

MOORE RIVER

FREE NEWS

March 2018

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Letters to the Editor

Letters to the Moore River News should have writer's name (and phone number if written). Name will be withheld if requested. We reserve the right to edit or refuse publications for reasons of legality or space. Preference will be given to letters under 250 words. Please send your letters to: mrnews@iinet.net.au or via the silver letterbox at the Woodridge hall (no stamp required).

Disclaimer

Any views, opinions and comments that may be read in the Moore River News are the express opinions and/or property of their individual authors.

They do not necessarily represent those of the Moore River News volunteer team.

Dear Editor,
The Lancelin and Lions Travel Assistance is to be congratulated on the service they are giving to the community and outer areas. This service is a great help to many in the need to get to medical appointments in Joondalup, Yanchep or even Perth. I have used the service on four occasions and each time the drivers are very helpful and courteous. I felt very relaxed being driven to my appointments. Many thanks to all concerned for this wonderful service you are all giving. I sincerely recommend using this help that is there for those in need at a small cost.

Joan Matters

Our grateful thanks to the people who organised and worked at the Woodridge Australian Day breakfast 2018. It was really well done and thoroughly enjoyed by us and others. Thank you again.

Ann & Barry Wegner

HOW TO PREVENT AN ANXIETY ATTACK

Breathe deeply in through your nose and out through your mouth.

Slowly look around you and find

5 things you can see

4 things you can touch

3 things you can hear

2 things you can smell

(or 2 smells you like)

1 emotion you feel.

This is called grounding - it can help when you feel like you've gone too far in your head and lost all control of your surroundings.

Sue H

What's On...

Mark your calendar or phone NOW!

Don't miss out on all the great entertainment/activities in our local area!

(further details can be found in the diary on our website)

4th March	FOMRE AGM	Guilderton
4th March	Clean Up Day	Guilderton
11th March	Moore River Region Farmers Market	Woodridge
14th March	Woodridge Community Meeting	Guilderton
16th March	Worlds Greatest Shave	Guilderton
17th March	St Patrick's Day Party	Guilderton
19th March	St John's First Aid Course	Redfield Park
24th March	Johnny Cash Tribute	Guilderton
24th March	Arts In the Park	Gingin
24th / 25th March	Grass Sculpture Basket Weaving Workshop	Guilderton
25th March	Gingin Triathlon	Gingin
26th March	St John's Course	Redfield Park
30th March	Games Day	Guilderton
1st April	Car Boot Sale and Pop-Up Shop function.	Sovereign House
21st April	Sovereign Hill Street Party	Sovereign House
26th April	Lower Coastal Residents Meeting	Guilderton
28th April	Biggest Morning Tea for Cancer	Sovereign House
28th April	Casserole & Games Night	Redfield Park
29th April	Mini Golf Gala	Redfield Park

**IF YOU SEE SMOKE OR FLAMES
RING 000**

Woodridge Community Association



Progress is being made on the upgrade of the **tennis, basketball & netball courts** – in terms of equipment....we now have 3 tennis nets, rackets & balls on hand for use (contact Jenny on 0409 117 154 if you'd like to borrow any equipment), and are currently in negotiations for the acquisition of basketball backboards & rings.

Moore River Region Farmers Market: has been revitalised by positioning the stalls under shade for the summer months. Unfortunately due to family issues Patrossi fruit & veg were unable to attend last markets, however we look forward to their return next market day, 11th March. Please continue to support this local initiative.

This year, because Easter and the farmers market are so close together, we will be forgoing the Easter Market.

The lease for the Woodridge hall & grounds has been signed between the Shire & the WCA. Further details about this lease can be supplied at any public meeting.

There will be a **SPECIAL MEETING** held at the Woodridge hall on **Wednesday 14th March @ 6.45pm** to ratify the new Woodridge Community Association's revised constitution. We hope many of you have had an opportunity to review this revised constitution. A reminder it can be found at <http://woodridgecommunityassociation.com.au/about-us> & look for the pdf link. For those who do not have access to the internet there are hard-copies available from the hall during post office hours.

The WCA are currently under negotiations with the Shire over the **pond fencing**. The Shire are proposing to landscape around the pond & remove the fencing once landscaping is established. A sub-committee has been formed to undertake further talks with the Shire.

The Spring Fair committee is currently looking for committee members. This beloved event cannot be run by a few; so please put serious thought into being involved – after all 'many hands maketh light work'! Please contact Mariner (0417 980 929).

The Shire has agreed to move the **caravan turning signage** closer to the entrance to the hall parking area.



Next public meeting will be held on **Wednesday 11th April at 7pm** at the Woodridge hall.

This is your community; the more you contribute the stronger we become as a community.

Deb G

WOODRIDGE AMBULANCE



Hi all,

So far February has been a quiet and safe month for our community. The Ambo's have till now had less than ten callouts this month. However our newest member Barry Hull has been busy and already completed his level one training. Congratulations Barry, it is great to have you on board.

