trying to organise outings for you the community.

For these events to go ahead minimum numbers must be reached or these events are having to cancel and therefore letting down the people supporting the bus.

The idea is to get you out and meeting people and making you more mobile, shopping trips etc and making friends.

If the bus isn't regularly used there will be no funding to replace it in a few years time.

Most upcoming events are advertised on Facebook, *Lower Coastal Community Associations Community Bus* but if you don't use Facebook maybe email Caron from coastalcruiserbus@gmail.com if you are interested.

These volunteers are very keen to help but without minimum numbers they can't afford to run the trips.

Rate charges are dependent on distance and fuel costs - no one volunteering is being paid they are just trying to improve services in our area.

Julie



Playgroup WA



Find out more about the magic of playgroup and connect with families in your community. Come along to discover the benefits and join in.

WHEN: Wednesday
TIME: 9:00am-11:00am
WHERE: Woodridge Community Hall
CONTACT: woodridgeplaygroup@hotmail.com



MOORE RIVER NEWS

Have you visited our
website?

www.moorerivernews.com.au

CRAFT IN THE PARK (Redfield Park)



Drop in for a coffee and a chat
at your local craft group,
especially if you are new to
our area.

Currently we are quilting, crocheting,
knitting & cross stitch, but whatever
craft you are interested in or working
on bring it along, or we can
help you learn a new skill.



We are a **Happy and Friendly** group
that meet on the **1st & 3rd Friday** of
the month from **10-2pm** BYO lunch.

106 Paperbark Ave., Redfield Park
(behind Moore Clothes)

**For more info, please call
Maureen on 9577 1669**

Join **MOORE CLOTHES** on the **RED CARPET** Fashion Parade



come dressed in **RED** and you can "strut your stuff" on the runway!
tickets available from Moore Clothes and Woodridge Post Office
106 Paperbark Ave Redfield Park 0436 457164

The LCCA presents

QUIZ NIGHT

featuring the renowned

THE LIVE MUSIC ROCK QUIZ

PRIZES

SAT 26 OCT

Guilderton Community Hall
Doors open 6:30pm for a
7:00pm start
bookings 0410 582 817

\$10pp - tables up to 8
BYO drinks and snacks
tea & coffee for gold coin donation
PROCEEDS GO TOWARD THE COMMUNITY BUS



**THE STABLE FLY ACTION
GROUP INC (SFAG)**

ANNUAL GENERAL MEETING

THURSDAY 10 OCTOBER 2024

**At GRANVILLE CIVIC CENTRE
GINGIN At 7.30 pm**

Guest Speakers

Annual Membership is due at the AGM

**MEMBERS! PLEASE BRING A PLATE OF
SUPPER TO SHARE**



With our final round of the Club Championships now completed and after a very competitive event, the top qualifiers are now locked in ready to do battle in the **Final on Saturday 5th October**. If you want to see our best golfers in action, come down to the course as they hit off about 12noon on the day.

LADIES CHAMPIONSHIP

This promises to be an intriguing final. The three ladies are very experienced and knowledgeable golfers. The only previous winner in the final is Irene Street who is looking to repeat her success from a few years ago. She takes on the very capable and long hitting Jenny Schaeffer and the always consistent and clever golfer in Lynn Malone. The final promises to be a great contrast and it will be fascinating to watch the varying styles of how to effectively play the game.

MEN'S CHAMPIONSHIP

Andrew McKean is chasing back-to-back titles, always a prized but big task in any sport. If he emulates last year's finals form, he will be hard to beat again. Phil Flavell is no newby to winning our championship. He is a model of consistency and is always hard to beat as he makes so few errors. And then there is the baby of the field, Abe Wright, aiming to win his first championship. The big hitting colt will be giving it his all but, as always, with his big smile and laugh and no doubt he will enjoy the contest.

AGM

The AGM will be held on **Sunday 20th October** at 10.30am followed by the end of winter season Trophy Presentations and Luncheon from 12noon.

SCROUNGERS COASTAL CUP

A new event is ready to hit the coast! Lancelin, Ledge and Guilderton will compete for the first Scroungers Coastal Cup over three days in November. It will be a normal scroungers nine holes comp with golfers playing the unique scroungers home rules at each hosting club.



This promises to be a great, fun event with all three Clubs keen on securing inaugural bragging rights **GO GUILDY!.**

Ian Hastings

Lower Coastal **2024**

**NEIGHBOURHOOD
WATCH**

6th November

please make a note of the date **7pm**

Neergabby Hall

Gingin Brook Rd

Our local Police will report on all the current news and updates on what has been happening in our area

for further information contact:

Dot Branch 0429969889

supper provided after meeting



Friday 25th October is - COSTCO – this is a member only warehouse & will be full of Christmas gift ideas, foods etc.

The warehouse is HUGE - a max of a 2 hours is all you will have to check out the warehouse, you will HAVE TO CONTROL YOURSELF as you only have under your seat & your lap for your purchases.

This 2 hour visit is really just to have a gander for those who are curious & hopefully in the future the rumours of a Yanchep warehouse will come to fruition !.

Note: there is a food hall to have a cuppa or snack. As this is a members only warehouse & I am a member, I will need to purchase everyone a \$25 Costco Gift card each – this allows you to enter the members warehouse.

Travel Cost is \$20 & does not include your Costco Gift Card or food & drinks or any other costs. After your 2 hour exploration we will head off for lunch somewhere in the Swan Valley - Henley Brook or another suggestion.

The bus will need to be back by 3pm as there is another bus hire.

Email to enquire or reserve your seat as we already have people booked for this day out
Caron - coastalcruiserbus@gmail.com

The bus was sponsored or supported by the businesses and community groups below. If you get a chance please thank them.

Crafty Patch
 Guilderton Community Library
 Guilderton Country Club
 Guilderton Visitor Centre
 Moore Clothes
 Moore Men's Shed
 Moore River News
 Smile Moore
 Sovereign Hill Craft Witches
 Residents who made a donation.
 All six Community Associations as in the LCCA logo.



Thank you!

Proud supporters of Lower Coastal Community Bus

When you choose to bank with Bendigo Bank, good things happen in your community.

Like our sponsorship of the Lower Coastal Community Bus.

