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Letters to the Editor

Letters to the Moore River News should have writer's name at the bottom. Name will be withheld if requested. We reserve the right to edit or refuse publications for reasons of legality or space. Preference will be given to letters under 250 words.

Please email your letters to: mrnews@iinet.net.au

Disclaimer

Any views, opinions and comments that may be read in the Moore River News are the express opinions and/or property of their individual authors.

They do not necessarily represent those of the Moore River News' volunteer team.

Correction from last issue

In last issue the phone number for the Guilderton & Districts Volunteer Bush Fire Brigade should be

0427 197 557.

Thank You Tiarna Nouwland Secretary Guilderton VBFB

Dear Editor

Did you know the Shire Gingin sent a letter to all rate payers asking them to complete a resident perception survey by the Friday 30th June 2023.

This survey is available on the website

Www.researchsolutions.com.au/2023/05/05/survey-competition-for-the-shire-of-gingin/

Any questions or want help please contact Nicky Munro on 9225 7772.

The Juniper Home & Community Care Survey is now available in print and copies at the following locations:

Gingin Shire Office, Lancelin Shire Office, Gingin CRC Lancelin CRC, Gingin Medical Centre and Lancelin Medical Centre

The hard copy version can also be downloaded from our website and printed, see link below: https://www.gingin.wa.gov.au/Profiles/gingin/Assets/ClientData/Images/News/Juniper_Home___Community_Care_Survey.pdf

Regards Sue H

Screaming Feet

If your feet are screaming at you refer to the last page of this issue (page 20) as you might need some Inner Calm Health and Wellbeing



What's On...

Mark your calendar or phone NOW!

Don't miss out on all the great
entertainment/activities in our local area!

Date	Time	Event	Place
3rd June	7pm	Country Club Rock Quiz	Guilderton
4th June	4.30 - 8.30pm	Lancelin night Markets	Wangaree Park
6th June	10am	Coffee and Craft	Seabird
10th June	10am	Garden Club	Sovereign Hill
10th June	9-12pm	St John's Shop Open	Woodridge
13th June	2pm	Moore Clothes reopening	Redfield Park
18th June	9.30- 12.30	Community Planting	Guilderton
19th June	10am	Coffee and Craft	Seabird
30th June	9 -12pm	Games Day	Redfield Park
9th July	2pm	Social Bowls	Guilderton
15th July	6.30pm	Moore Clothes Quiz	Woodridge Hall





CRAFTY PATCH / Quilting with Friends



As usual this month we have all been busy with our various craft projects, but we still had time to enjoy ourselves.

On the 2nd of May, Di Groucher had a very

special birthday, and we all helped her celebrate as we tucked into a delicious birthday cake. Hope that the rest of your day was enjoyable Di. Also, on the same day we enjoyed our twice yearly lunch day when we take turns to supply the food.

This month we enjoyed a variety of tasty pasta dishes followed by a selection of delectable sweets. Our ladies demonstrated that they are as talented in the kitchen as they are with their craft work. Thank you to the members who supplied the food.

By the time this goes to print, our Open Day held on 23 May will have come and gone. Hopefully it will be as successful a day as our previous Open Days but more news on that next month.

A suggestion has been made that other Coastal Craft Groups could join together once a month. We could make new friends and share ideas. We look forward to any suggestions from other groups on this idea.

The ladies who took part in the Mosaic Bottle workshop completed their bottle this month and the results are amazing. Well done ladies. Another workshop will be held on the 6 June. Julie will be teaching participants how to make pendants.

We said farewell to Mary Dandie who is retiring from Crafty Patch this month. Mary has been a very long serving and valuable member of the group but now lives too far away to attend on a regular basis.

We wish you all the best Mary. We will miss you.

Beth, Margaret, Patricia and the Crafty Patch ladies.

Lower Gingin Coastal Community Alliance

meet quarterly.
For more info ring
0428 188 011

Find out what is happening in YOUR area.

Moore Arts Council
Art & Craft Market



GUILDERTON VISITOR CENTRE

With winter approaching we look back at all the events that have been held in

Guilderton at Gabbadah Park over the summer months.

This lovely picturesque park was first proposed back in 1978. Discussions on legalities and design of the park were bandeid around for the next 11 years and it was not until October 1989 that any type of work actually commenced. The majority of the work was done by a very small band of dedicated volunteers. Gabbadah Park was officially opened by the then Shire President, Gavin Drew on 31st January 1993.

So it is thanks to those volunteers that we have this venue. This information has been extracted from John Prince's book "Secret No Longer". There are a few remaining copies at the Visitors Centre if you are interested in the history of Guilderton and the Community Association.

If you would like to help at the Visitors Centre, please give Linda a ring on 0414631273 for more information

MOORE CLOTHES INC.



