MOORE RIVER FREE SOUS APRIL 2023

Send news, photos and classifieds to: <code>mrnews@iinet.net.au</code>

Deadline 20th of each month

Advertising enquiries to: advertising.mrnews@iinet.net.au See this issue IN COLOUR www.moorerivernews.com.au

EASTER FUN



GUILDERTON GOLF CLUB

EASTER FUNDRAISING STALL will be held on Saturday 8th April

- Homemade Cakes, Jams & Biscuits
- Raffle prizes
- Refreshments
- Sausage Sizzle

- General Bric-a-Brac
- Local Vegetables

The event will take place outside the Guilderton Country Club from 09:00 – 12:00.





Moore Arts Council Guilderton Art Exhibition and Sale

Easter Saturday 8th April ~ 9 am – 2 pm Guilderton Community Hall

Art by local artists, Photography of local interest, Sculpture, Mosaics, Ceramics, Jewellery and more.

Come and enjoy this popular annual event. Take home a piece of local art as a lasting memory.

Raffle with some donated art prizes!

Letters to the Editor

Letters to the Moore River News should have writer's name at the bottom. Name will be withheld if requested. We reserve the right to edit or refuse publications for reasons of legality or space. Preference will be given to letters under 250 words.

Please email your letters to: mrnews@iinet.net.au

Disclaimer

Any views, opinions and comments that may be read in the Moore River News are the express opinions and/or property of their individual authors.

They do not necessarily represent those of the Moore River News' volunteer team.

BIGGEST MORNING TEA:

Unfortunately, owing to lack of volunteers, there will be no Biggest Morning Tea this June as previously stated in the Moore River News. However, it will definitely be on again next year (2024). This will be a two yearly event.

Sue

Woodridge Community Association



The WCA meeting has been moved to 02/04/23 to accommodate the Easter long weekend but we're holding an Easter bonnet parade/competition with participation eggs for all the kids as well as some small prizes.

The categories are:

2-5 years

6-9 years

10-13 years

There is the normal free BBQ breakfast at 7:30 with the Easter parade at 9:00 and the public meeting at 9:30.

Courtney Nelson

Secretary

Woodridge Community Association Inc PO Box 2000, WOODRIDGE WA 6041

M: 0417 186 175

E: secretary@woodridgecommunityassociation.com.au



S.M.T.L.E

Mooræ

Smile is a small group of people that meet every 1st and 3rd Tuesday at 3.30pm at Sovereign House.

We Smile, Mime, Inspire, Laugh and Entertain.

Please contact Sue 0417 978 281.

Our motto is No talent Required just have some fun

What's On...

Mark your calendar or phone NOW!

Don't miss out on all the great
entertainment/activities in our local area!

	date	time	Event	Place
	2nd April	11.30am	Games and Lunch	Redfield Park Hall
	2nd April	From 7.30am	WCA breakfast, Easter parade + meeting	Woodridge Hall
	8th April	9am	Easter Art Show and Golf Club Trash and Treasure	Guilderton Country Club
	8th April	9am	Mens Shed Open Day	Guilderton Men's Shed
	8th April	4 - 7pm	Community Event	Gabbadah Park Guilderton
	10th April	10am	Arts and Crafts Market	Gabbadah Park Guilderton
	10th April	2pm	FOMRE AGM	Gabbadah Park Guilderton
	15th April	10am - 3pm	Lancelin Arts Festival	Wangaree Park Lancelin
	19th April	10am- 2pm	Youth Fun Day	Gabbadah Park Guilderton
	21st April	5.30- 9pm	Barefoot Bowls (18-35 yr olds)	Gingin Bowling Club
	25th April	7am	Anzac Day Dawn Service	Guilderton Country Club
	3rd May	7pm	Neighbourhood Watch	Seaview Park
	7th May		Festival of Small Halls	Lancelin
	23rd May		Crafty Patch Open Day	Woodridge Hall

Any alterations needed?

Mending etc etc done locally and a very quick turn around.





























Lancelin Police will provide an update on what has been happening in the Lower Coastal over the past months.

Coastal Neighbourhood Watch Wednesday May 3 2023 7.00pm

Seaview Park Community Hall Seaview Drive

Supper supplied after the meeting

FOR FURTHER INFORMATION CALL DOT 0429969889.





GOT TIME ON YOUR HANDS?

