

MOORE RIVER

FREE NEWS

October 2018

Send news, photos and classifieds to: mrnews@iinet.net.au

Advertising enquiries to: advertising.mrnews@iinet.net.au

Or place in silver letter box next to Woodridge PO Boxes | Deadline 20th of the month

View past colour issues and more at: www.moorerivernews.com.au



Act-Belong-Commit
Woodridge
Spring Fair
Sunday Nov 4th 9-3pm
Come & join us for a fun filled day
lots to see and do including:

- *Game Vault
- *Laser Tag
- *Climbing Wall
- *Bungy Swings
- *Giant Dart Board
- *Suitcase Circus
- *Lions Train
- *Music Wall
- *Bouncy House
- *Reptiles

***\$5 Wristbands All kids activities inclusive (excluding facepainting)**

- *Local Food & Craft Artisans
- *Entertainment
- *Food (Gf,Veg & Vegan options)
- *Talks & Demonstrations- Snakes, Bee keeping, Essential oils & more
- *Cash Only event
- *Swap meet starts 9am (New location Rear grassed area)

Letters to the Editor

Letters to the Moore River News should have writer's name (and phone number if written). Name will be withheld if requested. We reserve the right to edit or refuse publications for reasons of legality or space. Preference will be given to letters under 250 words. Please send your letters to: mrnews@iinet.net.au or via the silver letterbox at the Woodridge hall (no stamp required).

Disclaimer

Any views, opinions and comments that may be read in the Moore River News are the express opinions and/or property of their individual authors.

They do not necessarily represent those of the Moore River News volunteer team.



Guilderton and Districts' Volunteer Bush Fire Brigade would like to thank all the Amazing volunteers at Guilderton Community Library for the unbelievable donation of \$500 which will be used to go towards training. These funds are much appreciated as we come into the fire season. Thanking you.

*Carolee (Captain) & volunteers
Guilderton & Districts VBFB*

Every year St John holds a two-day conference at the Convention Centre. It is an amazing two days. It is a Thank You to all Ambos for their service throughout the year. There are guest speakers who bring a great deal of experiences to the days. Also any new equipment is on show and lots of people to chat to and learn. The helicopter is there as are any new ambulances, ie 4x4 and lots of quizzes throughout the two days.

This is a must go to for all officers. A very informative time well spent.

Anne Gault

SECRETARIAL

RESUMES ♦ LETTERS ♦ DOCUMENTS

All typing—including legal documentations, letters, family histories, audio tapes or handwritten notes,
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annemason7@bigpond.com | 0418 912 872

Anne's 7 Day Secretarial
Redfield Park

What's On...

Mark your calendar or phone NOW!

Don't miss out on all the great entertainment/activities in our local area!

(further details can be found in the diary on our website)

6th Oct	Moore Clothes Fashion Parade	Redfield Park
7th Oct	Guilderton Bowling Club Open Day	Guilderton
9th Oct	Grant Funding, Insurance & Liquor Licence Workshop	Woodridge Community Centre
10th Oct	Sov Hill Community Assoc Meeting	4pm Sovereign Hill House
11th Oct	Crown Casino Bus Outing	
14th Oct	Moore River Region Farmers' Market	Woodridge Community Centre
16th Oct	Stable Fly Action Group AGM	Granville Civic Centre Gingin
17th Oct	Weight Watchers Guest speaker - Dr Johnson	Sovereign Hill House
20-21 Oct	GARAGE SALE TRAIL	
25th Oct	Lower Coastal Residents Meeting	7pm Seabird
31st Oct	Halloween Party	Guilderton Country Club
4th Nov	Woodridge Spring Fair	Woodridge Community Centre
11th Nov	Centenary of Armistice Day	Seabird
24th Nov	Bacchus Wine & Cheese Night	Sovereign Hill House



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Or email: juliepolette1968@gmail.com

**Promoting
Healthy
Living**



Join in the
fun,
meet new
friends,
join your
local....

MOORE RIVER WEIGHT WATCHERS

Affiliated with WW Federation WA (Inc.)

**Wednesday morning 9am for 9.30am start
Sovereign Hill House**

Annual fee \$5.00/Weekly fee \$3.00

For more information phone 0413 818 955

Not much to report this month. Still a couple of members away on holidays.

Hopefully when the weather improves we will be having another bowls day on the Guilderton Greens. We welcome anyone to attend as this is not just for members.

I recently purchased a CD called 'Senior Stretch & Strength Chair Exercise'. I played it at one of our meetings and 5 members wanted a copy (which were duly ordered and they have now received). The exercises are all done sitting in a chair.

Please be reminded of a presentation we are hosting at Sovereign Hill Community Centre on the 17th October by Dr Johnson. This is such an important topic, "Mental Health" and how it impacts on all our lives directly or indirectly, as we have seen in the news. The flyer in this issue will give you all the information, date and times etc; and please ring me 0413 818 955 to let us know for catering purposes.

As always, if you feel like visiting us on a Wednesday morning please do. We don't have a magic wand, but what we do have is a small group of ladies who help and encourage each other.

Success is not final, failure is not fatal: it is the courage to continue that counts.

– Winston Churchill

Jae President MRWW

APOLOGY

Last month we thanked the wrong group for a very generous donation. It should have stated the Guilderton Library as donating \$500 to the Guilderton and Districts Volunteer Bush Fire Brigade.