Saturday July 15TH AT Woodridge Hall

DOORS OPEN 6.30 Eyes Down 7PM Sharp

\$10 PER Person (Tables of 8)

BYO Drinks & Nibbles



To book a table call Julie 0410582817 or Michelle 0400766565

TABLES TO BE PREPAID PRIOR
TO THE EVENT

Moore Clothes Inc.

Shop-106 Paperbark Ave

Redfield Park



See us on Facebook Moore Clothes Inc.

We would love to thank everyone for their support. We have filled up on our winter stock, so keep an eye on the shelves.

Our volunteers are preparing for our Shop makeover - **Moore clothes will be closed from 31st May until Tuesday 13th June** with our grand reopening - so during our closed period we will not be able to accept donations thank you.

May saw us with volunteers week celebrations (photos next Issue) - we could not achieve all we do without the wonderful helpers for Moore Clothes-Thank you all.

We will be hosting our annual **QUIZ NIGHT** fundraiser ,to be held **Saturday 15th July** (save the date) tables can be booked now, we would like to ask anyone who may be able to assist with prizes please send in /drop off items or call Julie on 0410582817 to discuss thank you ,-another fun filled night of activities planned

Thanks Julie

Moore Clothes is Open hours are

(closed from May 31st)

Tuesday 10 -12pm Thursday 2 -4pm Friday 2.30 - 4.30pm Saturday 10 - 12pm

Big Reopening Tuesday 13th June

S.M. i.L.E Moore

Smile is a small group of people that meet every second Tuesday at 3.pm at Sovereign House. We Smile, Mime, Inspire, Laugh and Entertain. Please contact Sue 0417 978 281.

Next Performance at Moore Clothes Fashion Parade and In February 2024 - Circus De Hill. Our motto is No talent Required just have some fun



Redfield Park
Last Friday of Every Month

9am - 12nooon

Coffee and Tea supplied for gold coin donation

Lower Coastal Games day All our readers are welcome.

Lots of laughs and train the brain.



AWBULA:

We are very delighted to honour one of our very own wonderful volunteers during WA Volunteer Week in May.

It was my privilege to award
Corinne Shields her Life
Membership following her
commitment to St John Ambulance
with over 25 years' service.
Congratulations & Thank you
Corinne, for your commitment to
our communities. Corinne was part

of the original team of Ambulance service volunteers when the service first commenced in Woodridge.

This was followed by a very enjoyable morning tea in Lancelin to celebrate Volunteers week & to witness the amazing transformation following renovations to the Lancelin Branch - Thank you to everyone for your contribution to finish the renovations.



We also mention another of our volunteers Barry Hull who was awarded his 5 year service pin earlier in May. Congratulations & thank you Barry.

Volunteers Week is to recognize all the wonderful legends & we say a huge THANK YOU. You go over & beyond for your community.

We would like to further welcome a couple of new recruits - **Fred & Luke** - we trust you will enjoy the team environment & comradery.

The Office at Woodridge will next be opened on Saturday morning **10th June 9am-12noon** Eftpos available.

Colin Gofton Chairperson Lancelin & Coastal District
Woodridge Sub Branch



IF YOU REQUIRE AN AMBULANCE RING O O

DOT'S GRADUATION

On the 24th of April,. Moore River Weight Watchers celebrated Dot Branchs' Graduation, as she had achieved her goal weight. We had a lovely dav at a café in Yokine, Mid-Century Café and Collectables, with 20 people attending,



including friends and family. A special friend and Secretary Federation WW, Sheila Overton, was able to attend, which was a lovely surprise to Dot. I would like to tell you a little bit about Dots achievements.

Over 28 years ago, Dot started this group, a division of Federation Weight Watchers, called Moore River Weight Watchers.

There were many members, some of whom have now sadly passed away. Dot built the club to a thriving membership holding weekly meetings in the old Guilderton Community Hall. This old hall has since been demolished and a new hall has replaced it, which was not suitable for our club.

Dot moved away from the group for some time to concentrate on other commitments. Our club was slowly shrinking, so Dot was approached and asked if she would come back to help us put some life into it. Which, after some persuasion, she did.

As we had now moved to Sovereign House, Dot returned and introduced more guest speakers, not only for WW but for all communities. We again experienced more of her drive and dedication.

Dot has now reached her goal weight and we can honestly say this is an example of persistence pays



off. For those of you who don't know, the rules to graduate are; members, after reaching their goal weight must maintain this for 12 weeks. This is a huge challenge, as if you miss a week you must start again. Dot managed to do this

(after 28yrs!!).

Dot is a born leader and although she still has other commitments, we are all very happy she decided to commit to MRWW.

Join in the fun, meet new friends join your local....MOORE RIVER WEIGHT WATCHERS





FREE Jigsaw puzzle library Moore Clothes Redfield Park

We have a puzzle library/ exchange, free use for locals. It works best if you bring one to exchange. Donations of puzzles gladly accepted. Puzzles can be collected or swapped during Moore Clothes open hours. See separate advert







GUILDERTON COUNTRY CLUB

ABN: 94 150 6

Welcome to everyone from all of us here at the Guilderton Country Club.