18 TO 85 YEARS YOUNG?

LIKE TO MIX WITH OTHER MEN JUST TO WHILE AWAY THE HOURS?

Men's Shed is for You!!

Drop into Guilderton, have a cuppa, relax.

We meet Tuesdays and Thursdays

9.00 am to 2.00 pm

Social Members - \$10 per year

Full Membership - \$40 per year

Plus a Gold Coin Donation on entry

MOORE MENS SHED

The Shed had a great visit to the Toodyay Men's Shed followed by lunch at the Cola Café. A great day out thanks to Norm.

Preparations are well under way for our Open Day on April 8th [Easter Weekend], so keep this date in your diary.

Our Lotto syndicate didn't win the 40 Mil unfortunately, so keep at it Shedders.

A group of members attended the funeral of Val Faulkner and what a beautiful occasion it was: the Faulkner family should feel very proud.

And for a bit of humour 'IF YOU'RE HAPPY AND YOU KNOW IT, IT'S YOUR MEDS' !!!!!!

David Green





Last month the Shire hosted a workshop to help local volunteers. One major point faced by most organisations was how to recruit volunteers. So the Moore River News is asking all sporting, social, community groups to write in to our new Column. "Volunteering". Tell us if you need a secretary or treasurer or indeed any job that you are finding difficult to find someone to do.

Then yes <u>You our readers write in and tell us that</u> you would like to volunteer, but have no idea what is needed. Indicate how many hours you could spare - annually, monthly or weekly.

Let me give you an example. Our very dear St John's.

Who makes the sandwiches? Who hoovers the floor? Who mans the emergency telephones? Who cleans the vans? Let alone who drives and takes care of the patients.

Community Associations need large committees to make sure the halls are kept clean, someone to invoice the hall renters, and cook the sausages for goodness sake!

So we need a list of jobs and a list of volunteers.

Anne Stroud

MOORE FRIENDS

Friends of Moore River Estuary Inc. PO Box 1007, GUILDERTON WA 6041 Email: lindabob@gmail.com https://guildertonwa.com.au

2023 Annual General Meeting

Monday 10th April 2023 – 2pm Gabbadah Park (Following the Art in the Park Event) Afternoon tea to follow

Please join us for FOMRE's 2023 Annual General Meeting.

A glorious time of the year at Moore River. Gather with us for a time of connection and direction.

Join the Friends of Moore River Estuary as we continue to champion the protection of the Moore River Estuary and to support our enduring opposition to the senseless proposal of urbanising the south side of Moore River.

New members are very welcome.

Current members particularly encouraged.

Lapsed members - we welcome your return.

RSVP AGM & Enquiries:

Linda Johnson – 0414 631 273 <u>lindabob@gmail.com</u> Diana Papenfus – 0407 906 620 <u>diana676@tpg.com.au</u>

NOMINATION FORM FOR THE ELECTION OF OFFICE BEARERS 2023

Position:	Name of Nominee:	
	Signature of nominee:	
Proposed by:	Signature:	
Seconded by:	Signature:	



We are currently recruiting new volunteers!! We have been for the last few months. This is a very rewarding experience and we at the Woodridge depot are part of a great Sub branch of Lancelin.

All training is provided. If you think you would like to assist in your community, we need you!!

Please contact us on 0400 195 885. Leave a message as the phone is not always monitored.

The office of St John Woodridge will be open on Saturday 15th April 2023 from 9am-12noon Eftpos available.

We congratulate three of our Volunteers who recently became EMA's - Emergency Medical Assistants- well done Phil, Paul & Kevin. You are legends and a great asset to the team.

> Colin Gofton Chairperson





















CRAFTY PATCH

Quilting with Friends





At the same time we all enjoy catching up with

our friends and having a good chat and a laugh each Tuesday 9am - 12noon.

We undertake a great variety of projects including knitting, crochet, embroidery, cross stitch, quilting, card making and scrapbooking.

Some of our members continue to donate knee rugs (photo below) to the charity 'Wheelchairs for Kids' and other ladies knit beanies for children in hospital.

On the 14 March some of our ladies started learning a new skill from Julie- How to make Mosaic Bottles. This involves fitting small pieces of different coloured glass around a bottle. They will continue to work on the project for two or three more Tuesdays so we will show photos of their completed work later.

