

MOORE RIVER NEWS

FREE

August 2024

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Please email your letters to:
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Disclaimer

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MOORE CLOTHES INC.

INVITES YOU TO ATTEND

LADIES AFTERNOON

as part of Jean Hailes Women's Health Week

THUR 5TH SEPT

At 106 Paperbark Ave Redfield Park

Register at 3pm for 3.30 pm Start

Gold Coin Donation

Please RSVP to 0436 457 164 or
email - mooreclothes6041@gmail.com

By 31st August



What's On...

Mark your calendar or phone NOW!

**Don't miss out on all the great
entertainment/activities in our local area!**

Date	Time	Event	Place
3rd Aug	10.30 am	High Tea Purple Seat	Redfield Park
4th	9am	Car Boot Sale	Woodridge
11th		Moore Clothes AGM	Redfield Park
14th	7pm	Neighbourhood Watch	Ocean Farm Hall
20th	6pm	Gingin West Fire Brigade AGM	Woodridge
27th	10am	Meet and Greet Shire reps	Seabird Hall
5th Sept	3pm	Womens Health Workshop	Sovereign Hill
22nd		Country Club AGM	Guilderton
22nd		Fireworks	Neegabby
29th		Ledge Point Show and Shine Family Day	Ledge Point Oval
6th Oct		Bowling Club Open Day	Guilderton
13th		Guilderton Golf Club AGM	Guilderton
13th		Moore Clothes Fashion Parade	Redfield Park
26th		Music Quiz Funding for Bus	Guilderton
1st Nov		BBQ night	Sovereign Hill
30th		Wine and Cheese Night	Sovereign Hill
1st Dec		Woodridge Christmas lights	Woodridge

Gingin West Fire Brigade

This month we are still continuing with mitigation burns when weather permits.
We will be holding our AGM on the 20/08/24 at 6pm.
Craig

**GUILDERTON
COMMUNITY
LIBRARY**

open
every
SATURDAY
9.30 - 11.30



find us on the foreshore near the Caravan Park



Thank you to the 42 people who braved the elements on that very cold Saturday morning to help us celebrate our 18th birthday.



We welcomed 2 new members, and it was lovely to meet new people.

There was also a small Book Club that were in Guilderton for the weekend that paid us a quick visit.

We are open every Saturday from 9.30 to 11.30

Madeline H

SOVEREIGN HILL GARDEN CLUB



July was our outing to the Northern Suburbs Branch of the Wildflower Society of WA's nursery located at the Landsdale Farm. We took the opportunity of hiring the new Lower Coastal bus with the overflow of members taking their own cars. Thanks to our very competent driver, Dave, with navigation by Anne.

We arrived in time for morning tea with the volunteers. Our group was split into three with one group touring the nursery, one doing propagation and the other doing seeding.

The first group was shown the procedure for disinfection, recipe for potting mix, stages of repotting and sale of plants.

At the Propagation bench we were shown how to take cuttings, how to prepare the cuttings and the planting of these.

At the seeding bench the various seed preparations were explained ie when to use smoke, water, heat or nothing to aid sprouting. Collection of seeds, timing and preparation techniques were also explained.

We then all went on to the Lakeside Cafe at Waldeck Nursery in Kingsway for lunch and a quick look around.

Then it was on the bus again to a few more nurseries and a quick stop at the Gilstead Winery on Wanneroo Road for a few purchases of port and wine. Thanks Dave for suggesting the stop over.



Our next meeting is on Saturday 10th August at Sovereign House where we will be doing a workshop on building bird houses and bird baths from recycled materials.

For more information contact Wendy on 0429 938 232.

Wendy

Crafty Patch

meet each
Tuesday
At Woodridge
hall 9am-12pm



**IF YOU REQUIRE AN AMBULANCE
RING 0 0 0**



On Tuesday 25th June, staff and past & present directors celebrated and thanked Tom Cabassi for his incredible 24 years of Service to the Gingin District Community Financial Services Ltd and Community Bank Gingin & Lancelin Branches as a volunteer Director.

Some may not know, but without Tom, our 2 Community Bank Branches would not exist today!

It all started 24 years ago, in 2000, when Tom and his lovely wife Angela, were visiting Victoria for a wedding and decided to stop off in Bendigo, visiting Bendigo Banks head offices to get more information on the Community Bank Concept. Tom fell in love with the idea of communities being partners in their own bank and could not wait to bring the idea back to Gingin, rally a group of like-minded people together and make the dream a reality.

And that's exactly what he did! Together with the likes of Max Fewster, Bruce Watson, Norm Wallace, Ron Pollard & Rob Kestel and other key community members of Gingin, using Toms real estate office as a base to promote the possibility of a Community Bank, they raised \$407,000 from community members who would now be partners in their own Community Bank.