On a sad note Mohammad who has helped wash and clean the ambulance has had to move away. We thank him for his help and the amazing job he always did.

GUILDERTON FIRST RESPONDERS

Fantastic to see the interest in Guilderton to register with the 000 app-first responders. This app allows qualified first aiders to respond to close by emergencies where CPR and a defibrillator is required.

FIRST AID COURSES

We are running a first aid CPR refresher course 9:30 to 11:30 Monday 19/3/18 at 106 Paperbark Ave Redfield Park. This is a short skills based course. Anyone interested please speak to Abbie (Northam) Call St Johns on 6211613. Cost of \$49 which goes to our sub centre.

Also at Redfield Park the following week 26/3/18 we will run a provide first aid course (hltaid003) from 8:30-4:30. Cost is \$160. Anyone interested please speak to Abbie (Northam) Call St Johns on 6211613.

Please note there is a minimum number for both classes to run. If you require an evening or weekend course please phone Susy on 0447577001.

Cheers Woodridge Ambo's

WOODRIDGE CPA

Please be informed that the Woodridge PO box rental notifications will be arriving soon; or, if previously arranged, your email inbox.

Also, as we have a new staff member at the PO – Michael – ID will be required for parcel pickups and street mail.

Handy tip: when on-line shopping, always put your PO box number – just the number – in brackets after your street address for easier delivery processing when it arrives here in Woodridge.

Deb

POOL FENCING

We have been asked that anyone with questions or comments about the new swimming pool fence issue, that they should write/email to the Gingin Shire and Shane Love to voice these objections and concerns

Anne

Guilderton Mini Golf

The mini golf course, by the tennis courts, has just undergone a complete refurbishment. The Shire of Gingin provided the funding for the new synthetic turf and the new edges laid by Steve Nolan of Rhino Property Maintenance and Landscaping. The labour was provided by volunteer Country Club members and the new pinnacle obstacles were donated by Sean Lamprecht of Limestone Innovations.

A great community success story that is already attracting new players.



Some people in our community will remember the course being built some thirty years ago by Country Club members and being managed with the trampolines.



Hopefully the renovation will bring back many happy memories and new ones for future generations. There is no charge to play, bring your own putter & balls or putters are available for a deposit from the Guilderton Country Club during opening hours.

Linda



Wednesday's @ the WOODRIDGE Hall (school term)



Now is the time to place your requirements for 2018 advertising in the Moore River News.

Front Page —18 x 19cm	\$250 / issue
Front Page—Half 9 x 19cm/17 x 9.4cm	\$130 / issue
Back Page —18 x 15cm	\$100 / issue
Business Cards — 8.85 x 6.45cm	\$15 / issue
One-off internal adverts	
Third page 18 x 8.5cm/8.8 x 16.5cm	\$50 / issue
Half page 18.1 x 12.8cm	\$75 / issue
Full page 18 x 25.7cm	\$100 / issue
Advertising on website	\$40 / year

Please apply to
advertising.mrnews@iinet.net.au

These rates do not apply to local not-for-profit groups wanting to send in events and news—that remains free of charge—as does classified advertising, and should be sent to mrnews@iinet.net.au

Moore River News Website
www.moorerivernews.com.au

- View issues in colour •
- See the community diary •
- Register on the site •
- See local businesses that support us •

Special Packages

Front Page - Full	\$250
+ 11 Bus cards	\$165
	\$415
less package discount	\$30
	\$385

Front Page - Half	\$130
+ 11 Bus cards	\$165
	\$295
less package discount	\$15
	\$280

Back Page	\$100
+ 11 Bus cards	\$165
	\$265
less package discount	\$15
	\$250

The Moore River News is distributed to PO Boxes in Woodridge, Guilderton Post Office, Guilderton General Store, Seabird, and delivered to Sovereign Hill and Redfield Park properties.

710 copies are printed by Office Works, Joondalup



Woodridge Social Darts

The social darts that was played on Sunday 21st January was a big success the visitors were fantastic and lots of fun, bringing along with them plenty of food and their music. We were happy to join in with their sing along, Darties supplied sausage sizzle and cakes. it was nice to see everyone get in and assist with setup , Good on ya Harry for all the help you give.



Winners on the day were Dot & David Runners up Suzie & Terry 3rd Marina & Harry High scores Alo 125 Lia 98 Was nice to see Krystal stay for a while but was unable to play due to having her lovely baby daughter with her, it's good to see Krystal and Shannon are back with us again on Tuesday . Congratulations to Krysty & Shane on the birth of their beautiful daughter Zoe Olivia. Happy Birthdays for last month were Barbara and Norma .

Darts Results Jan 23rd / 30th / Feb 6th 13th

Winners, Joyce & Dot / Brenda & Dot / Brenda & Terry / Betty & David Runners up, Betty & David / Betty & David / Betty & David Joyce & Krystal Ladies High, score, Dot 104 / Betty 97 / Shirley 80 / Dot 85 / Betty 75 / Brenda 81 / Shirley 72 Krystal 95 Men's High Score, /Harry 114 / Terry 88 / David 114 / Harry 95 / David 133 / Harry 95

Ladies High Peg, Brenda 50

Men's High Peg, No high peg

All Welcome to join our mixed darts each Tuesday Night 7 30 start.