We are starting to prepare for our upcoming OPEN DAY to be held on the 23rd May in the Woodridge Hall from 10.00 a.m. Our members will have beautiful work on display and for sale and there will also be demonstrations of various craft ideas. We will be serving a Devonshire tea. Entry cost \$5. Please keep this date in mind and come along. You will really enjoy the morning.

If you would like to pop along any Tuesday morning for a chat and maybe think about joining our group, we would love to see you and really make you welcome.

You might have a talent for a different type of craft, and we would love to see it.

Pat Parkin







Sovereign Hill Crafty Witches Group

We have had a few ladies holidaying this month, but we welcome Pamela from Sovereign Hill and Shirley from Woodridge to our group.

We are looking forward to our first quarterly luncheon outing, will have photos next MRN.

We have been busy preparing for our stall at the Moore Men's Shed Open Day on Easter Saturday. Do come along, we will be there along with Guilderton Library and their

vast array of books and Sovereign Hill Garden Club with lots of plants to buy.

We do have a few copies of our cookbook left, such a great gift for Mothers' Day with many of the recipes handed down through the generations.

Any enquiries please call Wendy on 0429-938-232 or Dianne on 0414-469-297. Be happy and be kind.

Wendy and Dianne **Co-ordinators**





GUILDERTON COUNTRY CLUB

ABN: 94 150 61

Hi to all our

members and visitors.

Welcome to new Club Manager, Janine Nellany-Rogers.

Janine probably needs little introduction to Club. the our members and the community. Janine is resident of Sovereign Hill, who knows the Country Club well, having served for six years as Club Secretary and we expecting exciting social future!

The St Patrick's Day celebrations gave us all an opportunity to

thank Jeremy Thomas for his twelve months service as Club Manager.

Easter is just round the corner with a big Saturday of activities around the Club.

·Moore Arts Exhibition in the Community Hall ·Golf Club Fundraiser – cakes, preserves, veggies, bric-a-brac and sausage sizzle

·Moore Mens Shed Open Day with Library book sales

The Country Club will be open 11am Easter Saturday for the thirsty volunteers and buyers!

Easter School holidays welcomes back Family Bingo on Thursday 13^{th} and 20^{th} April. Eyes down at 6.30. Table bookings appreciated.

Make sure you come on down at 7am to the Guilderton Anzac Day Dawn Service at the Country Club flag pole. Every year this seems to be better attended. Enjoy a hearty well priced Big Breakfast at the Club and then put your teams down for the Diggers Cup, a fun day of golf and bowls.

Please visit the Club Facebook site for up-to-date trading hours and special events. These will also be posted around the community.

> Bob Johnson GCC Secretary

Lower Gingin Coastal Community Alliance

meet quarterly.

For more info ring

0428 188 011

Find out what is happening in YOUR area.



Looking at the great scores below and the variety of names, clearly a lot of golfers are playing well.

We are looking forward to seeing you all at our Easter Saturday Stall. As said previously, we are happy to accept ANY donations. We will even pick them up from you! Please email us at guildertongolfclub@gmail.com if you can help us out with donations.

RESULTS

SATURDAY COMPETITION:

11th March (Stableford Competition)

WINNER: Linda Ellis 38 points RUNNER UP: Brian Perrin 36 points

5th March (Stroke Competition)

WINNER: Phil Flavell Net 69 RUNNER UP: Mick Giles Net 70

 25^{th} February: (Par Competition)

WINNER: Richard Prince +2
RUNNER UP: Kevin Smith +1

18th February (Stableford)

WINNER: Geoff Grant 36 points

RUNNER UP: Ron Jones 34 points (OCB)

WEDNESDAY SCROUNGERS (9 holes of Stableford):

Always a good fun afternoon of golf!

8th March

WINNER: Lynn Malone 20 points

RUNNER UP: Martin Byrnes 19 points (OCB)

 1^{st} March

WINNER: George Murray 18 points

RUNNER UP: Mick Giles 17 points (OCB)

22nd February

WINNER: Clive Ellis 21 points RUNNER UP: George Murray 16 points

15th February

WINNER: Mike Cope 19 points (OCB)

RUNNER UP: Lynn Malone 19 points

Ian Hastings

IF YOU REQUIRE AN AMBULANCE RING O O



Ledge Point Junior Off-Road Vehicle Area Open!

The Ledge Point Junior Off-Road Vehicle Area (LPJORVA) is now open for use by the public. The LPJORVA is a purpose-built area designed to accommodate two, three and four-wheel motorbikes.