With calls of interest from the coast, an agency was opened in Lancelin in a shared office with the Shire of Gingin. Lancelin & surrounds locals jumped on board, and we quickly outgrew the shared office space. Using profits generated by customers in the community, only 5 years after opening the Gingin branch, with Tom leading the way as Chairman of the board, our second Community Bank branch was opened in Lancelin.

In the 24 years since Tom visited Bendigo Bank Head Office, we have opened 2 Community Bank branches (Gingin & Lancelin), have distributed \$3.5 Million in community contributions throughout the Shire of Gingin, employed 55 locals, awarded 19 scholarships to local students relocating to the city to further their studies and we continue to provide an incredibly valuable service to the towns of Gingin & Lancelin.

None of this would have been possible without your hard work and commitment Tom, and we cannot thank you enough! Although we are sad to see you stepping down as a Director of our Board, no one deserves a rest more than you do.

Elle Armitage Community Engagement Advisor

0499 087 990 · elle.armitage@bendigoadelaide.com.au



GUILDERTON VISITOR CENTRE

Well who knows what the weather will be doing. One minutes it's raining, next it's sunny. However, it hasn't discouraged the tourists. They are continuing to come into the centre.

Thanks to the lovely ladies of the Sovereign Hill Craft Group we have free to anyone needing them, some crochet wildlife nests. These nests are extremely versatile and are used in the rescue of baby marsupials, birds, and reptiles. These nests provide comfort and reduce stress levels. So if you require something like this, call in and see one of our volunteers.

Wendy Nottle



Sovereign Hill Crafty Witches Group

Craft and Coffee



Sovereign Hill
Craft Group
meets every
Monday @9.30
at Sovereign

House, Sovereign Hill Drive for Craft and Coffee.

We would love to meet you and enjoy a coffee, tea (and a Tim Tam). Charge is just \$2 which covers our hall hire as well as coffee etc.

Any enquiries please call Wendy on 0429-938-232 or Dianne on 0414-469-297.

Any alterations needed?

Mending etc etc done locally and a very quick turn around.

Call Anne on 0429 952 927.





Well here she or he is!!!!

We think you will agree second hand or not the bus looks spectacular. Many thanks to Dave Pottinger from Authentic Signs in Welshpool who has made the bus a BIG statement for our very special area. He got a few hugs after he told us there was no invoice! The bus launch on the 30th June was truly a very special community event celebrated with champagne and cake. It has been hired out a few times since the 1st July by Sovereign Hill Garden Club, twice for Red Hatters, a private family and a Mystery Tour. On its first outing to Brown's dairy in Balcatta the farmer even got the cow to stand in front of the bus, see page 9.

The report is the bus is easy to drive. Its automatic, and nearly fits into an ordinary car parking bay. Eleven passengers, one driver. Cost to passengers has varied between \$10 each for a full bus to \$15 not full. Each journey has been full of fun.

Email: localbus6041@gmail.com with a date and all the paperwork will be sent to you. On that note perhaps you don't belong to a local group but wouldn't mind a trip with a cup of coffee somewhere local to see what it is like.

Well on Monday 26th August Dave Stroud is willing to take bookings and drive you. Pick up will be at Redfield Park Fire Station, 9am. bottom car park in Sovereign Hill 9.10am and Woodridge car park 9.20am. A vote will be taken on a route and coffee stop. Cost \$10pp.

Dave will hire the bus so all you have to do is phone Anne 0428 188 011 to secure a seat or two.

If you can't make it to one of the pick up points please phone and have a chat. Anne will compile a list of addresses and phone numbers.

Another date will be organised for a house pick up day. This is restricted to Seabird, Redfield Park, Guilderton, Sovereign Hill, Woodridge and Neergabby.

Anne Stroud LCCA secretary

The bus was sponsored or supported by the businesses and community groups below. If you get a chance please thank them.

Crafty Patch
Guilderton Community Library
Guilderton Country Club
Guilderton Visitor Centre
Moore Clothes
Moore River News
Smile Moore
Sovereign Hill Craft Witches
Residents who made a donation.

All six Community Associations as in the LCCA logo.



Thank you!

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Gingin and Lancelin

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"The Shire of Gingin is a proud supporter of the Lower Coastal Community Bus."



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Email adminfsa@icloud.com



Moore Clothes Inc.

Shop-106 Paperbark Ave

Redfield Park

See us on Facebook Moore Clothes Inc.



Welcome again, only a few days after this issue we will be hosting our

**“Purple Bench Dedication and High Tea”
on August 3rd**

which is dedicated to all victims of domestic homicide, our bench will be named in honour of Carolyn Johnson (Carolyn did amazing work in the family violence field and lived locally).

Our high tea will commence at 10.30 with a charge of \$10 per person - see advert this issue. RSVPs are essential for catering.

Clothing donation wise 2023 /2024 year we received 9.8. tonne of donations and delivered 9.7 tonne to assorted groups in need- this an amazing amount and has beaten all previous records.