Entrance \$4.00 small prizes to be won Lucky door also light supper

Players between the ages of 14-16 allowed to play but must be accompanied by responsible person



Dot

Till next month Dartydot.com

CRAFTY PATCH NEWS

Some of the crafty patch ladies headed off for a Mystery Tour . We left early Monday, had a nice lunch in Bunbury at Back Beach Cafe (the food was great). Our next stop was Crafty Collections and later followed through to our accommodation . We stayed in 100 year old worker's cottages. Pizza at night followed by hilarious games causing noisy laughter. The following day we went to Gnomesville - and found the gnome we placed there 4 years ago.

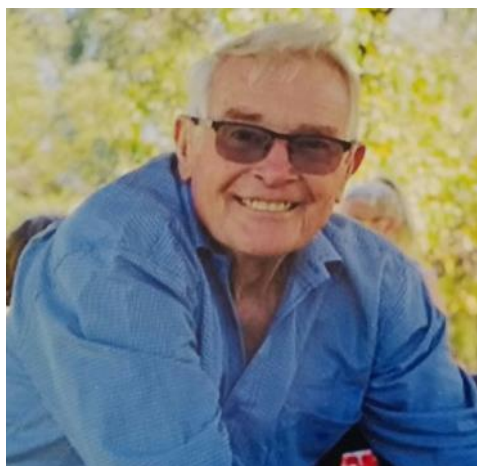


Then on to Wellington Dam (unable to get through due to road works) . We then had lunch at St Aiden's Winery and did some touring in the local



area. Wednesday the driver took us to some amazing sites overlooking Bunbury. We stopped at Harvey, Vineyard 28 and onto Ravenswood for a beautiful lunch at the tavern . What happens away is secret crafters business . A big thanks to Jim who drives us around and he commented that he finds us a very amusing group . This week all of us shared a delicious lunch on 20th to start raising funds for our next craft adventure. We meet Tuesdays morning at Woodridge 9-12 , come join us for a chat , laugh and a cuppa.

Terri ,Anne ,Julie

DAVE BOWYER

It is with sadness that we acknowledge the passing of David Bowyer, He was a founding member of the Sovereign Hill Community Association and provided many years of service on the Committee as Secretary and then Chair. During this time he lobbied the Council and local member of parliament with many new initiatives with the aim of benefiting the Community. He was instrumental in the development of Sovereign House and coordinating working bees. He was also a driving force in bringing the Community together and will be sadly missed.

Our deepest sympathy goes to Lesley and family.

Sovereign Hill Community Association

Christine Willey

Christine was a resident of Woodridge for 33yrs. She unexpectedly passed away at her new home in Yanchep, she never thought of it as home as she loved Woodridge and its community. Many friends come and go but remain friends forever.

Mum was a committee member of the WCA in the early years, youth club organiser and member, alongside her husband Ed (deceased) they built the youth club shed, next to the café in Woodridge. Mum donated and erected the pony club shed and organised the Gingin vet Peter Swift to come out for local appointments. Christine got the pony club up & running back in 1985.

Christine will be sadly missed, thank you for the community's support

Jackie, Shanae, Jacinta, Tahlia, Chloe Morris & family

ALLAN MISKELLY

Allan Miskelly lived in Redfield Park for 17 years and was very active within the community.

Allan was an active member of the local Guilderton Fire Brigade and also served as President and Secretary on the Redfield Park Community Association. He enjoyed helping people and voluntary work, he was very keen to try and get improved services for the local residents.

Allan was a keen golfer and played every week at Guilderton, until too unwell to continue.

Allan and his wife Jane moved closer to Perth a few years ago (due to ongoing health issues) but they really missed the area.

Allan passed away earlier this month.

He has been missed, our deepest sympathy to Jane and their families.

Julie & Redfield Park Community Assoc

Red Hat Ladies



Dianne



Our eye catching bags were completed in January as were our fold-up tables at Bunnings, we are now all becoming reasonably skilled in the use of the router, sanding belts, drills, etc. Painted or stained they will be the envy of others when we go picnicking. The fold-up tables hold a bottle of wine and two wine glasses with room for nibbles.

The February outing to Wheelchairs for Kids for a tour of the workshop. These volunteers make 350 wheelchairs for children less fortunate in third world countries and the Kimberley's. All components are new and all staff are volunteers. In just 20 years over 40,000 wheelchairs have been produced, including over 7,000 to Vietnam for children who are now being born without some limbs, due to the effects of Agent Orange used during the Vietnam conflict.

It is hard to put into words just how awe-inspiring this visit was, highly recommend a tour of the facilities by groups.

Please call if you would like the pattern for the bears to go with the chairs.