Well Rick and I have certainly had a busy few weeks here at the Guilderton Country Club! We have thoroughly enjoyed our first couple of months and hope all our members and visitors have too! Its great to see so many locals and lots of new faces as well.

Anzac Day was great day despite the wet weather! Our service was well attended as always, with special thanks to Tim Britten who kindly ran the service with help from our younger community members. After the service we had a full house for our big buffet breakfast and then teams of 4 headed out for the annual Diggers Cup. The teams enjoyed Golf, lunch and then bowls.

The country club has held the Golf Club's summer presentation evening, a special 70th Birthday party with live music and of course the very special Volunteers appreciation dinner!

As always, we love hosting your special events, we have lovely facilities here for you all to enjoy! Don't hesitate to contact us for your next party or get together! Our fabulous chef Mandy and her team love coming up with new special menus and options, and Rick, Mel and I love to see the club nice and busy!

Sunday's breakfast and all-day opening times have been well received, especially our warm and cosy fire pit out in the back area in the afternoons. We love that we can offer our members and visitors more options and longer opening times, please come down and support us especially over the winter months.

May also saw us hosting the biggest morning tea month long version, with yummy treats on sale for donations to the fabulous charity. Thankyou to everyone who donated treats for sale and to everyone that purchased them. We will update you all with the final figure raised next month.

What's Coming Up ...

WEDNESDAY'S – POOL COMPETITION (6.30pm) THURSDAY'S – PARMI & BEER/WINE NIGHT (5pm – 8pm)

FRIDAYS – MEMBER'S DRAW (7pm) SUNDAY'S – BREAKFAST & OPEN ALL DAY – FIRE PIT IN THE ARVO (weather dependant) LIVE MUSIC ROCK QUIZ – Saturday 3rd June 7pm – Bookings required (\$10 pp)

Club opening times

Mon & Tues - Closed Wed & Thurs. – 4pm till 10pm Friday's & Saturday's – 12 noon till late Sunday's – 8am – 8pm

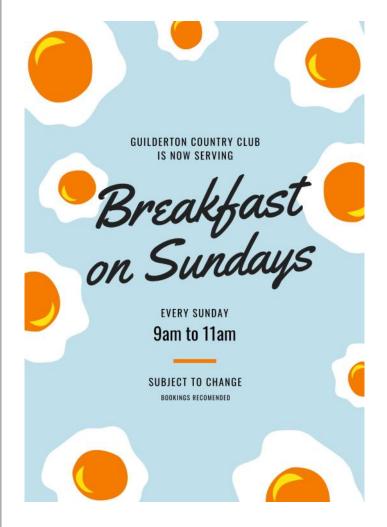
Well that's all for now! Don't forget to give us a call for all your dining and event needs by calling the club on 9577 1013 or by emailing us at guildertoncc@bigpond.com and watch out for event posters.

Remember the Guilderton Country Club can cater for all your functions as well and make sure you come in and see our new menu and yummy specials board that changes weekly.

Don't forget to get booked in for the Live music rock quiz!

Janine Nellany-Rogers GCC Manager







GOT TIME ON YOUR HANDS?

18 TO 85 YEARS YOUNG?

LIKE TO MIX WITH OTHER MEN JUST TO WHILE AWAY THE HOURS?

Men's Shed is for You!!

Drop into Guilderton, have a cuppa, relax.

We meet Tuesdays and Thursdays

9.00 am to 2.00 pm

Social Members - \$10 per year

Full Membership - \$40 per year

The Shed's visit to Whiteman Park on Tuesday May 2nd was a great day out, we had 12 members attend on a beautiful sunny day. We commenced with a tour of the tractor museum followed by a scrumptious BBQ lunch and Cheese cake, many thanks to Norm and others who organised the outing and in particular the Cheese Cake cook.



We finished the day with a tour of the Motor Museum and that was a real eye opener, if you haven't been, put it on your list, it will bring back lots of memories and is well worth a visit.



AGM for the Mens Shed will be on Sunday 9th July 2023 2pm Wedge Street Guilderton

On the lighter side-Never make a woman mad, they can remember things that haven't even happened yet. Two things to make your day better, Don't watch the news and stay off the bathroom scales

David Green 0407 684 518



Seabird News June 2023

Repairs to Sea Wall

The Gingin Shire has organised repairs to replace some rocks which had moved away from the Sea Wall. A skilled operator manoeuvred several large boulders back into place to continue to support the coastline. Seabird Progress Association has a



sub- committee looking into the feasibility of groynes to support the wall.

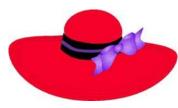
Sea Wall Vegetation

Recently SPA has organised spraying of weeds in the plantings along the sea wall. Contractors from 'Environment and Landscape Matters' completed the spraying over several days during April. The growth has been great with a few rare plants surviving, along with the regular coastal vegetation, which, with the weed control, should continue to flourish.