SO A BIG THANK YOU

to all our amazing volunteers and the fantastic community support that we have received.

We have also had over 1000 people visit our shop this year.

Our Tyro EFTPOS system is up and running in the shop and has sped up service at the cash register - a Thank You to Bendigo bank as this system is must faster and more efficient .

Our Dignity Bags have been delivered to the Pat Giles Center- a women's refuge .Thanks again to Jackie for coordinating and delivering on this project.

More work has been done on the shed mural and it's looking lovely and bright, we hope to have it finished shortly.

Our AGM is planned for August 11th at 10am.

Moore Clothes is on the look out for casual fill in volunteers, call 0436457164 for more info or pop in and see the girls.

Thanks again everyone for all your support

Thanks Julie Polette 0410 582 817



With the steady and consistent rain, the course is looking very lush and green. The many newly planted trees are getting their best possible start and with the clearing of dead trees and debris, the course is looking very scenic and healthy. Our volunteers are continuing to upgrade and enhance the course at our monthly busy bees. There is some great golf being played and some excellent scores being posted.

Over the holiday period, it was great to see lots of visitors to Guilderton playing golf. There were also many groups enjoying family/friends fun time playing Foot Golf.

It's a feature of Guilderton, children and families being out in the outdoors enjoying nature at its best.

Recently, we had 5 men take part in the Central West Coast Golf Association Championships at Dandaragan. While our men were not in the winners circle, they did enjoy the beautiful weather, a lovely course and great camaraderie. The Ladies Central West Coast Championships will be held in August and we have a sizable group heading up to Ledge Point course. It's always great to see our Guilderton golfers visiting and representing us elsewhere.

This year, our Club Championships are in a new format. The aim is to maximize participation and it has worked. With three rounds done, numbers are healthier than in the past couple of years. The top three ladies and top three men, will play off in the Championship after the six qualifying rounds. At this stage, it's all very open with many players in contention at the halfway mark.

You are always welcome at the golf club. The main competition day is Saturday from 11.45am and the more social scroungers (9 holes) is each Wednesday at 1.45pm.

Social or casual golfers/ foot golfers are also always welcome on the course with payment at the entry kiosk by cash or card (QR code).

Ian Hastings

FREE LIBRARIES

We have **free** little libraries located at:

- *Redfield Park (106 Paperbark Ave),
- *Woodridge Hall
- *Guilderton Country Club
- *Guilderton Beach (Toy Library)
- * Sovereign Hill Community Centre
- *Neergabby (cnr Military/Gingin Brook Roads)

**Come look through
and see what good reads are there.**



~ PLATE SERIES ~

Orders Being Taken Now | PRICE \$ 260

For more information Call 0410-582-817

Or email: redfieldparkassociation@gmail.com



Some of the fantastic volunteers who turned up for planting day.

Planting day at Guilderton was a great success with 35 people turning up to plant 700 plants on Sunday 7th July.

We were planting 'provenance seed', collected on the dunes and grown into plants by Apace nursery in Freo.

A third of the plants were needed on the corner turnoff to the groyne to replace some lost over summer. This area is doing brilliantly, with this, our 4th year of planting there, seeing some wonderful plants growing there now.

Another third went up by the scientific container above the groyne and the rest went up by the lookout, where we also took out bags of rubbish.

This is a great effort to maintain and repair Guilderton's natural environment. We were rewarded with a fish and chip lunch at the Country Club.

Many thanks to Rachel at Moore Catchment Council who gets the grants that pay for it all and provides chocolates; thanks to State NRM (Natural Resource Management) for giving the grant and everyone who came to work with us. Gold dust!!

If you would like to join our little group of volunteers, call Linda on 0414 631 273 for more information or go to our website www.guildertonwa.com.au

Linda Johnson

Device Advice Hosts Informative Scam Awareness Presentation

Thursday 27th June, Device Advice welcomed Joseph from NBN for a highly informative presentation on Scam Awareness. The event, held at Seabird Hall, was well attended by the local community, reflecting a growing concern about online scams and the desire to stay informed and protected.

Joseph's presentation covered a range of topics, including common scam tactics, how to recognize suspicious activities, and practical steps to safeguard personal information. Attendees left with a deeper understanding of how to stay vigilant and protect themselves in an increasingly digital world.

Our next Device Advice session meeting will be on Thursday, August 29th, at 9am in Seabird Hall.

Cost \$2. The session promises to be another valuable opportunity for community members to come together and support one another in navigating the digital landscape.

We look forward to seeing you there!

Caron Melvin
Co-ordinator Device Advice a Self-Help Group

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Servicing Shire of Gingin, Two Rocks and Yanchep

Hello Moore River News Community!

It's the soil enthusiast back again! When I moved to Woodridge, I envisioned a flourishing garden. However, my dream was quickly overshadowed by an overwhelming amount of unwanted weeds, and many of the plants and trees we lovingly planted struggled to survive. I've since learned that a healthy soil microbiome is the foundation of a thriving garden space.