*Katherine Williamson
Secretary
Guilderton & District VBFB*



GARDEN CLUB

August saw the Garden Club have a 'Do-your-own-thing' month. The wet weather we have been having has insured that the wildflowers throughout the State were a mass of colour, therefore, some of our members have been wildflower watching, some have travelled to Araluen to see the tulips and some to the Chittering Wildflower Festival.



However, October sees us all come together again to learn about grafting. If you would like to join us for this talk and demonstration then please contact Wendy on 0429 938 232 for more information.

Wendy



GUILDERTON VISITORS' CENTRE

With the arrival of Spring so is the warmer weather and with the warmer weather come the visitors to Guilderton. The Visitors' Centre which is located next to the Library on the riverfront reserve at Guilderton is gearing up for the busy periods to come. Our souvenirs, gifts, local produce and tourist brochures have all been restocked, so why not come down and check it out.

If you are the type of person who loves to meet new people and share your knowledge of the local area then why not think about volunteering, new helpers are always welcome. The Visitors' Centre is opened weekends, public and school holidays between 9.30am and 12.30pm and you can also find out more by going to our website: www.guildertonwa.com.au

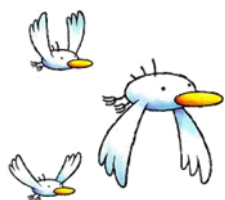
If helping out at the Visitors' Centre appeals to you - then give Linda a call on 0414 631 273.

Wendy

MOORE RIVER YOUTH GROUP



As people's situations have changed with work, health and personal lives, some of our Leaders have left. We are in need of someone to join our Leadership team to keep our Youth Group up an running. We would also like any parents who could help out - even if it is just **one night** a term. If you are interested or know someone that can be of assistance then please contact **Kimberley** on **0411 233 486**.



NOTES FROM SEABIRD

Thanks to a grant from the Dept of Veterans Affairs with support from Christian Porter, the Lancelin RSL and the Shire of Gingin, Seabird is about to construct a memorial to celebrate the centenary of Armistice Day. The plans have been drawn up and construction is about to commence. Labour will be provided by the community. On 11th of November, Seabird will host a community event to celebrate the centenary of Armistice Day.

The replant on the seawall appears to have been very successful with new plants benefitting from the recent rains, and existing plants forging ahead. We remind everyone to please stay off the wall and replanted dunes above it to enable plants to get established and the matting to last a little longer. It is also very damaging to drag kayaks, surf skis and sandboards across the area as this loosens the sand and can cause blowouts leading to serious erosion. Please help us to stabilise the area by completely staying off the replanted areas.

Seabird Progress Association was successful in obtaining a grant from the Shire for rebadging our town. Consequently, the signage at the entrance to the Seabird road will soon carry our new logo, a metal representation of the schooner, "Seabird", wrecked off our coast in 1897 and after which our town was named.

Regards
Carolyn
Seabird Progress Association Inc.



Red Hat Ladies

Our 2nd birthday party was at 'C' Revolving Restaurant. What a special day that was with gifts, an enormous birthday cake and a delightful meal along with stunning views. Heather, who is terrified of heights surprised us all by insisting she sat right next to the window, and thoroughly enjoyed the ever-changing views. The restaurant made us feel very special.

It was a cooler day for our bus trip to Araluen where most took the scenic train trip through the spectacular gardens. Don't leave it too late to go. Our last outing for September is to the Willie Creek outlet and guided tour at Barrack Street Jetty.

October sees our second mystery bus tour for the year, totally different than the last trip. We are also having lunch at the Pavilion Restaurant at the Joondalup TAFE when the hospitality students



demonstrate what they have learned. Always special.

Morning Melodies is at the end of October, for the Cilla Black Tribute, we have a big group going, lots of singing of familiar songs no doubt.

We are all about enjoying life with laughter and growing old with a twinkle or three in our life! Do check out our Facebook page – just look for Demure Damsels – you will find many photos there.

Our email address is ladyinred@iinet.net.au or call or message Dianne on 0414-469-297 for any further details on outings or on how you can join us.

Dianne Millar and Shelley Jung



The Car Boot – Pop Up shop event will be over by the time you read this. We do hope all the sellers had a successful day. We would like to thank the Moore Men's Shed and the Sovereign Hill Garden Club for their participation with the Sausage Sizzle and Cuppa and Cakes. The next one will be in the long weekend in March.

Events coming up:

Sat 24th November Bacchus Night. Bacchus is the Greek God of Wine (amongst other things). We will be holding a Wine & Cheese evening along with some great music by Rob West. Tickets \$10 only. There will be raffles, etc so **SAVE THIS DATE!**



Sun 2nd December Christmas Party for all (this year at Redfield Park). From 4.00pm.

Fri 21st December Judging of the Christmas Lights and 'Decorate your Gate' competitions. As we realise that many houses cannot be seen from the road we are also having a **Decorate Your Gate** Competition. More details in November MRN.

2019 We will be having a **quiz night** in March and other events, let us know what you would like to see.

Thank you to the Guilderton Fire Brigade for burning the huge bonfire; we took one look and thought, NO – this is a job for the professionals. Thank you to Carolee and Tammy.