Coffee and Craft - all welcome,
Meeting dates for June Tuesday 6 June and Monday 19 June

Claire



DEMURE DAMSELS RED HATTERS

Detectives we are not! At the beginning of May on a splendid autumn day we tried the Detective Trail of

Perth walking here, there and everywhere throughout the central CBD looking for clues to solve the murder mystery. On the way we discovered things about Perth we didn't know, many places we didn't know existed! Finished off a great few hours with a lunch at 43 Below in Barrack Street.

Get a group together and try this out. 'Google' Detective Trails to see if you can find one to interest you, your family or your group. We will do another one next year, possibly Northbridge or Fremantle or perhaps even York!



32 ladies ventured out to lunch at the Pavilion Restaurant at Joondalup TAFE later mid-month. where This is hospitality students get the opportunity to practise their skills on the public at a most reasonable price to attending. those Well worth trying to make a booking for your group or

family (as you can imagine they are extremely busy though).

End of May will see us trying out our navigating skills on a short Car Rally around the northern suburbs of Perth. Wondering just how many of us will get lost before a shrug of the shoulders as we head to the designated morning tea or lunch location?

June activities include a Bunnings "How to do it" workshop and a morning in Sorrento when we attempt to learn how to play croquet as well as a tour of the SAS in Swanbourne. We will also visit WA Ballet in Maylands, the Perth Concert Hall, Government House and Parliament House coming up over the next few months.

If any of these activities seem like your cup of tea (or glass of wine) please call. Dianne Millar (0414-469-297) Demure Damsels Red Hat Group



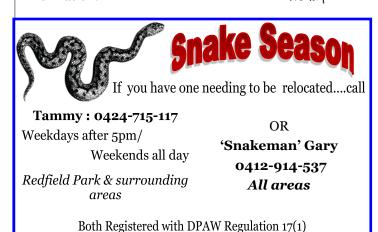


SOVEREIGN HILL GARDEN CLUB.

Our May meetings topic was Snakes. We were lucky enough to have our local Snake Catcher, Tammy, come along and give us a talk on the types of snakes common to our area. We also discussed some steps to take to avoid that unexpected encounter in the garden. One interesting tip was how to store those empty plastic flower pots. Select a suitable storage area, dig a pine post or metal stack into the soil and stack the pots upside down on them. Snakes like to curl up in the pots, so using this method alleviates the problem and also allows you to see what is lurking under the pots. Thanks Tammy, your talk was very much appreciated.

We went on to discuss just how many plants had the word snake or type of snake in their name. You would be surprised just how many there are.

Our next meeting will be on **Saturday 10th June** at Sovereign House commencing at 1.30pm The topic will be "**Fire Protection in our gardens**". If you would like to join us, please give Wendy a ring on 0429938232 for more information.





Sovereign Hill Crafty Witches Group

Winter is very fast approaching, more the right weather for knitting and indoor craft work now the nights are cooler/cold. Late May we had a table at the Crafty Patch Open Day morning tea. Hope you came along and enjoyed the morning tea as well as finding some interesting items, tried some of the activities, watched the demonstration or perhaps picked up one of the last copies of our Cookbook.

Can vou knit? Can crochet? Can you quilt? You will find these crafts at our amongst many others. If not we can create for you – perhaps a jacket for your dog for the cold winter months approaching.



Our group has decreased with ladies moving out of the area, we would welcome some new (young or old) members, come for a coffee and cake and meet our ladies on Monday mornings at Sovereign House from

Any enquiries please call Wendy on 0429-938-232 or Dianne on 0414-469-297.

Be happy and be kind. Wendy and Dianne Co-ordinators

Tel – 0414-469-297d

Sovereign Hill Crafty Witches Group Raising charitable funds each year.



GUILDERTON GOLF CLUB

Recently two of our valued Committee members, Roma and Richard Prince have retired from the Committee. Both have been hardworking and loyal supporters of the GGC over a long period of time.

While they will still be active golf club members, we wish them well in enjoying a bit more personal time.

Thanks for your efforts.

Thanks to Kevin Malone, Linda Johnson and Alan Wetherly for running the Diggers Cup. As always, it was a great fun day. Congratulations to the winners Phil Cook, Craig Hanlon and Paul Trainor.

RESULTS SATURDAY COMPETITION:

13th May (Stableford)

WINNER: Richard Prince 34 points RUNNER UP: Mike Cope 33 points

6th May (Stroke Competition) Phil Flavell net 69 WINNER:

RUNNER UP: Geoff Grant net 70

29th April (Stableford Competition) WINNER: Ron Jones 38 points RUNNER UP: Kevin Smith 37 points

22nd April (Par Bisque Competition) Mick Giles +10 WINNER: RUNNER UP: Nigel Daddow + 7

15th April (Stableford Competition) Brian Perrin 35 points WINNER: RUNNER UP: Richard Prince 31 points (OCB)



WEDNESDAY SCROUNGERS (9 holes of Stableford):

Always a good fun afternoon of golf!