And when you belong to one of Australia's biggest banks, good things happen with your banking too.

Feel good about who you bank with.

Find out more. Search Bendigo Bank near me.

📍 Gingin 9575 1560 - Lancelin 9655 2973

Bendigo Bank

Community Bank
 Gingin and Lancelin

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"The Shire of Gingin is a proud supporter of the Lower Coastal Community Bus."



Lower Coastal Community Association

meet quarterly.

Find out what is happening in YOUR area.

NEXT Meeting

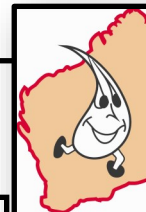
16th October

7pm Woodridge



FRRR

Foundation for Rural
 Regional Renewal



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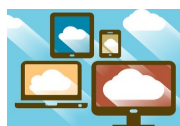
Daniel Speed
 Automotive Mechanic

Ph 0400 005 229

Website futurespeedautomotive.com.au

Email adminfsa@icloud.com





DEVICE ADVICE Seabird Hall

**Last Thursday every month
9am - 11am**

We were delighted to welcome new people, Lara, Eileen and Patrick, to our group. We also missed the presence of some of our regulars.

Some of the topics from our gathering included:

- **Instagram:** We discussed how the Shire is going to include this to target younger people & Kath gave an insight into Instagram. Most agreed we are happier using Facebook for our local info.
- **Facebook Local Pages:** We addressed common hassles with community group members advertising/managing multiple Facebook local pages, updating with information and discussed exploring the possibility of having a single page for all six communities. This topic is something we might consider discussing at the upcoming quarterly Lower Coastal Communities Association Inc meeting.
- **Current Scams:** We had a robust discussion about the latest scams and how to protect ourselves from them.
- **Blocking Contacts:** We explored how to block unwanted contacts on various devices.
- **Sorting Photos:** We discussed tips for organizing and sorting photos into folders and also searching for photo's by dates or album names.

Auto Text Prompts: We addressed how to delete incorrect auto text prompts.

We had a great turn out and everyone left learning at least one new thing.

If you missed the gathering or would like to revisit any of the discussed topics, please feel free to reach out to me & we can organise some further help.

Also if you missed anything from working in another group that you would like to cover next gathering, please remember to make a note for yourself to bring that up on our around the table discussion.

We look forward to seeing you at our next gathering.

Our next meeting dates are:

Thursday 26th September

Thursday 31 October

Thursday 28th November

No Device Advice in the Seabird hall for December or January.

Starting again Thursday 27th February.



Caron Melvin - Device Advice Co-ordinator

Crafty Patch

meet each
Tuesday

At Woodridge
hall 9am-12pm



We are always seeking new members as our group is becoming an older group and some are leaving the district. If you would like to learn any craft, our ladies cover a very wide range and are very knowledgeable. We do knitting, mosaic, embroidery both with machines and by hand, Crochet and patchwork. Always trying to come up with new projects.



Last week we had a lovely gentleman do a workshop and we made flowers from recycled plastic water bottles. These were painted with acrylic paints. It was a very interesting day. Placed in the garden with the wind blowing, they look fantastic.

We are now getting ready to plan our Christmas breakup luncheon and have decided to self cater. The last few years we have had lovely catered lunches.

If you are new to the district, please pop in on a Tuesday morning between 9am and noon and have a cuppa with us.

Enjoy our glorious sunny days.

Gloria, Karen Maureen



GUILDERTON
COMMUNITY
LIBRARY



find us on the foreshore near the Caravan Park

open
every

SATURDAY

9.30 - 11.30

Guilderton Community Library would like to thank Jo and Steve from Containers for Change for their \$100 donation towards the purchase of our new printer for the library. This unexpected donation is sincerely appreciated.

Madeline



GUILDERTON
VISITOR CENTRE

Are you looking for something to do during the summer months?

Well the Visitors Centre is looking for volunteers to run the Centre weekends, public and school holidays between 9.30 and 12.30.

Visitors to the area love popping in and finding out what they can do and see in the area, where they can take their dogs or where they can go for lunch.

Being the friendly face behind the counter who can provide this information is very rewarding and it also plays a part in making their holiday more enjoyable.

If you would like more information, please contact Linda on 0414 631 273 or check out our website www.guildertonwa.com.au

Wendy



FREE LIBRARIES

We have **free** little libraries located at:

- *Redfield Park (106 Paperbark Ave),
- *Woodridge Hall
- *Guilderton Country Club
- *Guilderton Beach (Toy Library)
- *Sovereign Hill Community Centre
- *Neergabby (cnr Military/Gingin Brook Roads)

Come look through and see what good reads are there.

SHANE LOVE MLA

LEADER OF THE NATIONALS WA

MEMBER FOR MOORE



 (08) 9927 2333

 MooreElectorate@mp.wa.gov.au

 [ShaneLoveMLA](#)

 www.shanelove.com

Fundraiser

RED ROBIN

PLAYER GROUP

Sausage Sizzle

Baked Yummies

Kids Activities

CAR

BOOT

SALE



GRAB A BARGAIN AND HAVE A GREAT DAY

SUN

20

OCT

9am

▼

2pm

Woodridge
Park

King Drive, Woodridge

Hollie: 0418 969 448

woodridgeplaygroup@hotmail.com

BUY SELL

CAR
BOOT

\$10

Per Car
Or Bay

Bookings
Required

Woodridge Community Association



Public Meeting:

The WCA would like to invite everyone to the next

**Public Meeting to be held at the Woodridge Hall
on 20th October at 9:00am.**

Breakfast will be provided from 8:00am until the meeting.

Thankyou:

The WCA would like to extend a huge thankyou to Bill Hooijer who has re-felted the notice boards at the Woodridge Hall giving them an updated makeover! They look fantastic!

The WCA would also like to extend a huge thankyou to Lara Bavin who undertook the task of tidying up the noticeboards! They are now extremely orderly and it is so easy to find information for any business and upcoming events that the Community might need or want. They look amazing!

Bunnings Sausage Sizzle Volunteers:

We are holding our final Bunnings Sausage Sizzle for the year on 12th October at Bunnings Mindarie and this one is the most important one for the year, as all funds we raise go towards the Spring Fair.