Do come along to any of our meetings to get all the updates. We will have the next Meeting at **4pm Wednesday 10th October**. It would be great to see you there. We need to hear what concerns you have and would like us to take to the Shire.

Dianne Millar, Secretary
0414-469-297



Sovereign Hill Crafty Witches Group

You can always tell when it is winter – a number of our ladies have been taking in the warmer weather north! But not with idle hands. Many items have come back ready for our stall at the September Car Boot Sale in Sovereign Hill. We do hope you managed to get along to this and picked up some items. The knitted dolls are amazing and are picked up by families very quickly.

It was a sad day with Lesley moving closer to the city, we will miss her, but we have been assured she will be back to help our fundraising in April.

We would love to see some new faces on Mondays, do come and meet the ladies, we always have a cuppa ready just for you. We meet each Monday, (even public holidays) at 9.30 until midday, we have ladies knitting, crocheting, embroidery, etc, if you are not sure how to, come along, there is always someone ready to pass on their knowledge.

Call Dianne on 0414-469-297 or Wendy on 0429-938-232 for any details regarding our craft group.

Dianne and Wendy
Co-ordinators



St John's First Aid app & Bushfire Ready app

"Bushfire Ready" is a great community resource – local community groups assisted by DFES in identifying hazards, risk mitigation, bushfire plans and recovery management. Promotes individual responsibility in bushfire awareness and preparedness. Seek in DFES website!

ALSO

St John's has a great free app, it's called **"St John First Responder App"**.

Features:

- Specific first aid guides on how to manage an emergency
- 000 dialling with automatic GPS location
- Locate nearest medical centres and emergency departments – including live ED waiting time information
- CPR metronome audio with visual cues for chest compressions
- Nearest automated defibrillator locations
- Access to first aid tips
- Patient transport services information

It can be used to dial 000 and automatically sends the GPS location via the mobile to the responder for the ambulance so they can locate your exact location.

Currently it is set up for WA in terms of the location of defibrillators/emergency departments but the first aid guides will still be relevant in all locations.

The app looks like this:



The St John's website is also a wealth of information for first aid with PDF pages of instructions.

<https://www.stjohnambulance.com.au/online-resources/first-aid-information-and-resources>



Carol Flint
Office Assistant
Silver Chain Group



History of Men's Sheds in WA

The initial Men's Sheds in WA were promoted by the Department of Veterans' Affairs and established by RSLs and Vietnam Veterans Associations in 2002.

The Fremantle Community Men's Shed began in February 2005 and was the first in the Perth metropolitan area, which marks the explosion in the number of sheds that have been established throughout WA.

The Mukinbudin 1950s Working Farm Shed hosted the first WA men's shed conference in September 2009, which was attended by 140 delegates and led to the establishment of the Western Australian Men's Shed Association, which was renamed Men's Sheds of WA in 2017.

In June 2018, there were 180 Sheds in WA, including those being planned.

Gary Bryant, Executive Officer

Moore River Men's Shed

In early 2012 Alan Giblett, one of the early pioneers of Guilderton, rang me and ask if I would be interested in establishing a Men's Shed for the area. We decided to call a public meeting to see what the interest was in the area. Alan arranged for a venue while I arranged for WAMSA to send their Community Liaison Officer up to make a presentation. We had 40 people turn up and from that meeting had 14 men sign up immediately.



We formed a committee that comprised of:

President - David Rees

Vice President - Ken Nottle

Secretary - John Hakesley

Treasurer - Dean Brady

Committee - Maurie Sheehan, Phil Cook.

After four months, due to David's heavy work load, David Rees and I swapped roles and I have been President ever since up until the recent AGM.

Vice presidents since start have been Ken Nottle, David Rees, Laurie Crook, Ray Ferguson.

Secretaries since start have been John Hakesley, Tony Millar, Pat Ward, Norm Smith

Treasurers since start have been Dean Brady, Tony Millar, Norm Smith.

Various committee members have come and gone.

In the beginning we shared a small shed in Woodridge with the pony club. Although this was a place to gather it was not a very easy place to work because each day we had to shift trailers and other gear outside so as to have room to work. After about twelve months Kirk Dewar offered us the use

of his large shed up on the corner of Gingin Brook Road. We met at Kirk's shed each week on a Tuesday right through until our own shed was built.

We have had a number of grants to raise the money for what we now have. They have been from Lotteries West, Bendigo Bank (twice), Royalties for Regions, Gingin Shire, AMSA.

Ken Nottle

For further information re Moore River Men's Shed please contact Peter Winn, mobile 0428 495 511 or simply come down to the shed either Tuesdays or Thursdays when we meet.

The Monthly Scripture



"Seek the Lord while he may be found, call upon him while he is near.

Let the wicked forsake his way, and the unrighteous man his thoughts; and let him return unto the Lord, and he will have mercy upon him; and to our God, for he will abundantly pardon. For my thoughts are not your thoughts, neither are your ways my ways, says the Lord.