10th May

WINNER: Richard Prince 18 points RUNNER UP: Abe Wright 17 points

3rd May

WINNER: Mike Cope 22 points RUNNER UP: Kevin Malone 19 points

26th April

WINNER: Martin Byrnes 21 points RUNNER UP: Brian Hicks 16 points

19th April

WINNER: Craig Devereux 19 points RUNNER UP: Kevin Malone 18 points

Ian Hastings

Secretary

Guilderton Golf Club Email: guildertongolfclub@gmail.com

Any alterations needed?

Mending etc etc done locally and a very quick turn around.

Call Anne on 0429 952 927.





- Musculoskeletal injuries
- Chronic diseases
- Mental health
- Health promotion and health education
- Increase quality of life by minimising falls

Ruth Coolican 0439 033 235

Email: contact@mindandmotionexercisetherapy.com.au



Inspiring Videos for National Volunteer Week 2023

From 15 - 21 May 2023, the Shire of Gingin celebrated all the volunteers who do such valuable work in our community.

With the support of Volunteering WA, our Community Services team produced a series of videos which tell the stories of a number of our very own volunteers.

We would like to thank Rob, Sylvia, Robin, Wendy and Harlan for sharing their stories and for being inspiring role models within our community.

If you would like to watch the videos, you can find them on the Shire of Gingin's Facebook page or Youtube channel.

Ever thought about getting involved as a volunteer? Why not get in touch with one of our community groups. Visit gingin.wa.gov.au/local-organisations-clubs-and-facilities.





Project Updates

Our Operations teams will be undertaking the following works and projects in the next couple of months.

- Guilderton Bowling Club gravel carpark upgrade including repositioning of the gate.
- · Topping up of soft fall in playgrounds throughout the Shire.
- · Planning the Moore River boardwalk repair in Guilderton.
- Removal of shade sails at the GOAS and Aquatic Centre for the winter season.
- · Tree pruning throughout the Shire.
- Commence GPS mapping of reticulation and irrigation solenoids, bores, meter boxes, and septic tanks throughout Shire.
- Continuation of grading and rolling of gravel roads throughout Shire.
- Test/tag electrical items, fire equipment checks, and maintenance, termite and pest control checks, and treatments to Shire buildings and assets.

Save the Dates!

Lancelin Night Market - Sunday 4 June 2023, 4:30pm - 8:30pm, Wangaree Park, Lancelin.

Becoming an Elected Council Member Forum – Wednesday 7 June, 6:00pm – 8:00pm, Department of Local Government, Sport and Cultural Industries Leederville Office, 246 Vincent Street Leederville.

Gingin Red Cross Morning Tea and Lawn Bowls - Thursday 1 June and Friday 9 June, 10:00am - 12:00pm, Gingin Bowling Club.

For more information on events in the Shire, please go to the Events Calendar on <code>gingin.wa.gov.au.</code>

If you have a community event to promote in the Shire, please email our Community Development Officer, Michaela White at cdo@gingin.wa.gov.au and we will include it on our Events Calendar and promote it on our Facebook page.



Honeycomb Standpipe - Temporary Closure

Please be advised that the Honeycomb standpipe, located on Honeycomb Rd in Gingin, is temporarily closed until further notice. Once the standpipe is operational again, we will provide an update.

In the meantime, users are asked to seek alternate sources for non-potable water collection, and we thank the community for your cooperation.

Sponsor in Focus - Bendigo Bank

Proudly supporting the Shire's Early Rates Incentive Scheme

On 25 March Bendigo Bank was pleased to organise and host a networking luncheon in Gingin to celebrate International Women's Day 2023. This year's theme was 'embracing equality' with a focus on women in business.

Community Bank
Gingin and Lancelin

🖁 Bendigo Bank

The event attracted over 80 attendees as

well as 12 local small business stall holders who held a mini market on the day. Guest speakers included Ashlee Harrison from Zero2Hero, 2022 Women's Lawyer of the Year Shayla Strapp, and several local business advisors from Business Local – Wheatbelt. Local musician Savanah Solomon provided entertainment and catering was supplied by a new local start up business.

The day was a huge success with proceeds donated to local Scouts group and Zero2Hero. Following on from this event there have been discussions on holding more networking sessions to support women in the Gingin Shire business community.





Celebrating Youth Week

Youth Week (14 - 22 April) celebrates the unique and important contribution that people aged 10 - 25 bring to the community, and this year the Shire was pleased to hold a number of events for our young people.