We would love if we could have a working group of volunteers to help us out on the day and/or the day before! If you can help out in any capacity either on the day or the day before to help with set up, please contact Courtney Nelson (secretary@woodridgecommunityassociation.com.au). It doesn't matter if you can only help out for an hour on the day, any/all help is greatly appreciated!!

If we can't get enough volunteers on the day, we will have to cancel it which means that we will lose much needed funds to go to the Spring Fair!

Update on the Woodridge Community Grounds:

You have been hearing about the proposed upgrade to the Woodridge Grounds. Well now is your chance to get involved.

There are new community officers at the Shire of Gingin who will help the WCA Woodridge Community Association get some grants. Maybe from tourism, the Shire, Bendigo Bank, Aged/ dementia grants, Australia Post, Shane Love and of course governments.

So, before we start, we want to hear what you want.

The first phase could be a new toilet block.

The old one is pretty awful.

Where to put it? Etc etc.

Do we need an upgrade to our playground area? We need parents to come to the meeting.

From the public meeting a working group would be formed to work closely with the Shire to get things moving.

Please contact either Sue Harrison

(treasurer@woodridgecommunityassociation.com.au) or Courtney Nelson

(secretary@woodridgecommunityassociation.com.au) if you would like to be involved in the working group. We will advise when a Public Meeting will be held to discuss what we would like to see.

Spring Fair Volunteer Working Group:

Well, the Spring Fair is definitely getting really quite close now and we would love if we could have a working group of volunteers to help us out on the day and/or the day before! If you can help out in any capacity either on the day or the day before to help with set up, please contact the Spring Fair email (springfair@woodridgecommunityassociation.com.au). It doesn't matter if you can only help out for an hour on the day, any/all help is greatly appreciated!!

Thank you and cheers!

Courtney Nelson

Two Rock State Emergency Service



We would like to give a big thank you to Jo and Steve, along with all the Guilderton residents for their generous "Cash for Cans" donation. This has been used to purchase a collapsible awning for one of our support vehicles, to provide shelter in bad weather.

Two Rocks SES has been providing emergency support to the community north of Butler since 2017.

We train at the Two Rocks Fire Station off Breakwater Drive every Tuesday evening and are always looking for additional members to join our dedicated team of volunteers.

<https://www.facebook.com/TwoRocksSES>

Harry Glasgow

**IF YOU REQUIRE AN AMBULANCE
RING 0 0 0**

Costco Bus Day
Fri 25 Oct

Book Caron 0428922301
coastalcruisebus@gmail.com

No need to be a
Member

Enquire now!

A Costco gift card as well
As travel costs will be
Required for this event.



Moore Clothes Inc.

Shop-106 Paperbark
Ave Redfield Park

Open 10 –12 Tuesdays
and Saturdays

2–4.30 Thursdays 2.30 –4.30 Fridays

See us on Facebook Moore Clothes Inc.



Preparations are underway towards our annual Fashion Parade Fundraiser on Sunday 13th October, never been? - well you are missing out!

This is our charity funday, entry is only \$10, you will receive an amazing morning tea, entertainment by Smile group (special performance) and our cheeky models. It is a great opportunity to meet other locals and shop as well - the shop will be open between performances. Men are also welcome.

Moore Clothes would also love donations towards this event to raffle off on the day- so if you can assist please make contact.

This years theme is "RED Carpet"- so wear something red and join us for a great morning- tickets currently for sale at Moore Clothes or Woodridge Post office or book in for your group by call 0436 457 164- this helps us with catering and setup numbers. (See poster in this issue.)

Women's Health Week Event Held

On Thursday 5th Sept Moore Clothes Hosted a Women's Health Week Presentation as part of the Jean Hailes Program. This program is the first week in Sept every year and all around Australia.

**Not Zombies but doing Exercises**

This year Sue Hicks presented a power point presentation on what Health Checks all women of any age should have, when and at what age - all depending upon your family history. The Women's Health bags were provided to every attendee and in the bag was some booklets on Women's Health, Myths Vs Facts and food guide .

If you want any of the information you can check out the website: jeanhailes.org.au

The afternoon continued with a great presentation from Ruth Coolican, Mind and Motion Exercise Therapy. Ruth is an



Ball Games

Exercise Physiologist/Mental Health Nurse can be contacted on 0439 033 235. Ruth discussed the importance of looking after you mental and physical health – she used bands to demonstrate simple exercises. Even showed us as a video on Brain Farts. Fantastic presentation everyone loved it. Huge Thank you to Ruth for her work and for volunteering her time.

We then had afternoon tea followed by an inspiring talk from Catherine from Confidential Counselling Services who can be contacted on 0448 504 648. Catherine's presentation was about Self Care and Women's Health. The emphasis was on women being okay to say NO to doing everything and taking time to do something for themselves. Remembering it is ok to have a break, go outside, do something for yourself. Fantastic presentation enjoyed by all. A Huge Thank you to Catherine for her work and for volunteering her time.

We live in an amazing community and due to these presentations we have support, it just shows that together we can learn, enjoy, support each other and really make the most of everyday.

From birth to 8 you learn to read from 8 you read to learn.

Never too old to learn and play games as demonstrated by Sue.

Sue & Julie



Redfield Park
Community Association

106
Paperbark Ave
Gabbadah
WA 6041

Redfield Park Community Association is hosting a **fundraising sausage sizzle** on Sunday 24th November at Bunnings Mindarie and we are short on volunteers - we would love to hear from you if you can assist for a few hours
Please Call Julie 0410 582 817
for more information.

**Redfield Park Volunteer 1st Aid
Post**

Call 0488 221 881

SOVEREIGN HILL GARDEN CLUB



Our August meeting was held at Eileen's in Redfield Park. We all arrived to a warm welcome and an inviting cuppa. Eileen then took us on a tour of her lovely native garden, vegetable patches and orchard.

A walk through the natural area of the property proved to us that you don't need to travel miles to look for wildflowers we have them right here in our own backyards. Some of the varieties we found were trigger plants, cats paws, cowslips, winged stackhousia, smokebush and wild violets.



Eileen is experimenting with growing many different varieties of native plants - her approach to gardening is if it grows, all well and good - if it doesn't then it wasn't in the right place - so lesson learnt.