Our next outing is to Parliament House where we have a tour and morning tea with local politicians.

March outings include a trip to Cottesloe to see Sculptures by the Sea, and a Devonshire Tea at Teapots and Roses in Carramar.



Our email address is ladvinred@iinet.net.au or call Dianne on 9577-1430 or 0414-469-297
For any further details on outings or on how you can join our fun group.

Dianne



NOTICE TO ALL WOODRIDGE COMMUNITY MEMBERS

The Woodridge Community Association will be holding a
Special General Meeting on Wednesday 14 March at 6.45pm
at the Woodridge Community Hall.

The purpose of this meeting is to pass a special resolution to adopt the new Woodridge Community Association Constitution 2018.

The wording of the Special Resolution to be passed by 75% of members in attendance is:

“To accept the revised Woodridge Community Association Constitution 2018 as the constitution for the Woodridge Community Association.”

Please see this link (woodridgecommunityassociation.com.au) to view the Woodridge Community Association constitution for comment/alterations prior to this Special General Meeting.

(Hard copies of the constitution are available for viewing from the Woodridge Community Postal Agency.)

Recommendations or further information can be directed to Helen at throofplumbing@bigpond.com.au



GUILDERTON COUNTRY CLUB

We have had a very busy Month in February it's also looking like March is going to be incredibly busy as well.

What's coming up

World's Greatest Shave – Friday 16th March. We have signed up to host this great event for the Leukaemia Foundation. We are asking the whole community to get involved, we would love monetary donations for the cause and raffle items. Come down to the club between 5 and 8pm and join in on the fun. Children and adults can have your hair coloured for \$2, or have your head shaved for \$5! We will also be offering waxing for a donation. If you can help in any way or are part of a business or club/organisation, please get in touch. We would also love to hear from you if you're a beautician or hairdresser!

Visit our Team page here for donations <http://my.leukaemiafoundation.org.au/guildertoncountryclub>

St. Patrick's Day – Saturday 17th March. Get your green outfits on and join us at the club for our St. Patrick's day party! Special Menu for the day, you can grab yourself a Guinness or Kilkenny. We will also be holding our chase the leprechaun Get your tables booked now.

A Boy Named Cash – Saturday 24th March. (Apologies incorrect date was in the last MRN edition) A Johnny Cash tribute show performed by Monty Cotton. The evening will also have a special Tennessee menu. Tickets are just \$20. Ring the club to book your tickets as we are selling fast. Bus will be available if we have bookings for it.

Easter Weekends – Saturday 31st March and Sunday 1st April. Open on both the Saturday and Sunday, with an Easter raffle on the Saturday and hopefully a visit from the Easter bunny on the Sunday. Remember bookings for the Easter hunt are essential. Don't forget to come and join us on Wednesday evenings for our weekly pool comp! The prize pool is well worth it!

Club opening times

Labour Day Long Weekend – Monday 5th March Closed

Easter holidays

Good Friday – Closed

Saturday – 12 noon till late

Easter Sunday – 12 noon till 10pm

Easter Monday – Closed

Normal Opening Times

Monday and Tuesday Closed

Wednesday & Thursday 4pm till late, Meals 6 till 8.30pm

Friday 4pm till late, Meals 5 to 8.30pm

Saturday 12noon till late, Meals 12 to 2pm & 5 to 8.30pm

Sunday 12noon till 10pm, Meals 12 to 2pm & 5 to 8.30pm

Please ensure you get your bookings in for the events above either by calling the club on 9577 1013 or by emailing us at guildertoncc@bigpond.com Also join our Facebook page Guilderton-Country Club to keep up to date with everything happening here at the club.

Janine Nellany-Rogers

Meadow Hay Workshop A Weekend Creative Workshop with WA State Living Treasure Nalda Searles

Date: 24-25 March 2018

**Location: Guilderton Country Club,
Wedge Street, Guilderton**

**Cost \$290 for the weekend (\$160 for one
day workshop)**

Weekend of Grass Sculpture and Basket Weaving



Moore Arts is delighted to invite you to join in an inspiring weekend of meadow hay weaving at the idyllic Moore River Estuary based at the Guilderton Country Club on 24-25 March

The two-day workshop includes: tuition by Nalda Searles, acclaimed artist and WA State Living Treasure. You will make things to use and display and learn skills that embrace traditional techniques. Creating a sculpture will extend your creative mind while working with natural fibres and grasses.

Each day includes refreshments: morning and afternoon tea, and lunch. On Saturday join your fellow artists and Nalda in an optional evening meal.

Nalda Searles

For more information, please contact
Mariner Tutavaha 0417 980 929

m.tutavaha@yahoo.com

Anne Gilkes

0427 687 053

agilkes@westnet.com.au

**Moore Arts – promoting art in the
Guilderton Community**

Guilderton Golf Club and GCA Moore Arts



Easter Show that promises something
for everybody

Easter Saturday 31st March
Guilderton Country Club Hall
9.00am til 2.00

INSIDE the hall -: Arts, craft, photography and much
more all by local artists.