Youth Fun Day

This year's Youth Fun Day was held on Wednesday 19 April at Gabbadah Park in Guilderton, and the day was jam packed with activities, including the Game Vault trailer, Ninja obstacle course, live reptile handling, mechanical bucking bull ride, and free sausage sizzle cooked by the Guilderton Community Association.



Holyoake and the Bindoon Suicide Prevention team were also on-site having important conversations with youth about mental health and the harm of drug and alcohol use.

Barefoot Bowls



This inaugural event for youth over the age of 18 was a great success. Held at the the Gingin Bowling Club on Friday 21 April, club volunteers taught the group of mostly beginner bowlers a new bowling game called Jack Attack which allowed for a fun, friendly competition that was suitable for everyone's skill level.

While there were only a few shining examples of bowling finesse, a great time was had by all, with plenty of spot prizes and tasty food. Special thanks to Stephen Fewster and Steve Beckwith from the Gingin Bowling Club for facilitating the evening.

End of Season Pool Party

Youth Week finished off with a perfect blue-sky day for the end-of-season pool party at the Gingin Aquatic Centre on Saturday 22 April which consisted of lawn games, giant floaties, sausage sizzle, and lots of swimming.



Everyone enjoyed the visit from Walter and Wendy, the Watch Around Water mascots.

Unrestricted Burning Period in Effect

The Shire of Gingin entered its Unrestricted Burning period from 2 May to 30 September and permits to burn are not required during this time.

While there are no fire restrictions on burning during this period, we encourage everyone to be vigilant and responsible for their burns. This includes the good practise of letting neighbours know you are planning to burn, and registering your burn with DFES on 9395 9209.

Council Decisions

The following decisions were made by Council at the Shire's May Ordinary Council Meeting:

- Development approval for an expansion to the existing Extractive Industry (sand and limestone) on Lot 222 (280) Caraban Road, Caraban – approved by Council subject to conditions.
- Development approval for a Rural Industry (Wheat Milling Plant) at Lot 42 Hoy Road, Coonabidgee – approved by Council subject to conditions.
- Development approval for two (2) chalets on Lot 413 (598)
 Caraban Road, Caraban approved by Council subject to conditions.

In addition, 5 other items were presented to/deliberated by Council.

More information on the decisions from this Council meeting can be found in the Meeting Minutes which are available for viewing at gingin.wa.gov.au/council-meetings, or in person upon request at either the Gingin Administration Centre or Lancelin Office.

Community Consultation – Surveys Open!

We currently have **three** surveys open to the community – more information and links to each one can be found on the **Community Consultation page** of the Shire's website **gingin.wa.gov.au**.

Resident Perception Survey 2023

The Shire is now undertaking its Resident Perception Survey, results of which will help us plan for the future and inform our two-yearly review of the Shire's Strategic Community Plan. The Shire has engaged Research Solutions as an independent research company to administer the survey. This year, we are providing our community the option to complete either a long and short version of the survey.

Survey closing date - 30 June 2023.

Youth Survey for Parents, Guardians & People Who Work with Young People

We received many thoughtful and insightful responses to the recent Youth Survey, and now we want to hear from parents, guardians, grandparents, teachers, or anyone who interacts or works with individuals aged 10-25 years.

Survey closing date - 16 June 2023.

Juniper Home & Community Care Survey

Service provider of care, accommodation, and support services for older Western Australians – Juniper - is currently conducting a survey to gain a better understanding of the home and community care needs of residents living in the Shire of Gingin. They are keen to understand how many community members are accessing a Home Care Package or Commonwealth Support Program, as well as how many members need support but have not yet tried to access services. Survey closing date – 30 June 2023.



June Gardening Tasks

- Spray Citrus trees with elements including iron and magnesium
- Start checking for Citrus leaf miner and install CLM traps to help control the damage they do. Remove leaves damaged by citrus leaf miner to the bin or burn them.
- Transplant deciduous trees and shrubs
- Take hardwood cuttings of bare leafed shrubs
- Reduce watering of potted and indoor plants
- Watch for caterpillars on members of the cabbage family – cauliflowers, broccoli, brussel sprouts, rocket. Look for and squash caterpillars visible on foliage. Look hard! They can be green and very small, blending in near perfectly with the leaves. Look on both side of the leaves.
- Plant Rhubarb and Asparagus
- Plant roses
- Propagate Carnation cuttings (side shoots)
- Apply copper fungicide or similar to deciduous
- Dig over empty vegetable beds and enriched with blood and bone, or dynamic lifter
- Look and clean up scale infestation scrub off small infestations with a toothbrush dipped in white oil, spray heavy infestations with white oil and apply systemic insecticides targeting scale. Cut off badly damaged stems and leaves
- Apply liquid fertiliser to developing vegetables
- Plant potatoes, sweet potatoes, chives and shallots
- Apply rotted cow manure around roses
- Tip prune young sweet peas
- Plant last of Spring bulbs, including tulips and hvacinths
- Lawns hand pull weeds or spray when there is no rain forecast. Get them before they go to seed so it won't be as big of an issue next year. Keep an eye out for other pests eating the roots or leaves of lawn and treat as required

Veges to sow

Artichokes, asparagus, broad beans, cabbages, celery, cress, leek, lettuces, mustard, onions, peas, potatoes, rhubarb crowns, shallots, spinach

Nathan

Foodies Group

On the 3rd Thursday of each month we meet at Redfield Park Hall, enjoy good food and laughs/ conversations.