There are two tracks: a junior riders' track and an advanced riders'



track. The tracks are intended for riders aged between 8 and 14 years.

The LPJORVA has safe directional signage to follow and allows for registered bikes and unlicensed riders to securely ride with adult supervision. Official opening date to be confirmed.

Community Grant Funding Period Extended to 14 April

Community groups who are still preparing grant applications for the 2023/24 funding round can breathe a little easier! The closing period has been extended to **Friday 14 April** which will give you a few more weeks to get your applications in.

If you have any queries, please contact our friendly Community Services team on 9575 5176 or grants@gingin.wa.gov.au.



Reminder for All New & Existing Cat Owners – Cat Act 2011

A reminder to cat owners concerning responsible control and management of your pet-there are **3 steps to follow** when your cat reaches six months of age. Your cat must be:

- 1. Microchipped
- 2. Sterilised, and
- 3. Registered with the Shire of Gingin.

Your cat is also required to wear a collar and registration tag to ensure they can be easily identified and returned to you if they become lost.

Guilderton Foreshore Food Vans

With the Foreshore Café currently closed, the Shire has arranged food vans to supply coffee, breakfast, lunch, and dinner at the Guilderton Foreshore throughout April.

Rates Reminder - Final Instalments

The Shire will be mailing **4th instalment reminders** this month for ratepayers who have selected this payment option. The payment due date is 20 April 2023. If you would like your Rate Notice sent to you via email, please send a request in writing to our Rates team at **mail@gingin.wa.gov.au**.

Please note that changes in ownership, executor information, address, or name information etc, needs to be submitted in writing (not over the phone) with supporting documents, if applicable. If you have any queries, please give our Rates team a call on 9575 5100.

Volunteer Promotions Project update

Thank you to all 150 respondents to the Volunteering Survey! The valuable data provided is being collated and will be shared with the community in the coming weeks.

Keep your eyes peeled this month for a short video that will be released which shares the **stories of five local volunteers**, their motivations to give back to the community and the enrichment they receive in return.

The video, along with the Expert Volunteer Workshops held on 18 February and 8 March, have been made possible through grant funding from Volunteering WA.





Photos: Community volunteers Robin Jacob from the Seabird Progress Association (left) and Harlan Auld from the Ocean Farms Bushfire Brigade (right) being interviewed and filmed for the volunteer

Youth Survey - are you 10 – 25 years old and live in the Shire of Gingin? Have your say and win!

We want to hear from the Gingin Shire youth about what matters to you and what new ideas you would like to see in your community. This survey will directly impact the events and projects the Shire undertakes over the next four years to support youth, so we encourage you to have your say.

The survey takes about 5 minutes to complete, and to thank you for your time you will go in the draw to win one of three \$50 EFTPOS vouchers. All survey responses will remain anonymous. **Survey closes Tuesday 9 May**.

Scan the QR code to participate:





Anzac Day Services Around the Shire Tuesday 25 April

Lancelin

Dawn Service - 5.45am at Harold Park followed by Gunfire Breakfast at 7.15am at Endeavour Tavern with 2 Up from 11.30am.

Gingin

Dawn March and Service followed by gunfire breakfast at Granville Hall. Meet at 6am at the Art & Craft Building, 11 Constable St.



Seabird

Dawn Service - 6am at Seabird Hall followed by light breakfast.

Guilderton

Dawn Service – 7am at Guilderton Country Club followed by cooked breakfast.

Youth Week Events

The Shire is pleased to be hosting two terrific **FREE** events for our young people in celebration of **Youth Week**.



Wednesday 19 April, 10am – 2pm at Gabbadah Park, Guilderton

Join us for a fun day out and experience reptile handling, gaming trailer, bucking bull, inflatable obstacle course, and more. Open to all ages.





Are you 18-35 years? Looking for something fun to do with friends that's a bit different? Why not try your hand at barefoot bowls!



For more details on both events, please go to **gingin.wa.gov.au/events** or the **Shire's Facebook page...** and don't forget to tell your friends!

Council Decisions

The following decisions were made by Council at the Shire's **March** Ordinary Council Meeting:

- Amendment to Terms of Reference for Local Emergency Management Committee — approved by Council.
- Request for change of reserve purpose and power to lease of Reserve 44225 Lancelin — approved by Council.
- Signs and Bill Posting Repeal Local Law 2023 approved by Council.
- Approval of unbudgeted expenditure of \$300,000 for urgent repairs to Old Granville Building (CU@Park) — supported by Council

In addition, 10 other items were presented to/deliberated by Council.