OUTSIDE the hall-; fresh home made cakes, produce, bric
a brac, plants, sausage sizzle and more.

Put the date in your diary.

Guilderton Golf Club and GCA Moore Arts.

Redfield Park committee have been working hard ,
we had our music in the Park fundraiser in
January, we are planning on promoting more
social community events.



We will have another casserole & games night on
Saturday 28th April (more details next issue) .

We will host another mini golf day on Sunday April 29th at
11 am. This time we will make teams on the day
so come along and enjoy and we can play a few
holes. Entry on \$2.50 each and a prize for the
lowest score. Sausage sizzle \$2.50 each.



**We ask again for donations of children's books
for the little library** (books very popular but not
being replaced/ returned)

Julie



• PLATE SERIES •

Orders Being Taken Now | PRICE \$ 250

For more information Call 0410 582 817

Or email: juliepolette1968@gmail.com



The scruffy bush at the front of Sovereign House has been cleared, it has certainly added to the setting around the building. A basketball hoop has been sourced and is currently being re-vamped, it will be added to the area within the next few weeks.



The Wine and Cheese was a resounding success with thanks to all residents (and a few non-residents including Shane Love, our MP), Sue from Oakover Wines who donated a \$100 dinner voucher and John from Celebrations Two Rocks who donated the door prize and Brett from IGA Two Rocks who

provided the amazing array of cheese.

Congratulations to Narelle Kempe who won the dinner voucher. Everyone who came asked if we could have another such evening next year. Thank you to all who, generously gave our defibrillator fund a great boost.



Do come along to Car Boot Sale and Pop-Up Shop Event on Easter Monday. Bays and Stalls are just \$5 each, please give Dianne a call on 9577-1430 to book a stall. What items do you have that need to become someone else's treasure? Local businesses are welcome to have a stall, we have a bigger area now for your gazebo!

The Sausage Sizzle will be prepared by the Moore Men's Shed, there will be coffees, etc available. Starting at 8.00am onwards.

Events coming up:

- | | | |
|----------------------------|---------|---|
| Mon 1 st April | 8.00am | Car Boot Sale, Pop-Up Shop, Sausage Sizzle at Sovereign House |
| Sat, 21 April | 4.00pm | Street Party for all at Sovereign House |
| Sat 28 th April | 10.00am | Black and White themed Biggest Morning Tea for cancer. |

Do come along to any of our meetings to get all the updates. The next committee and general meeting is **6pm on Monday 20th March** at Sovereign House. Don't complain to your neighbours, come along and let us know what you think needs attention.

Dianne Millar

Sovereign Hill Crafty Witches Group

That time of year is fast approaching – the Black and White themed Biggest Morning Tea which raises funds for Cancer! Moore Clothes have a rack of Black and White clothes for you to select from so your will be in 'colours'!!

All our items will be on display on 1st April at the Sovereign Hill Car Boot Sale and Pop-Up Shop function. We are looking at other places to have our Pop-Up shop, do check our Facebook page for places and dates. We will have our dolls/teddy bear clothes, handmade bags to replace those irksome plastic bags which will be banned from July 1 year. Don't miss out, most of our items are on-offs, designed and created by our ladies.

We would like to welcome Pat to our group who is a craftswoman in the art of quilling. Such stunning work.

We also had a visit from Heather who explained spinning and gave us all a try on her wheel. Thank you, Heather.



Call Dianne on 9577-1430 or 0414-469-297 for any details regarding our craft group or the 2018 Biggest Morning Tea on 28th April 2018.

Dianne Millar

**IF YOU REQUIRE AN
AMBULANCE RING 000**



Lower Coastal Computer Sessions

9am - 11am @ Woodridge Hall
First Thursday of every month

We had a lovely full class in February and after sorting out the NBN and a few other problems like updating drivers we did a bit more work in Publisher. Homework was set to create a poster.

The next couple of months we will be re visiting Facebook, Whats App, Start Up Programs, syncing, photo back up from phones and maybe even create a banner.

Do come and join us on the 1st March.

Anne Stroud

NOTES FROM FEBRUARY MEETING

Hello Readers,



A great turnout for the Neighbourhood Watch Meeting Wednesday 14 February, 2018 in Seaview Park and good to see some new people come along. To date and touching wood there has not been any serious crashes on Indian Ocean Drive during the peak summer tourist season. Disappointingly though we have had a significant increase in Seatbelt Infringements issued over the previous two months. Lancelin Police have issued twelve tickets during this period which carry a \$550 Fine and the loss of 3 Demerit points. But, more importantly puts the driver and passenger/s at risk of significant injury or death if the vehicle is involved in a serious crash. Another spike has been people charged for Drink Driving several of those caught were the morning after the night before. Theft from yards, sheds, boats and cars is a common theme so please secure your belongings, lock your car and don't leave valuables in sight. I encourage community members to attend Neighbourhood Watch meetings as they are great way to meet your fellow members of the community to promote a safer place to live by sharing ideas and putting forward any issues. I attend the meetings and very much enjoy and support them I believe they are a fantastic conduit between communities and police. I provide information on what's happening in your particular area and what current issues your police are undertaking to resolve. I'm also very happy to take any questions from attending members regarding their concerns are and what we are doing about it.