We have a cooking roster system and share all the recipes We would love to welcome some new members .

If you are keen give

Julie a call 0410582817

to find out more

information .

Visitors welcome.



GUILDERTON **BOWLING CLUB**

DON'T FORGET THE DATE, scroungers every **Sunday from 9th July,** everyone welcome,

Great afternoon of bowls, WIN A MEAT PACK., SAUSAGE SIZZLE AND REFRESHMENTS AFTER THE GAME, NON BOWLERS, (BOWLS AVAILABLE).

NEW MEMBERS ALWAYS WELCOME.

Call 0429969889 for further information.



EVERYONE WELCOME

Winter **Scroungers** every

SUNDAY

\$5 green fees

which includes a SAUSAGE SIZZLE

Drinks available at the bar.

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week

wins a meat pack

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until the end of September

Equipment provided

contact: Dot 0429969889 branchys@bigpond.com



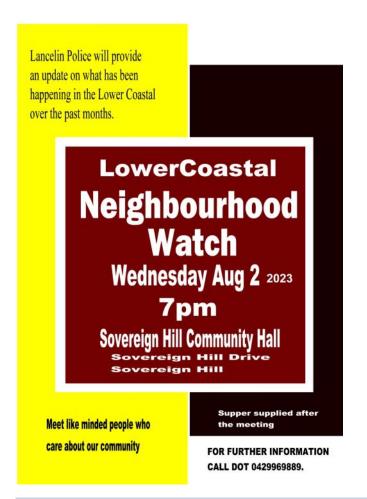
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We have **free** little libraries located at: *Redfield Park (106 Paperbark Ave),

*Woodridge Hall

*Guilderton Country Club

*Guilderton Beach (Toy Library)

* Sovereign Hill Community Centre

*Neergabby (cnr Military/Gingin

Brook Roads)

Come look through and see what good reads are there.



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For more information Call 0410-582-817 Or email: juliepolette1968@gmail.com



My name is Ruth Coolican. I am an Exercise Physiologist based at Gingin Medical Centre. I am the owner of Mind and Motion Exercise Therapy. As an Exercise Physiologist and mental health nurse, I manage conditions by assessing and providing exercise intervention to assist in the following area.

- \triangleright Musculoskeletal injuries
- Chronic diseases \triangleright
- Mental health \triangleright
- Health promotion and health education \triangleright
- Increase quality of life by minimising falls \triangleright

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Email: contact@mindandmotionexercisetherapy.com.au

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We are the Change Makers

#NVW2023 #TheChangeMakers



On Saturday the 20th of May the wonderful volunteers within the Lower Coastal Communities were treated to a meal, dessert and a thankyou gift (a pen) at the Guilderton Country Club as part of the celebration of National Volunteer Week.



This event was fully funded by a grant from



Lotterywest and Volunteering Australia and WA

This is the second year this event has taken place and was only possible due to the Lower Coastal Communities writing letters of support . The Grant application was submitted this year by Sovereign Hill Community Association and last year by the Woodridge Community Association.

Thank you to all the lower coastal associations for on going support of this event thank you Guilderton, Neergabby, Redfield Park , Seabird, Sovereign Hill and Woodridge. Volunteers and their partners represented 30 volunteer groups within the lower coastal communities. Each group listed below was asked to do a 1 min talk about their group. All groups could not operate without volunteers.

THANK YOU

Crafty Patch First Aid Post Garden Club Gingin West Volunteer Bush Fire Brigade **Guilderton Arts** Guilderton Bowling club **Guilderton Community Association** Guilderton Golf club Guilderton Library Guilderton VBFB **Guilderton Visitors Centre** Moore Clothes Moore Mens Shed Moore River News **Neergabby Community Association** Neighbourhood Watch Red Hatters



Red Robin Play Group Redfield Park Community Association Seabird Progress Association Shed Quitters

SMILE

Sovereign Hill Garden Club Sovereign Hill Community Association Sovereign Hill Crafty Witches Group St Johns Woodridge Sub Centre Weight Watchers

Woodridge Community Association

Huge thank you to Julie P, Courtney N and Sue H. These ladies liaised with the groups, sent invitations, set up on the night and did all those jobs that made the night a huge success.

Thank you to the Guilderton Country club and all the hard working staff for being so accommodating and working and keeping us all fed.

Every table was asked to write down some key points about why they volunteer, what are the positives and any comments. These will be collated and sent to the Volunteering WA.