For as the heavens are higher than the earth, so are my ways higher than your ways, and my thoughts than your thoughts. Isaiah 55:6-8"

"For I know the thoughts that I think toward you, says the Lord, thoughts of peace, and not of evil, to give you an expected end. Then shall you call upon me and you shall go and pray unto me, and I will hearken unto you; and you shall seek me, and find me, when you shall search for me with all your heart. Jeremiah 29 11-13"

Judy deVries

Lower Coastal Residents Meeting

**Next meeting will be held in Seabird
on
October 25th at 7pm**

**IF YOU REQUIRE AN
AMBULANCE RING 000**



Voluntary Levy to Help Shire Combat Coastal Erosion

As part of its 2018-19 Annual Budget, the Shire of Gingin has included options for voluntary contributions from ratepayers toward combatting the detrimental impacts of coastal erosion, as well as Stable Fly and declared weeds in the region. Council has since received a number of questions regarding the levies, and the Shire would like to provide further clarification.

This year's rates notice includes an optional \$25 contribution toward a dedicated fund to help the Shire deal with any unbudgeted expenditure and emergency work arising from coastal inundation, as well as provide funds for necessary monitoring action and professional advice when required.

"Council currently has no financial resources at all to fight this issue," said Shire President, Sam Collard. "With an increasing amount of infrastructure under threat in certain areas of our coastline, it is imperative we start preparing financially for what may lie ahead."

"We realise that coastal erosion isn't an issue that directly affects everyone in the Shire, which is why we've made the levy voluntary. However, we hope that the value of our beautiful coast is recognised and appreciated by the majority of our community members - whether as a place to visit, have a holiday or to live - and is well worth fighting for."

"We are extremely grateful for the support of our communities to date and thank everyone in advance for their contributions. They will help us enormously."

Also this year, the Shire has amended its voluntary Stable Fly levy to include declared weed control. Funds currently raised via this levy pay for a Stable Fly inspector whose role has been to survey and audit properties with the potential to breed Stable Fly in the Gingin Shire region. This role will now be extended to include identification and control of declared weeds in the Shire such as Narrow Leaf Cotton Bush, African Love Grass and Doublegee.

The Shire of Gingin has again registered for the **Garage Sale Trail**, being held on the weekend of 20-21 October 2018. There is a cost to Council but not to individuals or groups organising a garage sale – any money you make you keep.

Details are available on their website.

If your group is interested in participating by way of planning a market/trash and treasure day or car boot sale please contact us on 9575 5138 or by email (mail@gingin.wa.gov.au).

Join the movement and choose to reuse!

Meredith Taylor

Corporate Communications & Marketing



MOORE CLOTHING

**Every Thursday from 2– 4.30 pm
Every Saturday from 10 am—12 pm
at the Redfield Park Community shed.**

Need help? Or know someone who does?

Please contact us, we are more than happy to help and care parcels can be collected. We accept donations of **good quality** clothing, footwear and bedding. Donations can be left at Redfield Park first aid post or dropped off while open on Thursdays & Saturdays.

We offer free coffee, cake and tea and would love you to pop in for a cuppa and a chat.

For more info call: Julie 0410 582 817

Julie

Activity is increasing at Moore Clothes with the date of our Fashion Parade getting closer. This year we will be holding it at Redfield Park so we can utilize both the Moore Clothes establishment and the Redfield Park Hall.

With 13 models, heaps of raffle prizes, a new 'clothes with tags' rack, a selection of dresses suitable for the high school balls, bric-a-brac, a silent auction and much more this will be our biggest show yet. Don't forget the date –

**SATURDAY 6th OCTOBER
commencing at 10am.**

Tickets are just \$7.00 (which includes morning tea), can be purchased from Woodridge Post Office and Moore Clothes.

Our volunteers will be cooking up a storm for the morning tea but if you would like to help out with donations of cakes or other delicacies these would be very much appreciated and Julie would love to hear from you.

Moore Clothes is opened each Thursday between 2 and 4.30pm and Saturday between 10 and 12 noon. Why not call in and have a chat and browse through our selection of clothes. For a small donation you can even pick yourself up a new spring wardrobe.

All surplus clothing is donated to various charity organisations throughout the State, so why not take the opportunity of cleaning out your wardrobe ready for Summer and dropping it off to Moore Clothes. Here it will be sorted and distributed accordingly.

Further information on Moore Clothes and the Fashion Parade can be obtained by phoning Julie on 0410 582 817.

Wendy



New Fire Danger Rating Signs Up and Ready

The Shire has recently installed **five** new Fire Danger Rating signs around the region in preparation for the summer bushfire season.

Each sign is solar powered and has two variable message boards.

The signs have been placed on:

- Mooliabeenee Road
- Brand Highway - south Airfield Road
- Brand Highway - north Orange Springs Road
- Indian Ocean Drive – north King Drive, Woodridge
- Indian Ocean Drive – south Ocean Place, Ocean Farm

The signs were made by the Electric Shed in Chittering at a cost of \$1,800 each.



Community Midwifery Services

Are you expecting a baby? Or hoping to start a family soon? Thanks to **WA Country Health Service**, western Wheatbelt towns – including Gingin, Lancelin and Bindoon - now have access to a community midwife.

Midwife Martha Simpson will work with your GP and/or birthing hospital to support you having a healthy pregnancy and baby. Services offered include:

- Coordinated antenatal care and support.
- Pregnancy education.
- Assistance with options and booking arrangements with your chosen birthing hospital.
- Postnatal support and liaison with Child Health Nurse.
- Assistance with referrals to other health care providers.



To organise an appointment with Martha please call 9561 0270 or 0429 946 659.