If you're free come along and have your say plus a very delicious supper is always provided.

*Regards, Steve 'Macca' McCrea
Officer in Charge Lancelin Police.*

**Next Neighbourhood Watch Meeting
will be held in Lancelin
On the 9th May 2018**

Watch for next Meeting details in April Newsletter.

**Promoting
Healthy
Living**



Join in the fun, meet new friends,
join your local....

MOORE RIVER WEIGHT WATCHERS

Affiliated with WW Federation WA (Inc.)

Wednesday morning 9am for 9.30am start
Sovereign Hill House

Annual fee \$5.00/Weekly fee \$3.00
For more information phone 0413 818 955

We hosted another presentation at Sovereign Hill on the 14th February from Silver Chain. Again this was very well attended. Lots of question were asked and answered by Nina and Monique who do travel extensively to many towns in the Wheatbelt. As you may know Silver Chain has been in the Gingin area for a number of years and of course things have changed, some good some not so good. There are a couple of good changes in the pipeline but of course it always takes a lot of time and effort. For the people who were not able to attend Nina advised the first contact - for information and assistance should be 1300 650 803.

One of the subjects Nina did touch on was the social aspect of peoples wellbeing. At Weight Watchers we do try to bring a social atmosphere into our meetings. It is not JUST about losing weight, we all know what we should or should not eat too much of. For the members that attend regularly it is, I believe, time spent with like-minded people, who do challenge themselves and receive encouragement from each other. If you would like to come in for a visit, you would be most welcome. The times and contact are above. Please feel free to call me for more information on 0413818955.

On the 28th February we will be celebrating our 24 years Birthday with a breakfast in Yanchep...watch this space in the next issue.

Until then: "Most of us, swimming against the tides of trouble the world knows nothing about, need only a bit of praise and encouragement - and we will make the goal".

Jae/MRWW President



NOTES FROM SILVER CHAIN SERVICES IN THE WHEATBELT PRESENTATION – 14TH FEBRUARY, 2018

Approximately 30-40 people attended this talk given by Nina who is the Home Care Package Co-ordinator Country Services Silver Chain. Also in attendance was Monique.

. There are 3-4 providers of services to community in the Gingin area.

If you require any information regarding Silver Chain services you need to phone 1300650803 and you will be redirected to the appropriate person.

Silver Chain provides Home Care or Health Care packages.

Home Care includes personal care, home help, home maintenance, social support, transport, in home respite, care co-ordination and medication prompts. The girls are not cleaners they are support providers.

Health Care includes wound care which can only be obtained by going to the Lancelin clinic. There is no in home health care in this area.

Stoma Care, Incontinence Care and Diabetic Education and care. For these you need to phone for a referral.

To be eligible for these services you need to prove that you have an ongoing functional disability or chronic illness and these can range from mild arthritis (which stops you from doing certain chores) to a major disability. If you require assistance with daily living such as showering, making beds, needing transport to local medical appointments or just help with making meals or are at risk of frequent and preventable hospital admissions. You may require help taking out the wheelie bins to just companionship

To apply for a HACC service you need first to have a Regional Assessment. This is usually requested by your GP or by personally ringing Silver Chain. This is funded by the State and equates to \$8.00/service. Services are capped at \$256/4 week period and if you need more assistance then you need to apply for a HCP. HAAC is a basic service with no care co-ordination. Silver Chain try and supply this for full age pensioners at no cost.

To apply for a higher level for assistance such as Home Care Packages you need to also have an ACAT

assessment. This is again done through your GP or by ringing 96901318.

These packages start at Level 2 and are funded by the Commonwealth at \$14837.25/annum. It is for approx. 4.5 hours of care per fortnight. At the moment there are 90,000 people in Australia waiting for a package.

Level 3 / 4 Care Packages are also funded by the Commonwealth. It equates to 10.5 units of care per fortnight for level 3 and 14.5 units for level 4. Clients are on level 4 when they require large number of services, equipment or nursing services.

Client contributions range from \$0 to 17.5% of the basic daily pension. This is usually between \$10 and \$17 and Silver Chain will try and cover these cost after an assessment is made. All options and budgets are discussed with client in depth before signing.

The process is usually as follows:

Apply for package and get assessed.

Get letter to say what level of care they are covered for. Nina goes and see them and explains how to choose a package. Client can shop around for services.

Need then to go through an income assessment to see what level of care they can afford.

If they don't want to go through assessment they will be charged the full fees.

Care plan can be changed periodically to suit client.