Volunteers are Change Makers someone who takes action to make the world a better place.

They sure make our small community fantastic..
Here are some of the photos taken of the groups and speakers on the night. Refer next page for more think the smiles say it all. Everyone had to wear red..

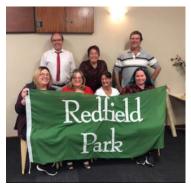
Regards Sue H

















Just a few photos of the awesome volunteers























Repentance from sin in our hearts and lives is the key that opens the door to our relationship with God, and forgiveness is the key that opens the door to our relationship with our fellow man. None of us can say that we are perfectly perfect! ' Consider King David who had Bathsheba's husband Uriah unobtrusively killed in battle so that he (David) could take Uriah's wife for himself! (2 Samuel 12&13). All sin is not necessarily obvious, but God sees the secret thoughts intents of our hearts and will ultimately reveal them because He is a God of justice. David's repentance was because he had offended both God and man. 'For I acknowledge my transgressions; and my sin is ever before me. Against thee, thee only, have I sinned, and done this evil in thy sight; that thou mightest be justified when thou speakest, and be clear when thou judgest.' (Psalm 51:3-4). And now consider the Lord's Prayer (Matthew 6:11-12,14) 'Give us this day our daily bread, and forgive us our debts as we forgive our debtors....For if ye forgive men their trespasses, your heavenly Father will also forgive you; but if ye forgive not men their trespasses, neither will your Father forgive your trespasses.' As Jesus said on the cross '...Father forgive them; for they know not what they do...' (Luke 23:34). We are all accountable, because one day we will all stand before the judgment seat of God, so as we appropriate the work of Calvary where Jesus shed His blood and paid the price for all of our sins, let us say 'Father, forgive me my sins, and please come into my heart and life that I might know your salvation and find forgiveness and peace'. 'For all have sinned, and come short of the the glory of God; being justified freely by his grace through the redemption that is in Christ Jesus: (Romans 3:23-24).MOORE PRAYER: As we gather together to pray, the needs around us are great, but thankfully we have a prayer answering God. He does not always answer the way that we think he should, but we know that he has a greater purpose and plan for our lives that we don't always understand. Sometimes He just wants to humble and prove us so that he can do us good in our latter end. (Deut 8:16) Therefore, we pray with faith, believing that God knows what is best for all of us. Please feel free to let us know of any needs that you may have and we will bring them before the throne of grace. Confidentiality is assured. You are welcome to join with us. Phone: 0419 035 777 or Judy - 0429 108 892



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WANTED - Rental Accommodation

I am a mature lady with two small dogs looking for accommodation in the area. This can be separate accommodation, house or farm sitting. References available. For further information please call Sandy on 0455558783.

REDFIELD PARK **QUILTERS**



We are looking for new members to join our craft group, all crafts welcome. Happy to teach our skills/knowledge. We meet on the 1st & 3rd Friday of each month from 10am till 2pm, BYO lunch. 106 Paperbark Ave Redfield Park. Call Maureen for more info 0417308998.

Maureen Pickering

Redfield Park Volunteer 1st Aid Post Call 0488 221 881

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Nadine Chambers, InnerCalm Health and Wellbeing

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FREE

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Local Activities

Monday 10.30am	Golf	Ledge Point
Mon 9.30	Craft Group	Sovereign Hill
Tues 9am	Crafty Patch	Woodridge
Sunday 8am	Breakfast	Guilderton
Tues 10-12	Moore Clothes	Redfield Park
Tues 9 -2pm	Moore Men's Shed	Guilderton
Mon or Tues al- ternate fortnight- ly 10-12 noon	Coffee and Craft	Seabird
Every 2nd Tues	SMILE Moore	Sovereign Hill
Wed 9 - 11am	Red Robin Playgroup	Woodridge
Each Wed	Golf Scroungers	Guilderton
Each Wed	Pool Competition	Guilderton
Each Wed	Weight Watchers	Sovereign Hill

Every other Wed	Demure Damsels (Red Hatters)	Various
Boery other wea		Outings
Each Thurs 2-4.30	Moore Clothes	Redfield Park
Each Thurs 9-2pm	Moore Men's shed	Guilderton
Each Fri 2.30-4.30	Moore Clothes	Redfield Park
1st & 3rd Fri/mthly	Shed Quilters	Redfield Park
Last Fri of the mth	Games Group	Redfield Park
Each Sat and Sun	Bowling	Guilderton
Each Sat	Golf Competition	Guilderton
Each Sat	Recycling	Woodridge
Each Sat 9.30-11.30	Library	Guilderton
Each Sat 10-12	Moore Clothes	Redfield Park
2nd Sat/mthly	Garden Club	Sovereign Hill

The printed Moore River News is distributed to PO Boxes in Woodridge, Guilderton Post Office, Seabird, and delivered to Sovereign Hill and Redfield Park properties.