What's on in October...

Author Presentation - *The Laundry Girl: A Memoir of a Western Australian Girl* by Faye Bohling

Come along and hear Faye's extraordinary story.

When: Wednesday 3 October, 10.30am – 12.30pm

Where: Shire of Gingin Lancelin Office, Vins Way, Lancelin

RSVP: Lancelin Office 9575 5155

Light refreshments provided.



Moore Clothes - Spring Fashion Parade

Who doesn't love a fashion parade?

When: Saturday 6 October at 10.00am

Where: 106 Paperbark Ave, Redfield Park

Cost: \$7.00 includes morning tea

RSVP: Julie 0410 582 817

Enchanted Gardens Exhibition Opening

When: Friday 12 October, 10.00am – 12.00 noon

Where: Wangaree Community Centre, 131 Gingin Road, Lancelin

RSVP: DADAA 9655 2808

Lancelin Netball Courts Get a Makeover

Netball players rejoice! The netball courts next to the Sporting Complex in Lancelin have been resurfaced. Work was needed to replace the existing surface which was rough and unsuitable for play.

Sports Surfaces undertook the project at a total cost of \$12,056.



Toddler & Nursery Rhyme Time at Lancelin Library

Looking for something fun to do with your little ones?

Why not head down to the Lancelin Shire Office & Library for Toddler and Nursery Rhyme Time – **every Wednesday, 9.30am – 10.30am.**

For more information contact Lyn or Shana on 9575 5155.





communities making a difference
PLANNING FOR ACTION WORKSHOP SERIES

Free GRANT FUNDING, INSURANCE & LIQUOR LICENCE INFORMATION

Is your Community Organisation short of funds?

Are you confused about what Insurance you should have for you and your organisation's protection?

Want to no more about the How, When and What concerning Liquor Licences?

YES PLEASE!!!..

Attend this Free Shire of Gingin Information Session

When: TUESDAY, 9th OCTOBER 2018

Where: Choice of Venue and Time -

GINGIN – Granville Civic Centre 10 - 12noon

OR

WOODRIDGE - Woodridge Community Hall 2 - 4pm

What: Choice of Information session –

Grant Funding

OR

Insurance and Liquor Licences

***Please arrive 15 minutes prior to your session commencement time.*

Grant Funding Presenters:

Bendigo Bank
Shire of Gingin
Department of Sport and Recreation
Lotterywest

Insurance and Liquor Licence Presenters:

Lgis Insurance
Racing, Gaming and Liquor

For further information or to book please contact Shire of Gingin Community Development Officer **Helen Sutherland** on clubdev@gingin.wa.gov.au or call **0419 604 101**

***A bus is available to collect Upper Coastal attendees for the Woodridge session. Minimum numbers and prior bookings are required.*

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MOORE MOSAICS JULIE POLETTE WORKSHOP

Julie Polette's weekend workshop (25-26 August) was the third held by Moore Arts at the Guilderton Country Club this year.

We arrived to find an Aladdin's cave of tiles, jewellery, beads, buttons, glass tiles, baubles, in every colour which we proceeded to turn into dolphins, dragon flies, chameleons, mirror frames, and abstract mosaics, as well as house numbers, country scenes, flowers, owls, a butterfly, a wave and decorated bricks and flowerpot. Julie was generous with her knowledge and helped many of us who were novices to achieve beyond expectations.

A lot of the materials we used were recycled or end-of-line items, so we now know where to look for these items and going to the op shops will be much more fun in future.

[A big thank you to Julie for a very enjoyable weekend as well as to Wendy and Elizabeth for their assistance.](#) Thank you also to the Guilderton Country Club for their usual high standard of catering. It was a very social weekend for everyone involved.

These comments from a workshop participant reflect the views of the group:

"Thanks for a lovely weekend - I really enjoyed it and have the mosaics to prove it too. Really appreciate all the time and effort that goes into organising an event like this and hope it was successful from Moore Arts perspective, in addition to the obvious happiness of those attending. My favourite part of the weekend was the chats with fellow crafters, a chance to see someone else's perspective whilst learning new skills. I love being in that mental and physical space that is so different to everyday life. Julie did an amazing job, calming and positive, it's a lovely energy to be around".



Anne Gilkes



Silver Chain Lancelin Health Centre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Clinic opening hours are 9.00am - 12.30pm and 1.30pm - 4.30pm						
Clinic closed, Nurse on call	Clinic Open	Clinic Open	Clinic open alternate weeks	Clinic Open	Clinic Open	Clinic closed, Nurse on call
After hours						
Clinic closed, Nurse on call	Nurse on call	Nurse on call	Nurse on call	Nurse on call	Nurse on call	Clinic closed, Nurse on call

Operating Hours

Please note: Clinic will be closed on public holidays, however there will be a nurse on call.



THE STABLE FLY ACTION GROUP INC (SFAG)

ANNUAL GENERAL MEETING

Tuesday 16 October 2018

at

**GRANVILLE CIVIC CENTRE
GINGIN**

at 7.30 pm

**\$15 Annual Membership is due at the
AGM**

**MEMBERS! PLEASE BRING A PLATE OF
SUPPER TO SHARE**



CRAFTY PATCH NEWS

October will be a very busy month. As always, ladies have been busy; lots of sewing, knitting etc, etc, and lots of chatter about world events!!!