Thanks to Sonja for providing a lovely cake which we used to celebrate Lara and Anne's birthdays. Sorry you couldn't be there ladies but we ate your share.

Our next meeting will be at Selina's in Woodridge in October. If you would like further information on the Garden Club or its events, please contact

Wendy Nottle on 0429 938 232



Sovereign Hill Crafty Witches Group

Did you know there is a small craft group in Sovereign Hill which meets each Monday morning from 9.00 until noon? The meetings are in Sovereign House, near the top of the hill in Sovereign Hill, behind the School Bus Stop.

We enjoy quietly chatting over a cup of tea or coffee (with a TimTam) while we craft away, knitting, crochet, diamond point, quilting, etc as well, of course, solving all the world's problems.

A few ladies headed for warmer climates over winter but all have returned to the Big Smoke of Gabbadah, Guilderton and Woodridge and back busy with their crafts.

September has been a month of birthdays with Sandy, Shirley and Karen celebrating – or is that commiserating. October also sees three birthdays too, but not mentioning who (YET!)

Do you want to learn how to knit? Or crochet? Or just enjoy a cup of coffee with other ladies of the area? Do come along, we'd love to see you.



Two of the dolls available for purchase at the Moore Men's Shed Open Day on the 16th November in Guilderton.

Wendy and Dianne

**The Secret of being happy
is accepting where you are in
life and making the most out
of every day.**

DEMURE DAMSELS RED HATTERS



Small Group on the tram in South Perth

What an interesting outing to the Old Mill Theatre in South Perth, with freshly baked muffins baked by volunteers with our cup of tea or coffee whilst sitting on beautiful leather lounges as Volunteers explained the history of the theatre. We toured this small theatre which holds less than 300 patrons. The South Perth Historical Society is right next door where we sat in a stunningly restored original tram listening to the guide.

The tram used to run from Angelo St, South Perth through to Como. It was such a fascinating day finishing with lunch in the Windsor Hotel which is opposite the tram and Historical Society.

We have had such a busy year we decided a lunch at Sista's Burns Beach Cafe was on the cards for a quieter outing. Scrumptious Food served by such courteous and friendly staff.

As I mentioned in September MRN the Demure Damsels Red Hatters' group started in our area 8 years ago with just 5 ladies, this has expanded to 45. We celebrated this 8th birthday with a Swan River Cruise, Perth to Freo return with a smorgasbord luncheon on the way.

All ladies who came on the cruise were presented with beautifully designed glass created by our Sonja from Redfield Park along with a piece of jewellery created by Dianne. In October we are using the Community Bus again to visit Kings Park, and 10 days later we are off to Fremantle Prison and Markets for the day. November sees us at the last

Morning Melodies concert for the year as well as a Black and Bling High Tea. Final outing for November is to Optus Stadium. We will all enjoy our month break over the Seasonal Break as it has been a very busy year, but already we have several outings lined up for 2025! Why not join us ladies? *Be the change you wish to see in the world.* Dianne Millar Karon Sorensen

0414-469-297 0456-678-479 **Dianne M**



Some of the Demure Damsels on the Swan



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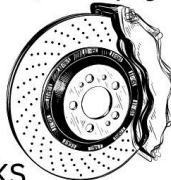
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Email : adminfsa@icloud.com



Batteries Available





GUILDERTON BOWLING CLUB

The bowling club held a special day on the 8th September with a return visit from Yanchep Bowling Club. 56 bowlers on the green. The catering was excellent. Soup on arrival, BBQ and sweets after the game. So many great prizes, and raffles, and thanks must go to the sponsors.



Our next great Afternoon is Sunday 6th October

OPENING DAY. Everyone welcome, bowls available for non-bowlers so come along and meet new bowlers and ENJOY THE DAY.

Club Members wear uniform, visitors casual wear.

First game pennants commence 12th October.

First game at Gingin. And home the 2nd week. Come along and support the team when home, Cheers for now

Dot.B.



Sue Mcleay & Dot branch



Winners including Brad Giblett, Allan Diver,
John Branch and Brian Hicks

Join in the fun, meet new friends, join your local

MOORE RIVER WEIGHT WATCHERS



Affiliated with WW Federation WA (Inc.)

**Wednesday morning 8.30am for Weigh In
9.30am start for the meeting
Sovereign Hill House**

Annual fee \$5.00 Weekly fee \$3.00

For more information phone 0413-818-955

What amazing weather we are having just the time to get a few kilos off for summer and downsizing, it sure makes you feel slimmer and much happier when you buy a smaller size. We have had a good month with a few of us losing a kilo or two, numbers have been down with members going on holidays, and other commitments.

NEW MEMBERS ALWAYS WELCOME, so come along just for a cuppa, every Wednesday 9.am Sovereign Hill Community Hall . We are just planning our Christmas Luncheon and then in February 2025-

OUR BIG BIRTHDAY 30 YEARS,

further details to follow. Next month we hope to have some healthy summer recipes and ideas for Christmas. So until then take care stay safe watch those calories and come along for a coffee.

Cheers Dot



~ PLATE SERIES ~

Orders Being Taken Now | PRICE \$ 260

For more information Call 0410-582-817

Or email: redfieldparkassociation@gmail.com

**The MRR Plates make a great
Christmas present - order now to
avoid disappointment.**



GUILDERTON COUNTRY CLUB

Well School holidays are in full swing, and the Spring weather has been lovely!

Although nothing much has been happening, we have still been busy with lots of locals coming through and enjoying our facilities, cold beverages, and yummy food.

With Spring in the air our little town will begin to feel busier, especially now in the school holidays.

Upcoming we have our Free Bingo night on both Thursday 26th September and 3rd October, eyes down 6.30pm.

By the time this goes to press we will have held our AFL Grand Final, so I'll have to fill you in on how that went in next month's issue, as well as who our new Committee members are having been elected at our AGM on the 22nd September.

Will have much more to tell in next month's issues, so until then stay safe and well see you at the Club!

Janine Nellany-Rogers GCC Manager

GUILDERTON COUNTRY CLUB

BINGO

School Holiday's Bingo Night!