More details on the above items of business and any other matters from this meeting can be found in the Meeting Minutes which are available for viewing at <code>glngln.wa.gov.au/councll-meetings</code>, or in person upon request at either the Gingin Administration Centre or Lancelin Office.

Save the Dates!

Guilderton Easter Art Exhibition & Sale – Saturday 8 April, 9am-2pm, Guilderton Community Hall.

Guilderton Easter Fundraising Stall – Saturday 8 April, 9am-12noon, Guilderton Country Club.

Gingin Bowling Club Community Sporting Challenge – Friday 14 April, 5.30pm-9pm, Gingin Bowling Club.

Lancelin Arts Festival – Saturday 15 April, 10am-3pm, Wangaree Park

Youth Week Fun Day – Wednesday 19 April, 10am-2pm, Gabbadah Park in Guilderton.

Youth Week Barefoot Bowls – Friday 21 April, 5.30pm-9pm, Gingin Bowling Club.

End of Season Pool Party – Saturday 22 April, 10am onwards, Gingin Aquatic Centre.

Anzac Day – Tuesday 25 April – see previous article for details of a service near you.

For more information on these events, please go to the **Events** Calendar on gingin.wa.gov.au.

If you have a community event to promote in the Shire, please email our Community Development Officer, Mick Emmanuel at cdo@gingin.wa.gov.au and we will include it on our Events Calendar and promote it on our Facebook page.

Public Notices

Shire Office & Library Closures – Easter & Anzac Day Public Holidays

Please note the Gingin and Lancelin Shire Offices and Public Libraries will be closed for the following public holidays:

- Good Friday 7 April
- Easter Monday 10 April
- Anzac Day 25 April





(08) 9575 5100 mail@gingin.wa.gov.au PO Box 510, Gingin WA 6503 www.gingin.wa.gov.au



SOVEREIGN HILL GARDEN CLUB

This month we welcomed our newest member, Justine, who brings a wealth of knowledge to our group. Our March meeting was held at Lara's in

Woodridge. After a tour round Lara's garden everyone returned to the pergola for a discussion on just what was happening in each other's gardens. Topics included gas wand weeding, banksias, erecting a shade house, timing on planting and harvesting garlic, feedback on the Ocean Farm Wicking Bed workshop and much more.

We will not be holding our regular meeting in April as we will be having a plant stall at the Men's Shed Open Day in Guilderton on Saturday 8th April. The Garden Club along with the Guilderton Library will be conducting Children's Activity Workshops where they can plant out succulents in mugs and paint shapes. So come to Guilderton on Easter Saturday, there will be heaps of things to do – Country Club Swap Meet, Art Exhibition in the hall, MMS Open Day with the Library, Sovereign Hill Craft Group and Sovereign Hill Garden Club all having stalls. Then to top it off is the Music Event in Gabbadah Park.

If you are interested in joining our group contact Wendy on 0429938232.

Wendy





FREE Jigsaw puzzle library Moore Clothes Redfield Park

We have a puzzle library/ exchange, free use for locals. It works best if you bring one to exchange. Donations of puzzles gladly accepted.

Puzzles can be collected or swapped during Moore Clothes open hours. See separate advert

MONTHLY SCRIPTURE



"You, Lord, laid the foundation of the earth in the beginning, and the heavens are the work of your hands; they will perish, but you remain.....you are the same, and your years will have no end.,,,,Jesus Christ is the same yesterday and today and forever.' (Hebrews 1:10-11, 13:8). Because He never changes and is always the same, we can have confidence that He is always there for us. Therefore, you can invite Him into your heart and life because He has paid the price for all your sins and mine on the Cross: 'Surely he has borne our griefs and carried our sorrows; yet we esteemed him stricken, smitten by God, and afflicted. But he was pierced for our transgressions; he was crushed for our iniquities; upon him was the chastisement that brought us peace, and with his wounds we are healed. All we, like sheep, have gone astray; we have turned, everyone, to his own way; and the Lord has laid on him the iniquity of us all.' (Isaiah 53:4-6). Therefore, if we repent of our sins He will forgive us and His mercy and grace will abound toward us. Jesus said: 'Come to me all who labor and are heavy laden, and I will give you rest.' (Matthew 11:30). '..do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. (Philippians 4:6-7). (All Scripture references from English Standard Version).