Our numbers have been down somewhat owing to some ladies travelling and some on sick leave. Hope to see everyone back soon.

A very rewarding project has come to our attention. "Share the Dignity". That is anyone with a hand bag they no longer want, if they can purchase some personal items (ie hand cream etc) - these go to ladies in need. They will be distributed to the necessary people, for those worse off, these will be a wonderful help. Please hand these in by November 20th.

Next month we will have our monthly Sandwich and Sweet Day on October 16th. We so look forward to these days.

October 9th - will be a shorter session as hall is pre-booked.

October 16th - another Floral Pour by Julie. A very interesting session. Anyone can come and watch.

October 30th - a Mystery Craft Crawl. These days are arranged by a couple of our ladies and we look forward to the surprise.

November 6th - Melbourne Cup Day. Everyone to come dressed well and must wear a HAT. Could even be a prize!!!

*"Friendship comes in many different ways but Boy!!!
Our Crafty Patch has it All!"*

Bev and Anne

CROWN OUTING OCT 11TH

*\$30 will supply you
with a Meal, Keno &
Crown Rewards
Vouchers and Transport
to the Crown Casino*






**Leaving Lancelin
8.30am
Leaving Crown Casino
3.30pm**

*To reserve your booking
please contact the
Lancelin CRC on 9655 2033*



**Lancelin Community Resource
& Visitor Information Centre**
117 Gingin Road
Lancelin WA 6046
Phone: 9655 2033
Email: crc@lancelin.net






MOORE RIVER NEWS

**Have you visited
our website?**

www.moorerivernews.com.au



Woodridge Social Darts

Thanks to Darties who kept darts going while I was having a wonderful 5 weeks in UK. And now it's Betty's turn to be in UK - we hope you have a great time also, and look forward to your return.

It was good to hear the adventures of Kim and Norman's trip and seeing the beautiful wild flower photos that was shown to us.

Thanks once again Kim for the always enjoyable sandwiches you make.

Here is a photo of men dart players long ago - Trevor, Tony, David D, Alan, John, Bill C, David C - Bill, David C and David D still playing now.



Darts Results: August 7th / 14th / 21st, Sept 4th / 11th / 18th

Winners: Brenda & Kevin / Betty & Kevin / Harry & Kim / Barbara & David C / Betty & Harry / Norman & Joyce

Runners up: Kim & Deb / Barbara & Ron / Brenda & Barbara / Brenda & Harry / Deb & Harry

Ladies High score: Kim 105 / Betty 92 / Joyce 100 / Joyce 113 / Deb 100 / Joyce 113

Men's High Score: Harry 140 / David C 100 / Ron 121 / Harry 103 / John 137 / Harry 140

Ladies High Peg: no high peg recorded

Men's High Peg: no high peg recorded

dartydot.com

All Welcome to join our mixed darts each Tuesday Night - 7 30 start. Entrance \$4.00, small prizes to be won, Lucky door, also light supper.

Players between the ages of 14-16 allowed to play but must be accompanied by responsible person

Till next month, Dartydot.com

GUILDERTON COMMUNITY LIBRARY

READ

open every Saturday 10am to 12noon
next to the caravan park



Lower Coastal Computer Sessions

9am - 11am @ Woodridge Hall

First Thursday of every month

Just \$4 to cover expenses

At our last session in September we touched on passwords, keeping a record of them all and how to hide them both on the computer and in that secret place in the house. We also discussed issues brought to the session by each of the group members....was another interesting and informative session.

Anne flew back to England after our September session and is having a wonderful time with her family. Both she & Deb will be away for our next session, however Dot will be back after a wonderful time back home with her family.

Our October session will be run by a combined effort of group members....should be another fun and informative morning. Please do come along - especially if you are experiencing technical issues with your computer, phone or tablet - after much discussion & google searching we generally find a solution.

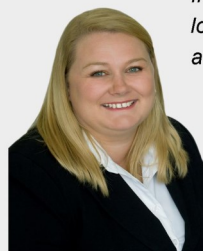
Deb Gowans

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Wednesday's @ the WOODRIDGE Hall (school term)



0-4 years

9.30am-11.30am

Red Robin Playgroup

Gold coin donation & fruit to share...

Music & Story Time



0-4 years

Red Robin Playgroup

MOORE RIVER WEIGHT WATCHERS

presents

**guest
speaker**

Dr Caroline Harris-Johnson

FAMILY SUICIDE

The death of children and parent suicide following separation is a puzzling offence which remains poorly understood



Dr Johnson's ground breaking research conducted here in Western Australia throws light on this terrible offence and suggests ways of reducing risk.

**Everybody welcome
(women and men)**

Wednesday
17th October 2018
10.30am

morning tea supplied

Dr Carolyn will make herself available for anyone that would like to talk to her personally

Sovereign Hill House

Sovereign Hill Drive
Sovereign Hill

phone **Jae**
for more information 0413818955

This is a very important Community meeting and we are desperately wanting to let everyone know how important it is that there is *always* someone to help if you feel the need. Sometimes one cannot help themselves on their own, so if we can even help one person through this meeting then it has been worth all our time to put this project together. Family and friends are very important to us all, sometimes it is hard to communicate for reasons unknown, BUT TO KNOW THERE IS ALWAYS SOMEONE TO LISTEN IN CRISES COULD HELP.