EVERY Thursday from the 21st December to 25th January

Book your table and enjoy dinner first with family and friends followed by some fun entertainment! Gold coin donation appreciated.

Eyes down 6.30pm

Prizes as well!

Bookings guildertoncc@bigpond.com or phone 95771013

BINGO

Any alterations needed?

Mending etc etc done locally and a very quick turn around.

Call Anne on 0429 952 927.



FREE

Jigsaw puzzle library

Moore Clothes

Redfield Park

We have a puzzle library/ exchange, free use for locals. It works best if you bring one to exchange. Donations of puzzles gladly accepted.

Puzzles can be collected or swapped during

Moore Clothes open hours. See separate advert



Santa's Lolly Run ~ Woodridge Sat 21st December ~ 4pm

Starts 4pm at Fire station going around the main routes in Woodridge, not 'No through roads'

Margaret Ann

Did you know what is available at Redfield Park 1st Aid Post??

We have 2 wheelchairs, 3 Walkers, a commode chair and a shower chair, Crutches and moon boots along with in house aids e.g., toilet frames to help people get up. Non wheeled walking frames.

They can be borrowed either short or long term or while waiting for the hospital to provide something permanent.

Redfield Park Volunteer

1st Aid Post

Call 0488 221 881

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24 hours a day



Country & Coast

Shire of Gingin News & Information

Council Decisions

The following decisions were made by Council at the Shire's **September** Ordinary Council Meeting:

- CHRMAP - Resolutions from Special Electors' Meeting 13 August 2024 - *carried by absolute majority.*
- Amendment of Local Emergency Management Arrangements - Primary Evacuation Centre for Gingin Townsite - *carried unanimously.*
- Relocation of Gazebo - Harold Park, Lancelin - *carried by absolute majority.*
- In addition, 13 other items were deliberated on by Council.

More information on the decisions from this Council meeting can be found in the Meeting Minutes which are available for viewing at gingin.wa.gov.au/council-meetings, or in person upon request at either the Gingin Administration Centre or Lancelin Office.

Waste Reform Mailout 2024

All ratepayers in the Shire of Gingin will soon be receiving a Waste Reform Package containing your Tip Pass, Waste Recycling Calendar 2024/2025 and Waste Reform Infosheet.

When you receive your package, you will notice your Tip Pass has changed - it is now a credit card sized reusable plastic pass and is set to last you for years to come, taking away the need to mail out card tip passes every year.

In the meantime, you may continue to use your 2023/2024 Tip Pass which

will remain valid until your new plastic card arrives.

The Waste Reform Infosheet will provide an overview of how we are planning to improve waste management in the Shire. If you have any queries, please give us a call on **9575 5100**.



Burning Permits



During the Restricted Burning Period, you may apply for a Permit to Burn (subject to conditions). Visit gingin.wa.gov.au on the home page, click the red quick link button labelled 'Burning Permits', and this will take you directly to an online Burning Permit. Alternatively, scan the QR code or contact your local Fire Control Officer.

Restricted Burning Period

Please be reminded that as of **1 October**, the Shire of Gingin will enter its Restricted Burning Period. You will need a permit to burn grass/bush land, paddocks, garden refuse piles greater than 1m x 1m, or 1m x 1m piles outside stipulated burn times, or multiple 1m x 1m piles.

For more information on permissions during the Restricted Burning Period, please refer to your Firebreak Order & Bush Fire Information booklet. Alternatively, you can view the Firebreak Orders online via gingin.wa.gov.au/fire-information.

Time to Get Your Firebreaks Ready!

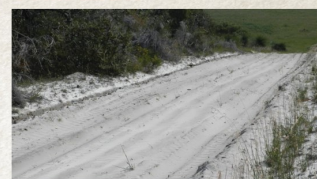
Owners and/or occupiers of land within the Shire of Gingin have a legal requirement under the *Bush Fires Act 1954* to install and maintain their firebreaks from **1 November to 15 May** every year. Don't leave your firebreaks until the last minute - start maintenance tasks now. Rangers will be commencing their routine

firebreak inspections as of 1 November. For more information on firebreak requirements, refer to your Firebreak Order & Bush Fire Information booklet that you would have received in your annual rates envelope. Alternatively, you can view the Firebreak Order & Bush Fire Information online via gingin.wa.gov.au/fire-information.

NON-COMPLIANT



COMPLIANT



Register your Burn

Please remember to register **ANY** burn you plan to undertake at **ANY** time of the year with DFES on **9395 9209**. By notifying DFES, you will assist in preventing unnecessary call-outs of our local fire brigades when members of the public call 000. By registering your burn:

- It provides timely and accurate information regarding the location, details and contact information to emergency crews should there be an escape of the burn or a 000 call made by a community member.
- A planned-burn icon on the Emergency WA app/website will show for the duration of the planned-burn. This allows community members to check if the burn has been registered, should they be concerned.
- Corrective actions can be taken by neighbours (avoiding smoke, relocating stock, bringing in laundry etc).



Green Waste Kerbside Collection Reminder

Residential and Rural Living properties wishing to take advantage of the Shire's Green Waste Kerbside Collection service will need to have green waste placed on the verge by no later

than **Monday 7 October 2024**.

For collection conditions and requirements visit:

gingin.wa.gov.au/rubbish-bins-and-landfill.

Gingin Aquatic Centre - Opening Soon!

Please be advised the tentative opening date for the Gingin Aquatic Centre is Saturday 19 October. Hours of operation are 10am - 6pm, 7 days a week.

Early morning swimming will be introduced at a later date. Visit the Aquatic Centre Facebook page for updates.

Shire Careers - Meet the Team!

Meet our Regulatory Services Support Officer - Health, Tara.

What is your background? My work life has been quite varied. I started out in hospitality and business in my late teens, then started my studies in Special Needs Education, Secondary Health, and Physical Education. I then found my passion in youth work and social science, which led me to work in the space of youth mental health and wellbeing. After COVID, I explored the mining and construction industries where I learnt to operate different machinery. I then seized an opportunity to work with the Shire's Environmental Health team and I'm fortunate that my previous experience is relevant for this role. **What are you currently studying and what qualification will it give you?** I'm studying a Diploma of Environmental Health at ECU, with one semester to go before qualifying as an Environmental Health Technician (EHT).