Wendy



Silver Chain Lancelin Health Centre

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After hours						
Clinic closed, Nurse on call	Nurse on call	Nurse on call	Nurse on call	Nurse on call	Nurse on call	Clinic closed, Nurse on call

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FOMRE AGM 2018 Annual General Meeting

*Sunday 4th March
5 - 7pm Sunset Cruise!*

FOMRE's 2018 Annual General Meeting is upon us.

Please join us as we discuss the future of FOMRE whilst enjoying an evening cruise of the Moore River

Issues that concern the health and sustainability of Moore River estuary will be discussed. The protection of this relatively pristine area is our responsibility. (Bookings essential).

We DO NEED YOU!

RSVP: Diana Papenfus – 92931676 / 0407 906 620 diana676@tpg.com.au

ENQUIRIES: Linda Johnson – 0414 631 273 lindabob@gmail.com



Day

Guilderton Sunday 4th March 2018

The Guilderton Community Association will once again be holding a Clean Up on the Labour Day Long Weekend and would love your help!

Clean Up Sites will be

Boat Ramp – 8am, bring a boat if you have one or just come along to help Clean Up Moore River's banks

Foreshore – meet at the Visitor Centre, between 8 and 11am, turn up when you can to help Clean Up the foreshore and beach

Or bring a trailer if you have one, to help Clean Up the road into town

Groyne, 8-11am, turn up when you can to help Clean Up the north beach and dune areas

FREE sausage sizzle at the Country Club at 12 noon for all helpers!

Phone Linda on 0414 631 273 should you have any queries

Be Sunsmart Bring gloves All Welcome



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SOVEREIGN HILL GARDEN CLUB

Well 2018 is upon us and the Sovereign Hill Garden Club is planning for a very interesting and exciting year. At our February meeting we heard from our members what had been happening in their gardens over the Christmas period and what their plans were for the coming year. We also welcome Lynn to our group and hope she will enjoy, learn and share some of her gardening experiences with us.



With everyone pooling ideas on what to include in our program this year the task was an easy one with the only problem being there is not enough meeting days in the year to accommodate it all. We have a varied range of options

which include workshops, speakers, open garden visits and garden week just to mention a few. If you would like to join our group and join us in these events then contact Wendy on 0429938232 for more information.

Our next meeting will be on Saturday 10th March at Sovereign House commencing at 1.30pm when our topic will be composting.

Wendy



GUILDERTON VISITOR CENTRE

Did you happen to go into Guilderton on the Australia Day Long Weekend? If you did then you would have seen the large amount of visitors in the town. How would you like to have some input into what they see of our local attractions and the impressions that they take home with them? Being part of our small team of helpers at the Visitors Centre would do just that. It is a most rewarding and satisfying experience to be able to make someone's holiday a memorable one.



The Visitors Centre is open on weekends, public and school holidays between 9.30 and 12.30pm. Give Linda a call on 0414631273 to register your interest or pop in and check out our range of tourist brochures, gifts and local products and the same time. More information about Guilderton can be found on our website: www.guildertonwa.com.au

Wendy

LOWER COASTAL RESIDENTS MEETING

Was held on January 24th at Seabird.

We had Jodie Mortadza, from the Shire's Community Services and Engagement (CSE) team, and two Shire councillors attend as well as a good cross section of residents from the local estates. The meeting was very informative and enjoyed by all.

We discussed the success of recent community events and what is happening locally. It's great to have so many events being held in our region.

It has been advised that the parking meters are expected to be installed in Guilderton within this financial year. Some groups have been having difficulty in communicating with the shire and having replies answered. Jodie had advised that the Shire has been looking at ways to improve communications and engagement going forward. Jodie has provided an update that auto email responses have been established for the mail@gingin.wa.gov.au to confirm email receipt. Communications will be filtered to the correct internal staff for them to respond.

We also discussed Shire event applications as there is some confusion as when this needs to be completed for community and private events. Jodie is going to look into this with aim to provide some clarification through A FAQ sheet in the coming months.

Discussions also about the amount time/ details required when applying for grants- a lot to be done by volunteers in our local groups. The CSE team are planning to review and update the current Grant Application and Guidelines, taking into account community feedback. Jodie also provided an update that the now Community Grants information has been updated including a separate simplified grant application just for Public Liability Insurance. The team aims to continue to look at ways to improve this process including providing grant and project planning workshops to support the community in their project development.

Discussions also including the damage the 4WDs are doing to local track, flora & fauna. These items were discussed at a recent Coastcare meeting, the goal is to keep tracks between Guilderton & Seabird open but limit access to the beach from the tracks.

The next meeting is 26th April in Guilderton starting 7PM. All meetings are for any residents to attend and raise concerns with like-minded residents

Julie





**SHIRE OF GINGIN FUNDING PROGRAM
2018-2019 IS OPEN.
CLOSES 9AM MONDAY 19 MARCH 2018.**

The Shire of Gingin Community Grant funding program is **now open** for projects/events for consideration in the Shire's 2018/19 draft *Municipal Budget* and must be lodged no later than 9am on **Monday, 19 March 2018**.