Dr Carolyn will be there to speak privately after the meeting if you wish.

Please come to this meeting. Light luncheon supplied after meeting.

Further info please call Dot 9577 1321 / 0429 963 889



GUILDERTON GOLF CLUB

Guilderton Golf Club has had a busy few weeks with the final round of the Club Championships and then the Central West 27-hole Championships at Badgingarra.

Firstly, on the home front last year's champs Phil and Margaret prevailed and carried their long streak of consecutive wins.

The results are:

Lady's Champion	Margaret Wetherly	88 & 79
Total	167	
Runner Up	Linda Johnson	108 & 103
Total	211	
Men's Champion	Phil Flavell	87 & 82
Total	169	
Runner Up	Stuart Morris	94 & 91
Total	185	
Lady's Best Nett	Sandra Gregorini	84 & 73
Total	157	
Runner Up	Maggie Schmiedte	88 & 74
Total	162	
Men's Best Nett	Bob Johnson	70 & 68
Total	138	
Runner Up	Nigel Daddow	78 & 76
Total	154	

Congratulations to all.

A team of five men headed to Badgingarra on the 9th September for the Central West. A snapshot of the results board highlights how well they all performed. Clive Ellis won the 27-hole nett event and Jack Ellis finished 3rd in the overall gross event. Luke finished

B JOHNSON	24	100/34	49	149	113	51	
S MORRIS	26	103/34	50	153	112	52	
J ELLIS	7	82/35	39	121	110	5	3 rd GROSS
L ELLIS	13	85	43	128	108	5	
C ELLIS	22	90		47	137	104	WIN 27H NETT

high on the nett scores and Stuart Morris and Bob Johnson finished with creditable scores in the stableford event. Clive could not be prouder of his two boys and described it as the best Father's Day ever. Well done team.

Good golfing to all members for the coming months.

Allan Wetherly
Secretary

HOLIDAYS

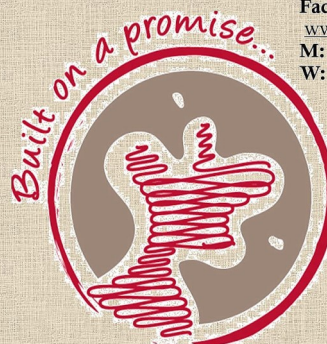
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more RIVER HOLIDAYS

Travel Less. See More.



The **Moore River Region Farmers' Market** is a community organised event and definitely a great way to catch up with friends, old & new, local and visiting to share a coffee or breakfast and enjoy our beautiful community grounds.

Mark it on your calendar to come down on the second Sunday of every month (except November) – sample the cakes and treats, donuts, plants and various produce, olives & oil, honey, candles, crafts.

Bring your favourite four-footed pal & take advantage of the dog wash service while there, or purchase some pet treats, accessories and/or get some Vet advice.

To further develop the markets and in an effort to get more farm produce available at the markets, local back-yard producers are encouraged to bring their excess back-yard produce along and join the *Community Stall*...(No fee).

For further information contact Shane on 0433 329 555, Susan on 0448 922 003 or Mariner on 0417 980 929. Alternatively, email markets@woodridgecommunityassociation.com.au

Susan Harrison



Guilderton & Districts VBFB



We have been busy having training nights over the last couple of months. We will also be training through the fire season. Firstly Guilderton & Gingin West participated in learning new call sign on the WAERN radios.

Then off to Cr James Morton's property when both brigades tested their 4 wheel drive skills. What a great day had by both brigades. All drivers - 14 in total - were very impressed with their new Hino trucks.

Guilderton and Gingin West train every 2nd Friday of the month at Redfield Park station. If interested, do come along and meet these amazing people who protect your community. Guilderton has now completed training and have 10 volunteers who have successfully done Structural Firefighting course. These dedicated volunteers have given up their weekend to do this training.

As a brigade we are extremely proud of their achievements.

Carolee (Captain & FCO)
Guilderton Districts VBFB



GUILDERTON COUNTRY CLUB

Welcome to everyone from all of us here at the Guilderton Country Club.

September has been a fantastic month with Father's Day celebrations and plenty of sport! The AFL and NRL Grand finals were hugely successful with fun had by all. We will bring you some photos in next month's copy.

Exciting news from our Country Club Kitchen, we have a new cook Beverley! Come down and show her our country club hospitality and say hi. She is settling in very well and keeping up our fantastic standard of food!

Our Meat raffles have also been a huge hit, provided by B&B Quality Meats at Yanchep and we will be continuing these through the spring and summer months. Keep updated with dates on our Facebook page, (Guilderton-Country Club).

September is always an important month for all members of the GCC as it hosts our Yearly Annual General Meeting. Next month we will reveal your new committee to hopefully take us on an exciting venture for the next 12 months!

What's Coming Up ...

Halloween Disco Party - This year we are going to let the kids go wild at a special Halloween Disco Party! Get the kids, both big and small all dressed up and watch them tire themselves out ready for a good night's sleep! See our poster and get your bookings in so we know how many kids we are catering for.