While I believe that most unwanted vegetation can be transformed into useful garden amendments, some weeds can do more harm than good. In fact, the presence of these harmful weeds often indicates an unhealthy soil system. By adopting holistic approaches to soil health, we can improve the health of the plants and take back control of our gardens. I'm achieving this with my commercial steam weeding machine, followed by mulching, sowing living ground covers and applying foliar sprays. This method is yielding incredible results, creating soil rich in activity, reducing pests and diseases, retaining more water and attracting beneficial pollinators. If you require a weed management program to help with your garden space needs, conserve your time and energy, and allow you to focus on the aspects of your outdoor environment you enjoy most, Westcoast Steam Weeding can assist you.

Remember, taking control of weeds and nurturing your soil health are essential steps towards achieving the flourishing garden space you've always dreamed of.

Looking forward to connecting with you!

Selina 🧑‍🌾 🚚 🌱

Warm regards, Selina Wilson Owner and Operator
Westcoast Steam Weeding



St John's Ambulance
Lancelin & Coastal
District
(Woodridge sub branch)





Woodridge Horse and Pony Club News

This month, members of the Woodridge and Horseman's Pony Club embarked on a journey to the heart of the racing world - Ascot Racecourse.

This wasn't a day at the races; it was a deep dive into the life of a thoroughbred racehorse guided by ex-jockey and coach, John Claite.

We were privy to the rigorous apprentice program for budding jockeys, gaining insights into their demanding fitness and nutrition regimes.

One of the highlights was meeting Simon Miller and Neville Parnham, two renowned trainers. Their passion for the sport was evident, and they capably answered every question we put to them. We also had the privilege of meeting a few jockeys, the brave hearts who steer these magnificent creatures to the finish line.

Dressage theory and bio-mechanics

July's rally saw the return of **4* British Dressage Coach, Sue Morgan**, who capably coached prep, prelim, novice and elementary riders in dressage theory, including:

The training scale

How to improve your test

Mental preparation for a competition

To conclude the day **farrier, Sven Taggart**, gave a fabulous insight into understanding the bio-mechanical movement and training systems of our horses and ponies.

All welcome

Whether you have a horse or not, we invite you to join us at any of our events for a friendly chat over coffee. For membership inquiries or if you'd like to get involved, please feel free to email us at

woodridge.equestrian@yahoo.com

(Morag Gemmill)

Upcoming rally dates:

July	28th	Pony Club and Adult riders	8am
August	18th	Pony Club and Adult riders	8am
Sept	7th	Pony Club and Adult riders	8am
Oct	26th	Pony Club and Adult riders	8am
Nov	23rd	AGM	



Ascot Racecourse



Lower Coastal Community Association
meet quarterly.

Find out what is happening in YOUR area.

The last quarterly meeting was held in Redfield Park, we covered local events in the area and congratulated all the organisers of these wonderful fund raising and enjoyable events. Not forgetting the amazing volunteer organisers of all the local groups that are usually listed on the back page.

The main topic of conversation was **insurance** that all these people have to pay for. The LCCA asked Sue from Sovereign Hill and Sue from Woodridge to investigate if we can't all use the same broker and get a discount.

A lot of the local community associations have had their AGM's. We should all think about attending meetings when they are public to support these dedicated committees.

Anne Stroud secretary LCCA

CRAFT IN THE PARK (Redfield Park)



Drop in for a coffee and a chat at your local craft group, especially if you are new to our area.

Currently we are quilting, crocheting, knitting & cross stitch, but whatever craft you are interested in or working on bring it along, or we can help you learn a new skill.



We are a **Happy and Friendly** group that meet on the **1st & 3rd Friday** of the month from **10-2pm** BYO lunch.

106 Paperbark Ave., Redfield Park
(behind Moore Clothes)

**For more info, please call
Maureen on 9577 1669**

Lower Coastal **2024**

NEIGHBOURHOOD WATCH

14th August

please make a note of the date **7pm**

Ocean Farm Hall

Our local Police will report on all the current news and updates on what has been happening in our area

for further information contact:

Dot Branch 0429969889

supper provided after meeting

Hope to see you at the next meeting, lots of information from Lancelin Police and good news regarding Purple seats in support of Domestic Violence for women. Great supper after the meeting, everyone welcome, Hope to see you there

Cheers Dot 0429 969 889

Did you know what is available at Redfield Park 1st Aid Post??

We have 2 wheelchairs, 3 Walkers, a commode chair and a shower chair, Crutches and moon boots along with in house aids e.g., toilet frames to help people get up. Non wheeled walking frames.

They can be borrowed either short or long term or while waiting for the hospital to provide something permanent.