A second funding program may be offered in November 2018 for small projects/events. Council would like to ensure that the adopted Budget meets the requirements and priorities of its communities. All submissions will be prioritised and funded according to funding availability and how your project fits within the Funding Priorities as identified in the 2018/19 Community Grants Guidelines. Once the 2018/19 Municipal Budget has been adopted all applicants will be notified in writing of the success or otherwise of their respective submissions.



MOORE
CLOTHING

Every Thursday from 2– 4.30 pm

Every Saturday from 10 am—12 pm

at the Redfield Park Community shed.

We are all back to work now and still receiving plenty of quality donations, we have also found new groups to help out including 2 hospitals as well. All helpers were grateful of our recent nominations at the Australia Day awards presentation at Neergabby.

Planning is underway for this years fashion Parade - 6th October (save the date) - this year we will be hosting the event in Redfield with a larger range than previously showed at our parades. This year we will use the Fire station to allow for additional seating as requested last year. The shop will also be open so we will have men's and children's wear available too.

We accept donations of **good quality** clothing, footwear and bedding. .

Donations can be left at Redfield Park first aid post or dropped off while open on Thursdays & Saturday's.

We are supplying free coffee, cake and tea and would love you to pop in for a cuppa and a chat.

For more info call:

Julie 0410 582 817

Save the Dates!

SATURDAY 3 March



FREE EVENT

MELODY & MOVIE IN THE PARK
Key Biscayne Park, Ledge Point
4pm to 8:30pm

SATURDAY 24 March



FREE EVENT

ARTS IN THE PARK
Granville Park, Gingin
4pm to 10pm

SUNDAY 25 March



PARTICIPANT FEE

GINGIN TRIATHLON
Gingin Rec. Grounds/townsite
7am to 10.30am

Classifieds

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Madeline's vision means reading material aplenty for Guilderton folk

by HAZEL BRADLEY

FOR book lover Madeline Bensham, having to travel an 80 kilometre round trip to the nearest public library just wasn't possible.

So the determined Guilderton resident decided to set up her own.

Thanks to her efforts, and those of dedicated volunteers, the community-run library is now in its 12th year and continues to go from strength to strength.

The Guilderton Community Library has 100 members and 2000 items available to borrow. Authors such as Liz Byrski, Colin Falconer and Faye Holding have given talks, there have been children's activities and the library was recently the venue for a successful writer's workshop.

"There are a lot of semi-retired people here, and travelling 80km to Guildford or Gingin libraries was just too hard," Madeline said.

"The shire allowed us to set up our library in an old abandoned flour and post. We had a big cleanup and set up book shelves, some donated by the shire and some made by my husband, Graeme."

The former secretary said up to 80 per cent of the books available for loan have been donated.

"We run a 'Trash n' Treasure' event each year to raise funds to keep things going and also sell older books at the library for \$1. There is a \$5 annual membership fee."

The library quickly outgrew its original building, and the premises had to be expanded in 2008 and again in 2013, all with the support of volunteers and donated materials.

A grant from Bendigo Bank and dona-



PAGE-TURNERS GALORE - Volunteer June Skinner (right) serves a customer at the Guilderton Community Library.

tions from businesses also helped.

The library system was computerised a few years ago, with many hours spent manually incorporating information into the program.

"The library has become a meeting hub,

where people not only share a love of reading but also make friends," Madeline said.

"It is great for people who are on their own to come in and have a chat. It is that personal touch which has made it a success."

"We can make our own decisions and

meet the needs of the community. If someone wants a particular book, we will try and source it."

The library opens every Saturday from 10am-noon. Phone Madeline, 0415-902-088, or email GuildertonLibrary@gmail.com



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Each Tues	Social Darts	Woodridge
Tues/Thurs	Moore Men's Shed	Guilderton
Each Wed	Red Robin Playgroup	Woodridge
Each Wed	Golf Scroungers	Guilderton
Each Wed	Weight Watchers	Sovereign Hill
Every other Wed	Demure Damsels (Red Hatters)	Various Outings
1st Wed/mthly	Sun City Artists	Two Rocks
Each Thurs	Indian Ocean Karate Club	Woodridge

Each Thurs	Yoga Wise	Woodridge
Each Thurs	Bowling	Guilderton
Each Thurs	Moore Clothes	Redfield Park
1st Thurs/mthly	Motorbike Club	Yanchep Inn
1st Thurs/mthly	Computer Group	Woodridge
2nd Thurs/mthly	CWA meeting	Two Rocks
1st & 3rd Fri	Shed Quilters	Redfield Park
Last Fri/mthly	Games Group	Guilderton
Each Sat	Library	Guilderton
Each Sat	Golf Competition	Guilderton
Each Sat	Moore Clothes	Redfield Park
2nd Sat/mthly	Garden Club	Sovereign Hill
2nd Sun/mthly	Moore River Regional Famers' Market	Woodridge