MOORE PRAYER: We so look forward to our weekly prayer group get together where we can share our burdens, encourage one another and pray together for all the needs that have arisen since the previous week and beyond. Everything that is shared stays within the group and is confidential. You are welcome to join with us, and if you would like to contact us, please phone either:

Sue on 0419 035 777 or Judy on 0429 108 892.

Judith



DEMURE DAMSELS RED HATTERS

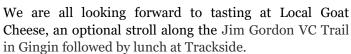
Not quite sure just how we



didn't all come home with a new puppy, dog or kitten after very а interesting tour of R.S.P.C.A. in Malaga. We know every one of those and cats dogs deserves a home, and those beautiful 6 week old puppies, those loving eyes! How did we resist? Although I think a

few of us had been told by our menfolk NO! Just NO! You must not come home with another animal.

Rouge was Moulin musical experience, we had ladies scattered the throughout Crown Theatre, and we all had an amazing day preceded by lunch The at Merryweather and drinks afterwards. It is so good to see Musical Theatre back in full after the past three years.



Our Black, White and Bling High tea at one of our ladies' homes in Kingsley will have us also celebrating the 80th birthday of one of our members; sure there will be the odd popping of corks that day which is being catered for by Tiffany's Catering. So looking forward to that in early April.

End of April has us at the first Morning Melodies of the year, Karen Knowles, who you might remember from Young Talent Time and Countdown. In 1990 Knowles joined <u>The Seekers</u>. In 1991, Knowles, along with the group's main songwriter <u>Bruce Woodley</u> and the National Boys Choir, recorded the song *I Am Australian*, a song which we all know.

We have a lunch at the pavilion Restaurant at TAFE, tour of the Concert Hall, Government House and Parliament House coming up as well as a Bunnings "How to do it" workshop and a morning when we attempt to learn how to play croquet.

If any of these activities seem like your cup of tea (or glass of wine) please call.

Dianne Millar (0414-469-297) Demure Damsels Red Hat Group Come and join us for the launch of the:

Moore River Estuary Adventure Kids - Nature Activities



Easter Monday 10 April

Craft Activities Art and Craft Markets @ Gabbadah Park Gordon St, Guilderton from 10am

















GUILDERTON VISITOR CENTRE

This Easter something very exciting is happening in Guilderton. On Easter Monday 10th April at the Arts and Crafts

Market in Gabbadah Park we will be launching a new Children's Nature Activity Booklet for Guilderton. This has been created by Kylie Payne, a very talented lady, who is the Community Landcare Coordinator for the Moore Catchment Council.

The booklet has been funded by the Natural Resource



Management Program. It contains 20 eco activities and experiences that can be done in the local area, with the star of the booking being Percy the Pelican. Once an activity has been completed in the booklet it can be taken to the Guilderton Visitor Centre, Roadhouse or General Store to be stamped. When you complete at least 10 adventures, you can become a Coastcare Hero and receive a certificate from the Visitors Centre.

Percy will be at the launch, so bring the kids to meet him and also join in the fun activities that will be available.

If you would like to join our little group, meet new people, learn about our local history then give Linda a ring on 0414631273.

Wendy

My Aged Care

Follow on after my Aged Care article last month:--

I am the first to admit that I know nothing after registering with Aged Care. However a reader has given me a few pages of literature which answers frequent Home Care Package questions.

Firstly it seems once you have approval of needing home care My Aged Care (MAC) will have a list of providers on their website. Customers can select three to compare prices. We of course have to be aware of which ones operate in our area.

A recent story from down in the South West gave me to believe they were few and far between. However I am sure the Shire know who operates in our Shire. It looks as if you get funding depending on what level the Government put you on. Then the service provider comes to you and finds out what you need. I am guessing gardening, and house cleaning to start with. Maybe personal care, social support and respite later on.

The people I have spoken to seem to be very pleased with the care they get and have chosen to stay in their homes, even though we live 40 minutes from a hospital and have no medical centre.

Plus I heard that the subject was part of the Annual Ratepayers meeting in Gingin in March. We live in hope. Would still love to hear from anyone who has gone through this experience and what to look out for. Please email mrnews@iinet.net.au

Anne Stroud



We have **free** little libraries located at:

- $*Redfield\ Park\ (106\ Paperbark\ Ave),$
- *Woodridge Hall
- *Guilderton Country Club
- *Guilderton Beach (Toy Library)
- * Sovereign Hill Community Centre
- *Neergabby (cnr Military/Gingin

Brook Roads)

Come look through and see what good reads are there.