Redfield Park Volunteer

1st Aid Post

Call 0488 221 881

Address

106 Paperbark Ave
gabbadah WA



Available

24 hours a day



GUILDERTON BOWLING CLUB

Well once again the weather has not been kind to us. Really wanting the rain but can do without all the cold. Nothing stops the keen bowlers on and off the green rain or wind, but the sausage sizzle after the game is worth it all.



Great prizes for the winners and raffle, many thanks to our sponsor TRINITY MEATS, for many years of support to our Bowling club.

Scroungers every Sunday 2pm start.

Come along your chance to win a prize and new bowlers, there is always bowlers there for you.

Dates to remember SUNDAY 6TH OCT. OPENING DAY. FURTHER INFORMATION TO FOLLOW NEXT MONTH.

Keep warm stay safe Dot B 0429 969 889



Foodies Group

On the 3rd Thursday of each month we meet at Redfield Park Hall, enjoy good food, laughs and conversations.

We have a cooking

roster system and share all the recipes.

We would love to welcome some new members.

If you are keen give Julie a call on 0410 582 817

To find out more information

Another great picture from Red Hats when they visited Brown's Dairy in the new Community Bus.

Whatever Next!!!!



Country & Coast

Shire of Gingin News & Information

Welcome to New CEO

The Shire of Gingin is pleased to welcome **Mr Scott Wildgoose** as its new Chief Executive Officer for a term of three years, commencing 21 October 2024.

Mr Wildgoose, who is currently CEO for the Shire of Morawa, brings considerable local government experience to the role having also been in senior management positions for the Shire of Narembeen, and the Cities of Joondalup and Rockingham.

"Congratulations to Scott on his successful appointment," said Shire President, Cr Wayne Fewster.



"Councillors, Shire staff, and community are all looking forward to working with him, and we wish Scott every success in the role."

In the meantime, Council have appointed outgoing CEO Mr Aaron Cook to stay on in the capacity of Acting CEO until October.

Pay Your Rates Early & Win!

It's that time of year again and the Shire is pleased to offer all our ratepayers an opportunity to win one of 10 exciting early rates prize packages. Keep an eye out for your rate notice in early September which will provide more details. Making this initiative possible is the generous sponsorship of local businesses and the Shire.

Pictured below are the ten winners of last year's Early Rates Prize Night, with the major prize being \$5,000 cash.



Green Waste Kerbside Collection 2024 Scheduled for October

Residential and Rural Residential properties wishing to take advantage of the Shire's green waste kerbside collection service this year will need to have green waste placed on the verge by no later than **Monday 7 October 2024**.

For collection conditions and requirements visit: gingin.wa.gov.au/rubbish-bins-and-landfill.



Projects Update

This time of year has seen our Operations teams busy with numerous projects around the Shire.

The **Construction Crew** is currently undertaking their grading program, as well as verge spraying, slashing, and some gravel resheeting where needed.

They have also undertaken a facelift of the driveway and parking area of the Lancelin sporting complex in preparation for the Grand Final.

Our **Maintenance Crew** is continuing to work through drainage issues throughout the Shire, from Lancelin down to Gingin.



The **Parks & Garden Crew** is undertaking their verge spraying and slashing program throughout the Shire.

Even our **Operations Admin team**, Danica and Becky, have been lending a hand to the outside crews when needed. Pictured above is Danica helping to get fallen trees off the road following recent woolly weather.



Maintenance grading on Beermullah Road



Clean up of the Lancelin sporting complex parking area

Council Decisions

The following decisions were made by Council at the Shire July Ordinary Council Meeting:

- Revised CHRMAP - with respect to Item 12.2 Coastal Hazard Risk Management Adaptation Plan, cl. 5.10(4) of the Shire's Meeting Procedures Local Law prohibits Council from voting on any matter that is the subject of a petition presented to that meeting unless the matter is the subject of a report included in the agenda, and Council has considered the issues raised in the petition. A further report is to be presented at a future Council meeting.
- Development Application for Warehouse/Storage/Workshop & Office on Lot 53 (76) Sadler Road, Coonabidgee - *carried unanimously*.
- Development Application for Outbuilding on Lot 819 (69) Casserley Way, Lancelin - *alternative motion carried unanimously*.

More information on the decisions from this Council Meeting can be found in the Meeting Minutes which are available for viewing at gingin.wa.gov.au/council-meetings, or in person upon request at either the Gingin Administration Centre or Lancelin Office.



Photo Credit: jeans_Photos & @So Perth

Meet & Greet the New Community Development Team!

We are pleased to welcome the newest members of our Community Development & Services team. Joining our Community Services Officer **Olivia Forbes** (pictured below L-R) are **Andi Dackins**, Coordinator Community Development & Services and **Martina Meinen**, Community Grants & Services Officer.



Olivia, Andi and Martina will be hosting a Meet & Greet in Seabird on Tuesday 27 August and Gingin on Thursday 29 August (see **What's On in the Shire?** for times and venues).

They would love to have a chat with members of the community and hear ideas for Seniors Week coming up in November and any other community-related initiatives.