Melbourne Cup - Tuesday 6th November - Forget travelling into Perth to attend the races or another function, stay local and enjoy an exciting yet relaxing day at the Country Club. Come and see the club be transformed with the feel of being at the races, and after the big race, join in and enjoy our very own Guilderton Gallops! Call us to book a table now! Tables are booking up, and a poster will be available soon.

Flaming Galahs - Saturday 18th November - Remember watching Monty Cotton (Johnny Cash Tribute) or did you miss out? Don't miss these tickets! See the brand new show celebrating the music of Australia from hundreds of years ago to current hits! Monty Cotton and Adam 'Spaghetti Fingers' (upright bass and banjo!) will take us along a cracking Australian musical timeline with classics from Banjo Paterson, Slim Dusty, Hunters and Collectors, INXS, Powder finger, Vance Joy,

and more! Tickets are on sale now, just call the club to secure yours now! Free bus to and from is also available but bookings a must!

Kids Christmas Party - Sunday 16th December - Get this date in your diary now! More details to follow soon. Fun day had by all with a visit from Santa and lots of party food.

Club opening times

Mon & Tues - Closed

Wed & Thurs. - 4pm till 10pm

Friday's - 4pm till late

Saturday's - 12 noon till late

Sunday - 12 noon till 10pm

Well that's all for now! Don't forget to give us a call for all your dining and event needs by calling the club on 9577 1013 or by emailing us at guildertoncc@bigpond.com and watch out for event posters.

Remember the Guilderton Country Club can cater for all your functions as well and make sure you come in and see our new menu and yummy specials board that changes weekly.

Don't forget to get booked in for the events above!

Janine Nellany-Rogers
GCC Secretary



Classifieds

Has anyone got anything to sell, swap or buy??
Email: mrnews@iinet.net.au (for free!)
Or: Put note in the silver letter box next to the PO Boxes at Woodridge hall
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Guilderton Bowling Club



OPENING DAY

Members, Guests and New Bowlers welcome

Sunday 7th Oct 18

12.30pm for 1pm start



Cost: \$10 includes BBQ and salads

new bowlers welcome

come and enjoy an afternoon of bowls
and then join us at 4pm in the Community Hall for a BBQ and refreshments

AMBO SHED NEWS



Not a lot to report this MRNews - call-outs are down, which is great, means our folk are well!!!

We have a few officers away and have been down on numbers but have always managed to crew up for the calls.

Always a concern not having enough to crew up, that's why we always ask for everyone to consider becoming a volunteer. We will have a stall at the Spring Fair and will be giving a talk on snake and insect bites as well as selling the kits. Hopefully will also be doing blood pressure readings and blood sugar. Will be selling first aid kits at special prices. So come along and support your local Ambulance Service.

Anne Gault
Woodridge Ambo Crew

RESTRICTED BURING PERIOD 1

1 October 2018 - 21 November 2018
inclusive

A permit to burn is required for all burning during this time. Permits may be obtained from your local Fire Control Officer:

Seabird - Russell Kernahan.....0407 089 622

Guilderton/Sovereign Hill/Redfield Park

Carolee Peace.....9577 2108 / 0427 921 453

Woodridge - Colin Gofton.....0404 113 557

Refer to your "FIREBREAK ORDER" booklet recently supplied by the shire for further details.

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Third page 18 x 8.5cm/8.8 x 16.5cm	\$50 / issue
Half page 18.1 x 12.8cm	\$75 / issue
Full page 18 x 25.7cm	\$100 / issue
Advertising on website	\$40 / year

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These rates do not apply to local not-for-profit groups wanting to send in events and news—that remains free of charge—as does classified advertising, and should be sent to mrnews@iinet.net.au

Moore River News Website
www.moorerivernews.com.au

- View issues in colour •
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- See local businesses that support us •

Packages

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	\$385

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Back Page	\$100
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Regular events... *New and old participants are always welcomed*

Each Mon	Craft Group	Sovereign Hill	Each Thurs	Bowling	Guilderton
Each Mon	Youth Group	Woodridge	Each Thurs	Moore Clothes	Redfield Park
Each Tues	Crafty Patch	Woodridge	1st Thurs/mthly	Motorbike Club	Yanchep Inn
Each Tues	Social Darts	Woodridge	1st Thurs/mthly	Computer Group	Woodridge
Tues/Thurs	Moore Men's Shed	Guilderton	2nd Thurs/mthly	CWA meeting	Two Rocks
Each Wed	Red Robin Playgroup	Woodridge	1st & 3rd Fri	Shed Quilters	Redfield Park
Each Wed	Golf Scroungers	Guilderton	Last Fri/mthly	Games Group	Guilderton
Each Wed	Weight Watchers	Sovereign Hill	Each Sat	Library	Guilderton
Every other Wed	Demure Damsels (Red Hatters)	Various Outings	Each Sat	Golf Competition	Guilderton
1st Wed/mthly	Sun City Artists	Two Rocks	Each Sat	Moore Clothes	Redfield Park
Each Thurs	Yoga Wise	Woodridge	2nd Sat/mthly	Garden Club	Sovereign Hill
			2nd Sun/mthly	Moore River Regional Farmers' Market	Woodridge

The Moore River News is distributed to PO Boxes in Woodridge, Guilderton Post Office, Guilderton General Store, Seabird, and delivered to Sovereign Hill and Redfield Park properties.

720 copies are printed by Office Works, Joondalup