How do you manage your study load whilst working at the Shire? With four kids on my own plus work and study, my days run on minimal sleep, early mornings, late nights and caffeine as my staple diet! Seriously, I'm thankful to have a strong support network both at work and at home,



and I'm very organised! **Where are you hoping this job will take you?** My goal is to complete my studies and continue growing in my position. I'm fortunate that the Shire of Gingin provides opportunities to gain experience in many different areas of environmental health, which isn't always the case in other local governments. **What do you like most about your job?** I like being able to contribute to the health and wellbeing of our community. Environmental Health plays a crucial role in identifying and managing health risks in our physical environment, which directly supports our overall wellbeing. It also comes with so much versatility, no two days are the same. And to work alongside a supportive team makes all the difference when it comes to job satisfaction!

What's on In the Shire of Gingin?

Sugar Gum Planting Ceremony

Friday 11 October,
12:30pm-1pm, Gingin
Outdoor Activity Space,
Gingin.

Aussie Bird Count 2024

Monday 14 to Sunday 20 October,
Shire of Gingin.

Carers High Tea

Wednesday 16 October, 2pm-4pm,
Gingin Community Resource Centre.

Car Boot Sale - Red Robin Playgroup

Sunday 20 October, 9am-2pm,
Woodridge Park.

Gingin Volunteer Sundowner

Friday 25 October, 4pm-9pm, rear of
the Gingin CRC.

Golden Feather Hunt

Ends Friday 25 October, Gingin and
Lancelin Libraries.

LCCA Quiz Night - Guilderton

Saturday 26 October, 6:30pm-10pm,
Guilderton Community Hall.

For more information on events in
the Shire, please go to the Events
Calendar at gingin.wa.gov.au.

Citizen of the Year Awards

Do you know someone great? why not
nominate them for the **2025 Community
Citizen of the Year Awards** - visit
citizenshipawards.com.au/nominate.
Nominations close **31 October 2024**.

Early Rates Incentive Scheme

Sponsor Acknowledgement

Thank you to Aaron from Western
Stabilisers for your generous Sponsorship
of the Early Rates Incentive Scheme 2024.



Carers HIGH TEA



To recognise the valuable contribution unpaid carers make in our community, the Shire of Gingin and the Gingin CRC are hosting a high tea and casual lawn games. Thank you to Carers WA for jointly funding this event.



Wednesday 16 October 2024



2:00pm to 4:00pm



Gingin Community Resource Centre,
1a Lily King Place, Gingin



Please RSVP to crc@gingin.net / 9575 1253.
RSVP's close on 4 October.



Prizes for best dressed - high tea themed!

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What is a carer?

A carer is someone who provides unpaid care and support to family members and friends who are living with disability, mental health challenges or long-term health conditions, an alcohol or other drug dependency, or who is frail aged. National Carers Week (13-19 October) recognises and celebrates the 2.65 million carers in Australia.



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CALL FOR NOMINATIONS

INTERNATIONAL VOLUNTEER DAY 2024

Annual Garden Party

In celebration of Thank a Volunteer Day, the Shire of Gingin invites you to nominate exceptional community volunteers to attend the Annual Garden Party hosted by Volunteering WA on 5 December 2024, in the beautiful lower gardens of the Government House.

This event brings together over 500 volunteers from around WA, providing a wonderful opportunity to connect and celebrate their contributions.



Thursday 5 December 2024

3:40pm - 6:30pm

Government House Gardens, Perth

This year the Shire of Gingin is proud to be offering 20 community volunteers the opportunity to attend the Annual Garden Party.

We encourage you to nominate a deserving volunteer from the Shire of Gingin who exemplifies commitment and service to the community.

We will randomly select 20 attendees from the nominations who will receive free tickets and transportation to and from the event.

To nominate a volunteer email community@gingin.wa.gov.au or call the Community Development Team on 9575 5100 by **Friday 18 October**.

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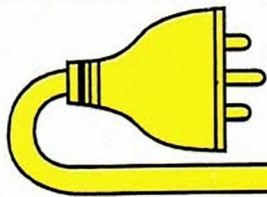
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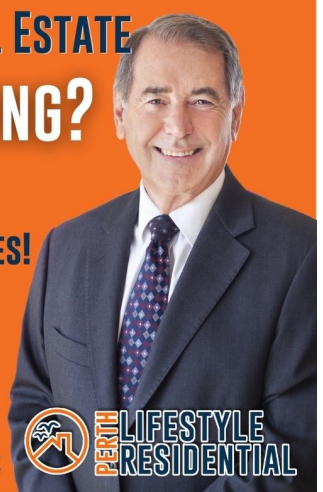
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Hi Readers,

Hope you have enjoyed this edition of the Moore River News.

We have a great team of volunteers.

Thanks goes to Julie Polette for this edition.

Please do support all our local groups and advertisers.

The Moore River News is in need of another editor. All instructions are given to you and you will have the support of the rest of the team, Anne, Sue, Lyn, Chesson and Margaret-Ann.

Our AGM is in January 2025 and we would love you to come and meet the team.

You work at home on the MRN computer in Publisher and will only need to do one issue a year. So 11 months off, then work from 12th to 25th of a month you choose.

Please Phone Anne on 0428 188 011

2 of 3

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October Garden Column

Veggies to plant - Seed - French bean, beetroot, broccoli, cabbage, capsicum, carrot, cauliflower, celery, cucumber, eggplant, lettuce, marrow, melon, parsnip, pea, pumpkin, radish, pea, pumpkin, radish, silverbeet, spinach, sweetcorn, tomato, zucchini. Seedlings - cabbage, capsicum, cauliflower, celery, eggplant, leek, tomato.



Lawn Care - To prevent weeds apply pre-emergent. Insects and pests will need to be controlled with an insecticide. There are insecticides and pre-emergent that provide protection for up to 6 months. With the weather warming up apply a wetting agent and granular fertiliser. They won't last as long and will need to be reapplied in the New Year. Foliar seaweed solution and humic acid can help with root and foliage development and overall plant health. Read the instructions carefully. Not all lawncare products are applied the same way, or at the same time. Spot spray any weeds that have appeared.