Light morning tea will be provided at both events, however you are most welcome to bring a cake or plate to share.

If you would like to attend, please RSVP by Friday 23 August to community@gingin.wa.gov.au or 9575 5100.

Seabird Designated Dog Areas

A reminder that dogs must be on leads at all times, unless in a designated Dog Exercise Area.



Even on a lead, dogs are not allowed in Dog Prohibited Areas.

Seabird has two Dog Exercise Areas: the sports oval on Chalon Ave, and the beach.

If you're in a dog off-lead / exercise area, you still need to maintain control of your dog, and ensure that your dog's recall is sufficient in case something happens.

Remember to always clean up after your dog and respect other people who might not necessarily want your fur-baby saying hi to them.

For further information and to view a map of all designated Dog Exercise Areas in the Shire, please visit: gingin.wa.gov.au/dogs

Seabird Beach Designated Vehicle Areas

Seabird only has one section of beach that is prohibited to vehicles.

It is between the intersection of Tulley View and McCormick Street to 130m south of the western termination of McCormick Street, being the extent of the seawall.

Registered vehicles are welcome on beaches north and south of this area however, always come prepared with recovery gear.



What's On in the Shire of Gingin?



Car Boot Sale - Red Robin Playgroup Woodridge

Sunday 4 August, 9am-2pm, Woodridge Park.

Medibank Live Better Van Visit

- **Lancelin:** Thursday 15 August, 8am-2pm, Wangaree Park carpark, Lancelin.
- **Gingin:** Friday 16 August, 8am-2pm, Granville Park carpark, Gingin.

Wills Infoession at Gingin CRC

Thursday 22 August, 10am-11am, 1A Lily King Place, Gingin.

Nutrition Farming Workshop Gingin

Friday 23 August, 8.30am-4.30pm, Bendigo Sports Complex Club Room, Gingin.

Meet & Greet the Community Development Team



- **Seabird:** Tuesday 27 August, 10am-12pm, Seabird Community Hall.
- **Gingin:** Thursday 29 August, 10am-12pm, Granville Civic Centre.



Nominations are now open for the **2025 Community Citizen of the Year Awards** which are presented on Australia Day, 26 January.

Nominating is the perfect opportunity to acknowledge those making an outstanding contribution to the Shire of Gingin community.

To nominate please visit citizenshipawards.com.au/nominate
Nominations close 31 October 2024.



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We all know that healthy relationships are beneficial, yet it's easy to overlook just how crucial our connections with others are for our well-being and our physical and mental health. Whether it's with partners, family, or friends, these relationships can provide emotional support, enhance our well-being, and contribute to our overall happiness. It's not about the number of friends you have or how many followers you accumulate on social media. What truly matters is how safe and supported you feel by the people in your life. It can be very easy to neglect our relationships amidst the hustle and bustle of everyday life.

Just the other day, I reached out to a friend I hadn't spoken to in a while and realized it had been over a year since we last talked! ☐☐ I'm sure many of us can relate to getting caught up in our day-to-day life, only to find that a significant amount of time has slipped away without spending meaningful one on one time with our partner or connecting with friends or family members.

It can be difficult maintaining meaningful relationships in our busy lives, but it is definitely achievable. Even if you can't spend a lot of time with the special people in your life, try and make sure that you are fully present so that the time you do spend together is focused and meaningful. Whether it's a heartfelt conversation, a shared meal, or a simple gesture of kindness, these focused interactions strengthen our connections and contribute to our well-being.

Until next month - Catherine



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Join us for our monthly
games day

WHEN Last Friday of the month
starting 10AM

WHERE: Guilderton Café

Lunch and Coffees available

Everyone welcome to join us
even if it's just for coffee



FREE
Jigsaw puzzle library
Moore Clothes
Redfield Park

We have a puzzle library/ exchange, free use for locals. It works best if you bring one to exchange. Donations of puzzles gladly accepted. Puzzles can be collected or swapped during Moore Clothes open hours. See separate advert



NOTES FROM SEABIRD

Seabird Photographic Competition

Entries are coming in and there are some pretty spectacular photos.

Full details are in last month's MR News or on Seabird Residents Facebook page.

Final date for submission is Sept 13 so still time to dig out those old photos or take some new ones.

Queries and entries

to treasurerseabirdpa@gmail.com

Coffee and craft

Last week saw three members learning to crochet, a few laughs all round!

All are welcome to join us, bringing your own craft activity, come and learn something new, share your skills or just come for a coffee and chat. We meet each Monday from 10am to 12 in the Seabird Hall. \$2 donation to cover coffee.

Seabird Progress Association –

Pot Luck Supper

Our evening was a great success. Fine food, drinks and fellowship. Wet and cold outside, but snug in the



hall. More evenings planned for the future.

Pergola upgrade

Work is currently being undertaken to the hall pergola to replace the shade cloth. This will make the outside area almost waterproof and more useable to members. Thanks Mike and SPA.