REDFIELD PARK QUILTERS



We are looking for new members to join our craft group, all crafts welcome.

Happy to teach our skills/knowledge.

We meet on the 1st & 3rd Friday of each month from 10am till 2pm, BYO lunch.

106 Paperbark Ave Redfield Park.

Call Maureen for more info 0417308998.

Maureen Pickering

Moore Clothes Inc.

Shop-106 Paperbark Ave

Redfield Park



See us on Facebook Moore Clothes Inc.

We have had a busy month with our clothing swap and 7th birthday, always a reason to celebrate at Moore Clothes.

Thank you everyone again for your constant support.

We are now gearing up to bring in our winter stock, so keep an eye on the shelves.

We will be hosting our annual quiz night fundraiser, to be held Saturday 15th July. (save the date) We would like to ask anyone who may be able to assist with prizes to please send them in or drop them off at Moore Clothes. You could even call Julie on 0410582817 to discuss. Another fun filled night is planned so we hope to see you there.

Julie



RIVER WATER QUALITY: Friends of Moore River Estuary and Dept Water and Environmental Regulation conducted our quarterly water monitoring on Thursday 23rd March. We were joined by 8 TAFE students and their lecturer from Perth for an excellent morning testing the estuary water at our 5 sites; the mouth, by Silver Creek, by Diamond Island, by Woodridge and up into the farmlands; about 7km in all.

The estuary is quite full and all testing showed a healthy state of the water. We saw ducks, cormorants, herons, egrets, an osprey and a spoonbill as well as the usual gulls and terns on the sandbar. There is a little more green algae than usual, especially coating rocks near the mouth but this is probably due to the warm weather we have had.

Several paddlers were enjoying the day and not a powerboat passed us, as town was on a rest day.

We hope you're enjoying our lovely estuary too.

Linda

Good day gardening folk,

April, mid-Autumn this is a great time to get started on preparing for Winter and Spring. I get so excited I almost wet my plants!



Tasks for the month – Lawns – Start prepping for a new lawn. Only cut it when necessary. Lightly top dress and over-seed to give seedlings time to set and put their roots down before the next growing season. Autumn will bring the start of Wintergrass and those annoying broadleaf Winter weeds. Hopefully you applied pre-emergent last month to stop the weeds from coming up, however, if you haven't you'll need to be spraying and pulling weeds this month (and for the next few months) before they set seed to prevent next year's weeds. If you have weeds, ensure you have a catcher fitted on your mower to prevent any seeds from ending up back on the lawn to grow next year. Apply a higher potassium fertiliser lower in nitrogen to promote root growth and lawn general health.

- Tie in new shoots of rambling and climbing roses
- Lift and divide overcrowded iris
- Prepare for Winter plants by cleaning garden beds and prepping areas for bulb planting
- Start the joyous task of raking leaves as plants prepare for their Winter dormancy period
- Prep and plant natives, shrubs, roses, and any bare root stock you're able to salvage from neighbours, friends, or relatives
- Plant daffodils, fritillaries, and hyacinth. Hold off on tulips until late Autumn. Stagger planting for a longer flowering period
- Take cuttings of tender perennials such as fuchsias to prevent winter losses
- Re-pot cacti and succulents
- Harvest chillies, capsicums and eggplants if you haven't already
- Cover lettuces (although the last few years weather has extended lettuce growing times, so you may get a bit more sun yet)
- Plant out Spring cabbages stake if needed to prevent wind rock
- Put grease bands around trunks to prevent pests from crawling their way up
- · Sow green manure to suppress weeds and add

nutrients for Spring sowing

- Fertilise fruit trees little and often works well
- Harvest fruit, picking up any fallen on the ground to reduce/prevent fruit fly. Your fallen fruit affects your neighbours yield

Look to buy citrus leaf miner traps or apply a home remedy. Last year was a horrible year for citrus leaf miner with many local people being affected.

Veges – broad beans, cabbage, cauliflower, celery, onion, silver beet, broccoli.

Happy gardening everyone 😂 🛣

Nathan

Noongar seasons

<u>**Djeran**</u> - Autumn: April-May (Based on article from ABC)

Unlike the European calendar, there are six Noongar seasons in Western Australia's South West region. These are indicated by changes in local plants and animals.