Tasks for October

It's time to mulch up the garden beds in preparation for summer. Mulch helps suppress the weeds and keep in the moisture. Next year, when you cultivate this year's mulch in, it will provide much needed organic matter to the garden given the very sandy conditions up here.

Check mangoes and avocados for the fungal disease anthracnose. Spray will appropriate fungicide if you spot it. Spray before the fruit develops and prior to harvest to keep the disease in check. Anthracnose presents as black spots on the leaves and fruit. Follow-up after harvest to further delay onset. Anthracnose also presents on avocado, capsicum, coffee, eggplant, papaya, tomato, and yam.

Tie climbers to their supports and remove excess growth

Plant gladiolus corms

Look out for aphids on roses. I've seen them out and about already munching on the new growth and buds. Get to them early using natural methods from soapy dishwater, through to the usual white oil. There are a number of options. Choose the one you're comfortable with and note its results.

Check for mealy bugs and scale on fruit trees and hedges. Around here, figs and lily pilli are often found with scale. Spray or scratch off with a soft brush.

Sow seeds and seedlings of all your favourite herbs now. They make great gifts when they've grown a bit if you have too many, and add beautiful colour and smell to a fruit and veggie hamper you may put together for a friend or relative - Thank you Karla for the inspiration here :-)

Start preparing rich soil for next month's dahlia planting

Plant passionfruit, and prune established vines by reducing trailing arms to 60cm. Using hedge clippers makes it easier. Clean out any dead matter.

Take softwood and semi-hardwood cuttings to grow new plants.

Finish fertilising fruit trees. Apply trace elements to citrus, repeat as per the instructions

Apply liquid fertiliser fortnightly to flowers and vegetables. Schedule in your phone if you think you'll forget.

Dust sulphate of ammonia along rows of flowering potato plants, and water in. Mound soil around them. This helps provide stable nitrogen and sulphur, as well as regulate pH levels.

Once flowerings finished, prune boronia, callistemon, ceanothus, ceratostigma, choisya, diosma, felicia, forsythia, mintbush, ornamental peach and plum, philadelphus, protea, spiraea, wattle, and wax flower.

Plant evergreen shrubs, climbers, trees, and groundcovers

Booklovers

Recently I read 'The Island of Missing Trees', by Elif Shafak. The beautiful story of a fig tree, 2 people from Cyprus and how trees, and nature is intertwined into our lives in almost everything we do without us even realising at times. I usually read quite fast paced books but really enjoyed this one as a change of



pace. The book isn't long, chapters are short, and I bet most people could easily finish it in a few days.

Nathan



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Community Celebrates Annual Fireworks Evening in Style



The skies over Neergabby were lit up in dazzling colours on Sunday night 22nd September as the local community gathered for its much-anticipated annual Fireworks Evening. The event, held at the Neergabby community grounds, attracted hundreds of families and residents, all eager to celebrate together under the stars.

Gates opened at 3pm leaving plenty of time to check out the stalls, live music from Coastal Drift and Rob West, with food trucks offering everything from wood fired pizza, to hot jam donuts!



Children enjoyed face painting, bouncy castles and the Lions Train, adding an extra layer of excitement to festivities.

As night fell, anticipation built for the main event. At 7.30pm, the first fireworks lit up the sky, met by a chorus of “oohs” and “aahs” from the crowd.



The display featured a breathtaking array of colours, patterns and heart pounding explosions. The finale – a cascade of golden showers and booming starburst – left the crowd in awe, capping off an incredible night.

The Neergabby Community Association would like to thank the sponsors, local businesses and volunteers who made the event possible.

Here we have the winner of the raffle!

The turnout was fantastic, we're grateful to everyone who helped make this year's event a success and can't wait for Fireworks Night 2025!

Lindsie Leahy

That Bus gets everywhere!!



MONTHLY SCRIPTURE

"Two things ask of you, deny them not to me before I die. Remove far from me falsehood and lying, give me neither poverty nor riches; feed me with the food that is needful for me, lest I be full and deny you and say, 'Who is the Lord?' or lest I be poor and steal and profane the name of my God." (Proverbs 30:7-9).



But godliness with contentment is great gain, for we brought nothing into the world, and we cannot take anything out of the world. But if we have food and clothing, with these we will be content.....For the LOVE of money is a root of all kinds of evils. It is through this craving that some have wandered away from the faith and pierced themselves with many pangs.' (1 Timothy 6:6-8, 10).

'Keep your life free from LOVE of money, and be content with what you have, for he has said, 'I will never leave you nor forsake you.' So we can confidently say, 'The Lord is my helper; I will not fear; what can man do to me?' 'Jesus Christ is the same yesterday and today and forever.' (Hebrews 13:5-6,8). All scripture is taken from the English Standard Version of the bible.

MOORE PRAYER: When we pray let us not focus on the materialistic things of this world. The Lord knows what we need, even before we ask for it. The focus of our Prayer meetings are primarily on the real needs in people's lives - getting their relationships right with the Lord and then, from that source, all the everyday needs will be met. God cares for you: Jesus gave his life for you: how is your relationship with Him? If you would like to know more please phone: Sue - 0419 035 777 or Judy - 0429 108 892."



**St John's Ambulance
Lancelin & Coastal
District**



Foodies Group Redfield Park

Wanting to try something different or meet new people? On the third Thursday monthly we meet and enjoy good food, laughs and share recipes.

We cook on rotating rosters.

If you would like extra information please call Julie 0410 582 817



Moore Arts Council Art & Craft Market



Guilderton Art & Craft Markets

The first of our 24/25 summer series of markets was held on Sunday 22nd of September in Gabbadah park. We had 15 stall holders setup with various art-craft items all hand made with love. The sun was shining but the cold wind gusts proved challenging for some.

Red Robin playgroup provided the sausage sizzle and juicy box the Coffee. Dates for future are:-

Sunday 15th December

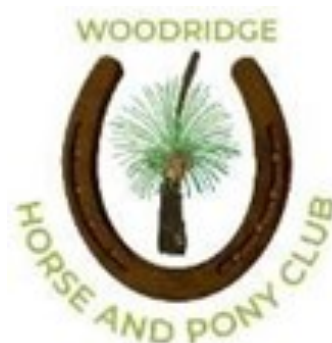
Sunday 12th January

Sunday 4th march and Easter Monday

We hope to see locals and visitors coming down to support these talented people.