Tidy Towns Sustainability Communities Awards

We have entered Seabird in this competition, so all are encouraged to do your bit to make our town litter free and beautifully presented. Our areas are 'General Appearance' and 'Environmental Sustainability'

Vultures Golf Club

Seabird golfers are off to Kulin for their annual Claytons Cup in August.

The club championships will be getting underway in September.

New or casual players are always welcome. Play is on Monday, meet at the pub at 9.30am, for tee off at Ledge Point at 11am

Yoga

Meeting each Thursday at 5pm at the hall. Beginners welcome.

Device Advice

Meeting in Hall at 9am. Last Thursday of the month.

Bookclub

Seabird now has a bookclub. Meeting on second Tuesday of the month. Sharing thoughts about the title of the month and sharing a few wines of course!

*Regards
Claire Bentley*



GUILDERTON COUNTRY CLUB

School holidays are now behind us for another few weeks.

Hopefully with the start of spring a bit of warm weather will come our way although the rain has been very welcome.

As all our members will be aware, renewals went out a few weeks ago and are due to be paid. Send us an email or give us a call if you haven't received or need more information. Thank you to all that have already paid.

Our Asian and Indian menus are back up and running on Thursday evenings, fabulous prices and take away available.

Just a little note in advance, exciting things are happening in our kitchen soon, all will be revealed soon, keep up date on our Facebook page or when you pop in!

Upcoming

Wednesday's – Pool Comp & Pasta special's \$20

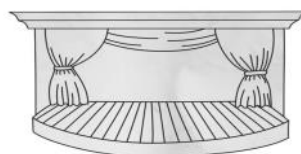
Thursday's – Darts & Indian/Asian takeaway (alternate weeks)

Friday's – Member's Draw

Saturday's – Meat raffle

Keep up to date via our website and Facebook page.

*See you all soon!
Janine Nellany-Rogers GCC Manager*



S.M.I.L.E

Moore

Smile is a small group of people that meet every 1st and 3rd Tuesday at 3.30pm at Sovereign House.

We Smile, Mime, Inspire, Laugh and Entertain.

Please contact Sue 0417 978 281.

Our motto is No talent Required just have some fun

MEET & GREET OUR

Community Development Team

Come and meet our Community Development Team:
Olivia, Andi and Martina!

**We would love to have a chat and hear your ideas for
the upcoming Seniors Week in November 2024.**

SEABIRD



Tuesday 27 August

10am - 12pm, Seabird Community Hall

GINGIN



Thursday 29 August

10am - 12pm, Granville Civic Centre



Light morning tea provided, bring a
bake or plate to share!

This is a **free event** and all members of the public
are welcome!

Please **RSVP by Friday 23 August by emailing**
community@gingin.wa.gov.au or phone 9575 5100



"But where shall wisdom be found? And where is the place of understanding? Man does not know its worth, and it is not found in the land of the living....

It cannot be bought for gold, and silver cannot be weighed as its price....It cannot be valued in the gold of Ophir, in precious onyx or sapphire. Gold and glass cannot equal it, nor can it be exchanged for jewels of fine gold.....God understands the way to it and he knows its place. For he looks to the ends of the earth and sees everything under the heavens.....And he said to man, 'Behold, the fear of the Lord, that is wisdom, and to turn away from evil is understanding.' (Job 28:12-13,15-18, 23-24, 28 English Standard Version)

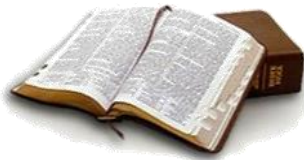
And behold, a lawyer stood up to put him to the test, saying, 'Teacher (Jesus), what shall I do to inherit eternal life? He said to him, What is written in the law? And how do you read it? And he answered, 'You shall love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind, and your neighbor as yourself. And he said to him, 'You have answered correctly: do this, and you will live.' (Luke 10:25-28 ESV).

'The end of the matter; all has been heard. Fear God and keep his commandments, for this is the whole duty of man. For God will bring every deed into judgment, with every secret thing, whether good or evil.' Ecclesiastes 12:13-14 ESV) "

MOORE PRAYER: We are very encouraged when we see the way in which God is answering our prayers. Should you have a need and would like us to pray for you, please feel to phone either:

Sue - 0419 035 777 or Judy - 0429 108 892

All requests are strictly confidential and God knows the answer to your need, t not always how we think it should be met, but in His purpose and plan for your life. He is a God of love, compassion and understanding.



DEMURE DAMSELS **RED HATTERS**

Demure Damsels is our group name, but the word demure means reserved, modest, and shy. At Zone Bowling there certainly wasn't many of those qualities showing though as Trish managed to trounce the rest of us. Much Yahooing, and cheers as strikes were made (even with the bumpers down!). Great fun followed by lunch at Brotzeit in Lakeside, Joondalup.