Djeran season at last sees a break in the really hot weather. A key indicator of the change of season is the cool nights that once again bring a dewy presence for us to discover in the early mornings.

The winds will also change, especially in their intensity, with light breezes being the go and generally swinging from southerly directions (i.e. SE to SW). Many of those pesky flying ants can be seen cruising around in the light winds.

Djeran is a time of red flowers especially from the Red flowering gum (*Corimbia ficifolia*), as well as the smaller and more petite flowers of the Summer Flame (*Beaufortia aestiva*). As you travel around the area, you may also notice the red 'rust' and seed cones forming on the male and female Sheoaks (*Allocasuarina fraseriana*). Banksias start to display their flowers, ensuring that there are nectar food sources for the many small mammals and birds that rely upon them.

Traditionally, foods at this time of year included the seeds that had been collected and stored for treatment from the Zamia last season along with the root bulbs of the Yanget (Bullrushes), fresh water fish, frogs and turtles. As the season progresses, the nights will become cooler and damper along with some cool and rainy days before the deep wintery months to come (Makuru—season of fertility. Winter: June-July).

Dianne M

Foodies Group

On the 3rd Thursday of each month we meet at Redfield Park Hall, enjoy good food and laughs/conversations.

We have a cooking roster system and share all the recipes We would love to welcome some new members.

If you are keen give

Julie a call 0410582817

to find out more

information.

Visitors welcome.





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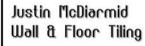
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COME AND JOIN THE FUN AND BAG YOURSELF A BARGAIN other local Community groups also involved



The Moore River News Team (photo above) enjoyed a "Thank you" dinner at Yanchep Inn recently. It is years since the team was treated to a thank you. Twenty years ago it used to be an annual event, but financial restraints have meant that we just had a homemade cake or a plate of biscuits at our Annual General Meeting for a while.

It was great to celebrate volunteering. Sue Hicks, Chesson Henshaw, Allan Wetherly, Lyn Norton, Julie Polette, Di Millar and Anne Stroud.

Following our plea to recruit some more help, we only had one reply. So come on, all it takes is to phone Anne on 0428 188011 and talk about your skills and how we could train you to be part of this great team. You only have to commit to one month a year. If after producing your first month (with massive amount of help) you didn't like it- you are off the hook! However we guarantee you will be hooked and look forward to the next year.

The Shire held a volunteer workshop in Woodridge in March, they are going to set up a page for volunteers on the Gingin Shire Website. Vacant jobs will be advertised and anyone looking to volunteer will register and Bingo, our sporting clubs, community associations, social clubs and of course the emergency services will have committee members or sandwich makers to choose from!

Volunteering is a sure way to make friends.

Hope you enjoy this issue of the Moore River News, it was produced by our newest member, Chesson in Guilderton.

Anne Stroud



Local Activities

Each Mon	Craft Group	Sovereign Hill
Each Tues	Crafty Patch	Woodridge
Each Tues	Social Darts	Woodridge
Each Tues 10-12	Moore Clothes	Redfield Park
Each Tues	Moore Men's Shed	Guilderton
1st & 3rd Tuesday	SMILE Moore	Sovereign Hill
Each Wed	Red Robin Playgroup	Woodridge
Each Wed	Golf Scroungers	Guilderton
Each Wed	Pool Competition	Guilderton
Each Wed	Weight Watchers	Sovereign Hill
Every other Wed	Demure Damsels (Red Hatters)	Various
Each Thursday	Dance	Woodridge

Each Thurs 2-4.30	Moore Clothes	Redfield Park
Each Thurs	Moore Men's shed	Guilderton
Each Thursday	Yoga	Woodridge
Each Fri 2.30-4.30	Moore Clothes	Redfield Park
1st & 3rd Fri/mthly	Shed Quilters	Redfield Park
Last Fri/mthly	Games Group	Redfield Park
Each Sat and Sun	Bowling	Guilderton
Each Sat	Golf Competition	Guilderton
Each Sat	Recycling	Woodridge
Each Sat 9.30-11.30	Library	Guilderton
Each Sat 10-12	Moore Clothes	Redfield Park
2nd Sat/mthly	Garden Club	Sovereign Hill

The printed Moore River News is distributed to PO Boxes in Woodridge, Guilderton Post Office, Seabird, and delivered to Sovereign Hill and Redfield Park properties.