Kerry Jones

0437 903 138





FOR SALE

CLASSIFIEDS

ADVERTISE-FOR-FREE

Email: moorerivernews@gmail.com
Please type the advert into the body of the email

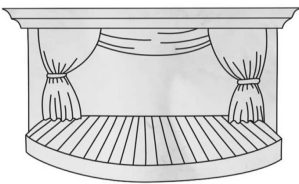
Wanted

A Caravan Parking location . Drive-way or shed
16’ x 7’6” Caravan Near Guilderton
Long term; negotiable Paul 0408 905 627



Join us for our monthly
games day
WHEN Last Friday of the month
starting 10AM
WHERE: Guilderton Café
Lunch and Coffees available

Everyone welcome to join us
even if it’s just for coffee



S.M.I.L.E
Moore

Smile is a small group of people that meet every 1st and 3rd Tuesday at 3.30pm at Sovereign House.
We Smile, Mime, Inspire, Laugh and Entertain.
Please contact Sue 0417 978 281.

Our motto is No talent Required just have some fun

Advertise in the Moore River News

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**GUILDERTON &
DISTRICTS’ VOLUNTEER
BUSH FIRE BRIGADE**



**GINGIN WEST VOLUNTEER
BUSH FIRE BRIGADE**



No news this month from either fire brigade, but I suspect they would like to remind you to get your property ready for the fire season.

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☆☆  **COMMUNNITY** ☆☆

☆☆ **CHRISTMAS PARTY** ☆☆

☆☆ **On Sunday December 8th at 4.30 pm** ☆☆

☆☆ **at Redfield Park Community Hall** ☆☆

☆☆ **(106 Paperbark Ave)** ☆☆

☆☆ **An invitation is extended to all residents** ☆☆

☆☆ Hoping you will join us, just bring a plate of ☆☆

☆☆ Nibbles to share at your table. ☆☆

☆☆ **BYO drinks and alcohol.** ☆☆

☆☆ (Cordial ,Water, tea and Coffee Provided) ☆☆

☆☆ **Desert is also provided.** ☆☆

☆☆ **PRE BOOKING IS ESSENTIAL FOR** ☆☆

☆☆ **CATERING /SETUP PURPOSES** ☆☆

☆☆  ☆☆

☆☆ **Please call Jane 0417 175882** ☆☆

☆☆ **Or Julie 0410582817** ☆☆

☆☆ **to book or for more information** ☆☆

☆☆ **Parents are required to supply a** ☆☆

☆☆ **pre-named wrapped gift up to the** ☆☆

☆☆ **value of \$15 drop off to Jane or Julie** ☆☆

☆☆ **Hosted By Redfield Park Community Association and** ☆☆

☆☆ **Sovereign Hill Community Association .** ☆☆

☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆



Confidential Counselling Services

Depression & Anxiety
Relationship & Family Counselling
Parenting
Trauma

Womens Wellbeing
Family & Domestic Violence
General

Contact Catherine on 0448 504 648

ACA Registered Counsellor
GradCertDFVPrac.BCouns.B.A.

Following on from last month, lets dive into another area of the 8 dimensions of wellness - physical wellbeing. This is the dimension that encompasses all areas of health that relate to caring for our bodies and how we aim to keep them in tip-top shape for the here and now, and the years to come. This includes eating well, regular exercise, managing our weight, watching our consumption of vino or our favourite tippie, regular health checks and addressing illnesses to name a few.

Making the right choices for our health and wellbeing can be challenging especially when we have slipped into bad habits. Whether it's wrestling with the snooze button to get up early for exercise before work or trying to include healthier options in our diet when all we are craving is junk food, it can be tough. And whilst we all know what's good for us its often easy to slide back into old habits especially when life gets busy, and we can end up falling back into the trap of neglecting our wellbeing.

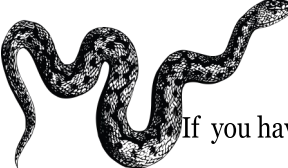
Wellness is an ever-changing, evolving process and is all about creating your own personalised approach that works for you.

It's as unique as you are and is really about living your life in a way that allows you to become the best version of yourself that your potential and circumstances allow.

It's not about getting it perfect but instead focussing on now and on the future and becoming the best kind of person you can be. It's about setting the bar high enough to feel good, but still within reach of the cookie jar! ☺

Until next month

Catherine



Snake Season

If you have one needing to be relocated....call

Tammy : 0424-715-117
Weekdays after 5pm/
Weekends all day
*Redfield Park &
surrounding areas*

OR
'Snakeman' Gary
0412-914-537
All areas

Both Registered with DPAW Regulation 17(1)



Local Activities

Monday 10.30am	Golf	Ledge Point	Last Thur/monthly 9	Device Advice	Seabird Hall
Mon	Craft Group	Sovereign Hill	Each Thurs 2-4.30	Moore Clothes	Redfield Park
Mon10-12noon	Coffee and Craft	Seabird	Every Thurs 5.30pm	Yoga	Seabird
Tues	Crafty Patch	Woodridge	Each Thurs	Moore Men's shed	Guilderton
Tues 10-12	Moore Clothes	Redfield Park	Each Fri 2.30-4.30	Moore Clothes	Redfield Park
Tues	Moore Men's Shed	Guilderton	1st & 3rd Fri/mthly	Craft in the Park	Redfield Park
Tuesdays	SMILE Moore	Sovereign Hill	Last Fri/mthly 10am	Games Group	Guilderton cafe
Wed	Red Robin Playgroup	Woodridge	Each Sat and Sun	Bowling	Guilderton
Each Wed	Golf Scroungers	Guilderton	Each Sat	Golf Competition	Guilderton
Each Wed 6.30pm	Pool Competition	Guilderton	Each Sat	Recycling	Woodridge
Each Wed 8.30am	Weight Watchers	Sovereign Hill	Each Sat 9.30-11.30	Library	Guilderton
Every other Wed	Demure Damsels (Red Hatters)	Various Outings	Each Sat 10-12	Moore Clothes	Redfield Park
			2nd Sat/mthly	Garden Club	Sovereign Hill