Our first outing for July was morning tea in Greenwood followed by a very entertaining tour of Brownes Dairy where we learned what a great local company Brownes is and such an asset to WA. There are many brands of milk, yoghurt, cheeses, etc, but Brownes are the only one whose products are all locally produced. Many of the other names in dairy products are actually from the Eastern

states. We were given a 'blind' tasting of some of their products, yogurt, custards, etc and found out too often we taste what the label says, not what our tastes buds say. Some of our ladies were also given a chance to milk "Belinda" who had



Annie has a go

come up from the farm for our tour. Fabulous day. Some of the ladies were a little disappointed in Morning Melodies which showcased the WA Opera Company. It was certainly quite different as we listened to some very modern opera arias all in English which is most unusual. Our last outing for July, once again we will go to 'Christmas in July' at "The Duke" in Carramar which has hosted us three times previously and 90% ladies have chosen to return. The "Naughty Santa" will definitely again be quite riotous.

In early August we are taking the local community bus to Kalamunda to watch the Kalamunda Players with a "John Denver" Special.



Late August sees us at South Perth as we tour the Old Mill Theatre, some of the readers may have seen this theatre of "Destination WA". We will be the first group ever to have a tour along with a visit to the South Perth Historical Society which is adjacent.

"Happiness is when what you think, what you say, and what you do are in harmony".

Mahatma Gandhi

Dianne Millar 0414-469-297

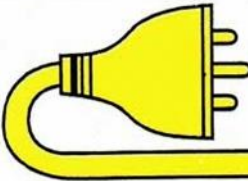
Red Robin Playgroup

Find out more about the magic of playgroup and connect with families in your community. Come along to discover the benefits and join in.

WHEN: Wednesday
TIME: 9:00am-11:00am
WHERE: Woodridge Community Hall
CONTACT: woodridgeplaygroup@hotmail.com

Car Boot Sale in Woodridge on Sunday August 4th 9am as reported in Shire News.

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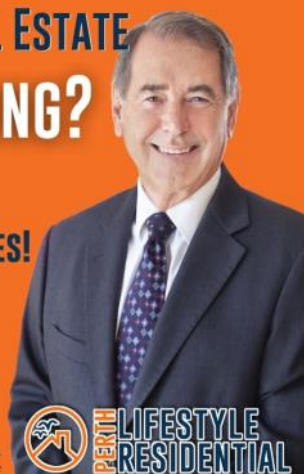
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Mango, Olive, Pomegranate, Quince, Walnut.
If you're not sure, get a professional to teach you
when and how much to prune. Some trees can
handle a heavy prune, others just want their height
controlled. If the buds are swollen, chances are it's
too late and you'll need to wait until after harvesting.
A good general rule to start when pruning fruit trees
is to follow the 3 D's - Dead, Diseased, and Dying/
Decayed, prune them out. Then look for crossovers
where branches may rub on each other, exposing the
cambium layer and risking disease, cut them
back. For Citrus look for Gall Wasp swelling and
prune before the swelling starts on the branch. If
your fig tree buds haven't started swelling yet, rub off
any scale that is left over from last year and spray
with an oil to prevent scale this season. For all trees,
cut the height down to make it easier to pick fruit and
keep you from having to climb ladders or the tree to
reach the fruit. Deciduous fruit trees like to be
opened to allow more sun and air into the centre, so
cut any branches pointing towards the centre. An
exception to this is plums. They like a little shading
in the centre. Feed after pruning to ensure the
nutrients are in the ground and ready when the plant
needs them. Citrus are heavy feeders and little and
often is usually the best way to go. Don't just rely on
manures, they don't contain enough potassium.
Alpaca manure has more than most, but lacks
phosphorus.
Plants need lots of nutrients. NPK (Nitrogen,
Phosphorus, Potassium) are talked about a lot, but

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aren't everything a plant needs. Tomatoes for
instance need calcium (crushed egg shells in the soil
at planting time) and boron in addition to all the
others. NPK is a good start though. Remember -
Nitrogen for leaves, **phosphorus** for roots and
blooms, **potassium** for all round plant
health. Different ratios are needed at different times
depending on what stage the plant is at.
Lawns - remove or spot spray any remaining Winter
weeds. Apply a pre-emergent to prevent Spring and
Early Summer weeds. Source any seed, top dressing,
and get any tools (Scarifier, dethatcher, scalper,
corer, etc...) serviced in preparation for any
renovation work you are planning on doing this
coming grow season, or book in your lawn renovation
with your local lawn professional. Coring and
spiking aeration tasks can be done any time or the
year.

Have a great August (Djilba) season in the garden
Nathan 🌿



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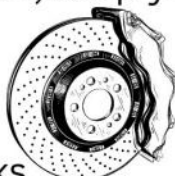
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Local activities had to be taken out this month. Please refer to past issues for information on the many groups and activities in our local area.

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